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Junior Delia Rush took this photo over spring break on the school trip to Italy. She used the concepts of contrast and motion to take this photo.

BRIEFS E W S

Music Program

Recently, Port Washington was named one of the 2015 Best Communities for Music Education in the United States. It was selected as one of the top 100 communities in the country by NAMM, the National Association of Music Merchandisers. This program looks for communities with excellent effort from teachers, administrators, parents, students, and community leaders to provide beneficial opportunities for music education for all students. NAMM acknowledges the Port Washington school district for its commitment and support of music education.

"We have incredible support from parents, community members, and administration for our music programs," said freshman orchestra conductor Ms. Carol

Port Washington has a variety of classes offered, from freshman band to AP Music Theory. Band and orchestra students are selected based on their ability to progress to more experienced groups that play more difficult music, letting students grow.

Port Washington's proficiency in music education can also be attributed in part to the involvement and guidance of music

"What's special about our school district is that all of the teachers here in Port Washington work together as a team, and not individuals," said Ms. Garofalo.

Throughout Port Washington, there is a wide variety of musical instruments and opportunities for students to discover their talents.

We have so many music offerings and so much student participation in music at all of the levels of the school district," said band director Mr. Mark Brenner. "We have excellent instrumentalists, and our students excel in music at all skill levels."

~ Emily Ma and Rebecca Muratore

Tech Updates

Schreiber has recently announced changes to their email system and Wi-Fi network. This is just one of the many new technology updates that have affected the student body and teachers, including the updates of Chromebooks and Aspen.

On March 13, schools in the Por Washington School District changed the domain name to be used for emails, shortening it from @portnet.k12.ny.us to @portnet.org. Messages sent to the old

domain will automatically be forwarded to the new email address.

In addition to the email changes, Schreiber has recently introduced a new Wi-Fi network. Similarly to the old Wi-Fi networks, the newly introduced network, "Port Wireless," provides free Wi-Fi for students. However, social media websites, such as Facebook, Twitter and Instagram, remain blocked. In order for students to access these platforms, students are required to use cellular data.

In order to sign onto the "Port Wireless" network, students, staff, and guests are required to "authenticate" their devices. They are required to use their student identification number as the username and the password used as their student login information for any Schreiber computer.

Many students feel that these changes have affected the overall speed of the network in a negative manner.

"I feel that the new Wi-Fi has been slower since it was introduced," said senior Akari Shimura. "I felt that it was much faster when there were multiple networks for students and staff to use."

 $\sim Josh\ White$

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NAME	

Annual Portfest raises money for arts



Seniors Adam Tuch, Megan Poulos, Noah Milstein, and Sophie Brett-Chin, sophomore Jacob Marshall, and senior Laynie Calderwood perform at Portfest as the band Gag Me with a Spoon. The group performed on the upper field in front of members of the community of all ages.

BY Emily Ma and Rebecca Muratore

Staff Writers

Music and art in Port Washington are alive and well! The fourth annual PortFest Music, Arts, and Community Festival was held on May 16 at Schreiber. This event was sponsored by Helping Enrich the Arts (HEARTS), an independent, non-forprofit organization that works to support, promote, and enrich the arts in the Port Washington community and schools.

PortFest is the largest fundraising event for HEARTS, and all of the funds raised go directly towards grants, programs, and unique opportunities dedicated to the arts in Port Washington.

"HEARTS has proven to be extremely beneficial to the arts community, and it has been thriving ever since it was founded," said public relations director of PortFest, Ms. Stephanie Hall. "In the past four years since HEARTS has been around, we have given \$100,000 for arts programming in Port Washington."

Throughout the day, a variety of student and professional artists expressed their artistic and musical talents. To kick off PortFest, main stage performances from a number of the school district's music ensembles, ranging from elementary to high school, were showcased. Performances included Weber Middle School's Pop Choir, the Jazz ensembles from Schreiber, and selections from local theatre productions of *The Wiz, Anything Goes, Urinetown*, and *Big Fish*.

Following, several local bands from Bach to Rock and School of Rock, as well as the winner of Schreiber's Battle of the Bands, Gag Me with a Spoon, rocked out to a captive audience. Gag Me with a Spoon is a group of Schreiber musicians that cover 80's girl bands.

"One of my goals for high school was to be in a band," said senior and band member Sophie Brett-Chin. "It was cool that this band—that was just once an idea—was given an opportunity to perform for the whole community at PortFest."

In addition to the musical performances, there were a number of activities for families to engage in and explore their artistic and creative abilities. Tents from all of the schools in the school district were set up with materials for a variety of art projects for kids of all ages to create.

"PortFest is important for families and kids to come together and discover new activities and find what they like," said junior Rachelle Huitt. "It gives them an opportunity to just to get outside and have fun"

Displays with artwork from local professional artists were set up for all to view. Work from around 30 artists was presented, in a number of different styles and mediums. In addition, student art pieces were also displayed to showcase the talent of the aspiring artists in our town.

People throughout the community have a deep appreciation for PortFest,

and the arts as a whole. Particularly, they value its importance in developing an interest in the arts for the next generation.

"I think that any and all exposure to the arts, for kids especially, is essential for the community and for the health of the culture of our children," said local artist Ms. Rachelle Krieger.

Throughout Port Washington's history, the arts have been given deep appreciation from the community as a whole. PortFest provides an opportunity for people to give back to the arts that they have been a part of for so long.

"I was raised in Port Washington, and I've always loved the arts," said Ms. Hall. "When I came back to Port Washington, it seemed like a lot of things were slowed down a little bit. Damon Gersh, who founded HEARTS, said we need to provide funding to get the arts strong in the schools. I am so proud that we did all of this, because we have all of the community coming together, and they're all involved in doing arts and enrichment."

As PortFest continues to grow each year and expand its reach, the goal is to make an even greater impact on the importance of the arts in our town. With the support of committed volunteers and donations, HEARTS will continue to improve music and art education in the school district. In such an artistically rich community, the arts are occasionally taken for granted. The purpose of PortFest is to raise awareness, and inspire local artists to pursue their talents and interests.

"I feel like the arts often go underappreciated throughout the whole country," said Brett-Chin. "We have so many talented people in this town, and while we all collectively have a strong love for the arts, we don't always get to see big appreciation. I love that the whole town and neighboring towns come together just to raise money to support the arts, which is a really noble cause."

Meet the BOE candidates for the 2015 election

By Tessa Peierls

Assistant News Editor

Five candidates are in competition for three open positions on the Board of Education on May 19. This article went to print the day before the election, but candidates have established clear positions on budgetary issues.

Between the five candidates, there is a wide variation in ideas for the school system, and opinions about how much the school should spend on internal improvements. The five candidates are Mr. James Ansel, Mr. Larry Greenstein, Ms. Nora Johnson, Mr. David Sattinger, and Ms. Elizabeth Weisburd.

Mr. Ansel is the candidate who is the most strongly opposed to the bond that recently passed. Mr. Ansel is the leader of Citizens for School Management, an organization that stands for efficient management of school funds, and was in direct opposition to the bond.

"The school board is perpetrating distortions on the community to justify the bond," said Mr. Ansel to the *Port Washington News*.

Mr. Ansel feels that complaints about a lack of safety and failing buildings are exaggerated, and his campaign is based on a desire to manage the budget more appropriately. He commented on the other candidates and the bond in his statement.

"In this election, we have two nochange incumbents and a yes parent," said Mr. Ansel. "All three, in their deceptive promotion of the \$70 million construction bond, victimized Port Washington with \$36 million in interest alone and another \$18 million in unnecessary work."

Mr. Greenstein is running for reelection. He is the co-founder of the League of Special Education Voters, as well as a former treasurer of Residents for a More Beautiful Port Washington. One of his major goals is to increase voter turnout, and he was in favor of the bond.

Ms. Johnson has three children who either currently attend or have attended schools in the district. Ms. Johnson gave a statement of her current accomplishments for the district to the *Port Washington News*

"We work collaboratively and relentlessly to deliver the best possible

opportunities for every student, despite the outside obstacles: unfunded mandates, decreasing state aid, and the tax cap," said Ms. Johnson. "We are sensitive to the economic stresses so many face. Working with our educators and parents, we've preserved and improved programming on a budget that's been consistently under the cap."

Mr. Sattinger is a parent of a student at Weber Middle School and a resident since 2004. One of his primary concerns is that the rising taxes threaten the district's diversity, and he plans to promote a modern education plan while keeping education affordable. He proposed a Community Oversight Panel.

"In my opinion, Sattinger is too easily swayed by the arguments of the anti-programming, anti-budget crowd," said senior Josh Curtis. "If he were elected, he'd still be a minority in that respect, but it may certainly disrupt long-term policy to give this group a foothold on the board."

Ms. Weisburd is the current copresident of the Weber HSA and was a member of the school district community committee for the bond.

"I believe that a strong Board of

Education, capable of working together, can implement the vision I have for the schools," said Ms. Weisburd to the *Port Washington News*. "Creating a space where all students are included and supported socially and emotionally is something we need to continue to work on and strive for."

Some students prefer certain candidates over others, and feel that in order for the students of the district to thrive, BOE members need to be in support of items such as the bond.

"For me, support of the bond and the budget are very important," said senior Kim Winter. "If BOE members don't support our funding, they aren't supporting the student body."

Students recognize the importance of this election, as well as the outcome of it. This decision will determine the direction the district takes, and how the BOE will approach eliminating and expanding programs.

"This election is primarily about the course our district will take when it starts having enough money to either cut taxes, restore programs, or innovatively expand them," said Curtis.

Junior Madeline Fagen attends Intel ISEF

ву Maddie Lane

Staff Writer

Science Research student Madeline attended the Intel ISEF Fagen (International Science and Engineering Fair) in Pittsburgh, Pennsylvania from May 9 to 15. This highly prestigious competition was an opportunity for Fagen to present her research on schizophrenia on the international stage.

Fagen spent more than a year studying the autoimmune hypothesis of schizophrenia at the Feinstein Institute in Manhasset. Although she was the youngest and least experienced intern at the facility, she devoted herself to her studies and made sure to develop a clear understanding of the topic.

"I read all the textbooks and articles I could get my hands on to familiarize myself with the area in which I was working," Fagen said.

By reviewing previous research, she learned that certain antibodies that attach to receptors in the brain are in the blood of schizophrenic patients. To play a role in disease, the autoantibodies would have to be found in the brain. Fagen decided to study the presence of these autoantibodies in the cerebrospinal fluid, the fluid surrounding the brain, of patients.

After finding that these autoantibodies existed in very little concentrations, she chose to study the usage of different genes in the creation of antibodies in schizophrenic patients. She discovered that schizophrenic patients used genes very differently than healthy patients, specifically since they overuse gene family that is over-expressed in autoimmune diseases like lupus and arthritis. Through these results, her research drew a novel link between schizophrenia and autoimmunity.

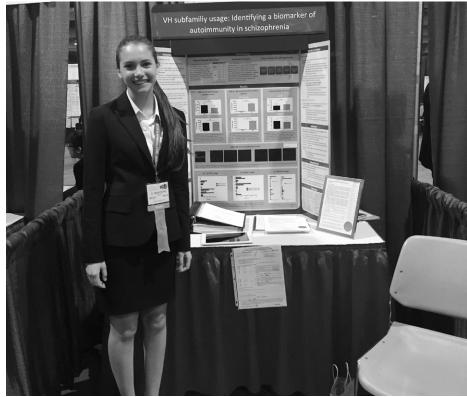
Fagen attended LISEF (Long Island Science and Engineering Fair) earlier in the year. She received an honorable mention at this competition, but she wanted to do better. After editing her board and perfecting her presentation, Fagen headed to NYSSEF (New York State Science and Engineering Fair), where she received second place in her category. After competing in the lightening round, she qualified for ISEF.

'I think it's incredible that we have a student like Madeline, that as a junior already qualified for ISEF, pushing her further ahead than most of our students in research at this age," said Science Research teacher Mr. John Schineller.

Fagen enjoyed her week at ISEF. She met students from 70 different countries and got a chance to hear about their research. She also listened to presentations from the President and CEO of Society for Science and the Public, Intel's futurist, and a man who sold two companies to Google before he turned 20.

At the end of the week, there was a Grand Awards Ceremony. To her surprise, Fagen received 4th place in her category.

There were so many amazing projects so I was really not expecting to win anything. Furthermore, I was satisfied with just being invited to the competition," Fagen said. "Winning something was more than I could have ever asked for."



Courtesy of Madeline Fagen

Junior Science Research student Madeline Fagen stands with her presentation board at the Intel ISEF. She presented her research on schizophrenia to nine judges and numerous visitors from the community.

Fagen worked hard to qualify for this reputable science research competition, and she was honored to receive an award. She also notes that she could not have done it without the help of certain individuals.

"I am so thankful for my mentor

at Feinstein for her supervision and support," said Fagen. "I am additionally thankful for our school's remarkable research program, specifically for the guidance of Mr. Schineller and Ms. Ezratty, for allowing me to attend ISEF."

PWPL Children's Room to undergo construction



A student uses the current technology available in the Children's Room at the Port Washington Public Library. Renovations to the room will enhance technology and facilities.

ву Adi Levin

Staff Writer

Members of the community have enjoyed the Port Washington Public Library's children's room for twenty years. Now, this area is undergoing renovations. The library's website contains detailed plans for the new children's library, and separate online webpages point out

specific updates.

In the children's library, the "story hour" area can become extremely crowded. The library hopes to overcome these physical limitations by expanding the story space. The library staff is in full support of these changes.

"I think this will be great for the community," said children's room librarian Amy Christake. "Story hour is practically exploding, so it'll be fantastic to have more room for kids to read and

Not only will this make visiting the children's library more comfortable for young children, but it will also improve the experience for their parents and caregivers.

These updates will also make the library and its resources more accessible to younger children, such as preschoolers. Since the children's library is mainly geared towards elementary school children, changes are being made to enable younger kids to take advantage of everything the children's library has to offer. For example, by providing a "Maker Space" where children can do messy or creative projects, the library will reach out to children of all ages.

However, there is one age group that less well represented at the library. The Children's Library is intended for younger elementary school children, while TeenSpace is geared towards students from seventh to twelfth grade. This creates a gap, as fifth and sixth graders do not have a library space of their own. The library hopes to remedy this by creating a space where these students can work, read, and learn in an area especially dedicated to their age group. But what exactly does the library have in store for tweens? The new area, according to pwpl.org, will have a row of comfortable window seats, complete with computers.

The PWPL website features digital mockups of what the finished children's room will look like, allowing library lovers to get a glimpse of the updates in store. Based on the concept of the "tree of knowledge," the new children's room will

contain multicolored tree motifs. Each motif will incorporate some of the most important areas of learning that children need for development, based on Howard Gardner's Theory of Multiple Intelligences. This means that each section of the library will allow chldren to learn about the world around them in a different way, whether it's through visuals, nature, or physical activity. Each area of the new Children's Room will be dedicated to a specific type of knowledge and learning style.

In addition, a quiet study area will replace the crowded computer section in the Children's Library, where tables will be set up for working and messy activities. Although some are reluctant to see the library change after so many years, many believe that it is time for a change.

"The whole project will make the library more accessible to a new generation. People like me grew up with the children's room, but we need to move ahead," said freshman Shiraz Johnson.

The plans for the upgrades to the Children's Room have yet to be fully developed, but construction could potentially begin in about six months. Although an exact date has not been determined, staff, students, and parents alike are anticipating these changes with excitement.

"It may take a bit longer, since funding for this project comes entirely from donations to the library, rather than taxpayer money," said Director of Children's Services Rachel Fox.

Additional grants are also going to supplement the project.

Ren Foundation raises money for China trip

Founders organize concert with proceeds being given directly to Chinese schools

BY Caroline Katz

Staff Writer

How can you help people in need from over 7,000 miles away? Seniors Henry Lin and Dylan Rothman have made it their mission to provide the student body with an opportunity to do so for their senior experience project.

Lin and Rothman founded the Ren Foundation, a not for profit corporation dedicated to raising money for impoverished students in rural China. Lin moved from China to the U.S. three years ago. He was involved in charity work in China and has many connections to schools that are in need of financial help.

"My dream is to go back to China and use my knowledge to support and improve the lives of my people," says Lin.

So far, the foundation has raised money mainly by accepting donations, but they are expecting a majority of their fundraising to take place at a concert they have scheduled in the Schreiber auditorium on June 4 at 7 p.m. Admission for the concert is \$5, but attendees are welcome to donate more. All proceeds from the concert will go directly to the Ren Foundation. There will also be a school and office supply drive at the concert.

"We want to make a direct change in the lives of impoverished people without going through any outside organization," said Rothman. "We encourage as many students as possible to come so they can support a great cause and enjoy live music." The foundation is organizing a charity dinner and a partnership with the Rotary Club, and there are several other fundraising activities that are currently in the works.

In addition to the concert, the Ren

"We want to make a direct change in the lives of impoverished people without going through any outside organization," said Rothman. "We encourage as many students as possible to come so they can support a great cause and enjoy live music."

Foundation is planning a three-week trip to China from July 1 to 22. For the first week of the trip, students will stay in a rural village in the Guizhou province living with host families. They will attend the schools in the morning to teach English, play with the students, and install school supplies, most notably projectors.

Moreover, they will help the local families with their everyday activities, such as

farming and gathering wood.

"What makes this trip special is the ability to meet and interact with people in rural areas, which students have most likely never experienced before," said Rothman

After one full week of experiencing the culture and helping underdeveloped parts of China, those taking the trip will tour China for two weeks and enjoy everything that the country has to offer. This includes visiting major Chinese cities, such as Beijing, Shanghai, Guangzhou, and Nanjing; and seeing various tourist attractions, such as Tiananmen Square, the Great Wall of China, and the Terracotta Warriors. At the end of the week, Lin will personally deliver the proceeds to the school.

If students desire to participate in this experience, they can contact the two seniors through Facebook by searching the Ren Foundation Inc. or emailing them

at info@renfoundationinc.org.

Lin and Rothman both plan to continue fundraising and organizing trips after they graduate.

"Henry and I will establish separate chapters of the organizations at our colleges and work with students there to start new endeavors to raise money," said Rothman

Lin believes that in order to make a difference in the world, it is important to raise awareness to the people around you.

"I've always believed that in order for people to improve the world and make a positive change, they need to be aware of the problems in the world," said Lin. "Many kids here in the U.S. just simply aren't aware that many people are still suffering."

THIS MONTH IN SCHREIBER HISTORY

May 20, 1925

The freshmen are targeted by the newspaper in a poem titled "The Pale Green Freshman," with the opening line reading, "Your head looks like a dried out pill." May 13, 1931

The paper announced necessary qualifications for the Queen (a senior) and the Crowner (a sophomore or junior), including "attractiveness" and "appropriate attire."

National Merit Scholarship Winners



Courtesy of the Port Washington School District

Mr. Ira Pernick, seniors Elizabeth Muratore, Crystal Ren, and Sam Goldman, and Dr. Brad Fitzgerald. Ren and Goldman are recipients of the National Merit Corporation Scholarship, and Muratore is a recipient of the National Merit New York Life Family Scholarship. Only 2,500 students nationwide were selected for this scholarship, out of 15,000 finalists who were chosen based on their PSAT scores.

May 1, 1936

Mavis Anne Freeman, a Schreiber senior, was being seriously considered as a representative of the US Olympic team (Freeman was later selected, and won bronze in the 1936 Summer Olympics in Berlin).

May 3, 1940

The fraternities test their new members, with the

initiation including singing on command, shining shoes, and being hit with paddles.

May 5, 1944

All blank spaces after articles are filled with "Invest in War Bonds" and "Buy War Bonds and Stamps" advertisements.

May 12, 1950

A student used his speech class as an opportunity to urge his fellow students to repent their sins, in an evangelistic fashion.

May 8, 1963

A student argued against the administrative decision to regulate the school fraternities, claiming that high school fraternities helped students mature, and should run without restrictions.

May 8, 1985

The Senior Gambol committee advertised the prom, having decided on the theme of "Oriental Splendor."

Prom Perfect



55 Old Shore Rd.
Port Washington, NY 11050
located at the Stop and Shop plaza (516) 767-6555

Point

Counterpoint

Should Schreiber classrooms get rid of recycling bins?

BY Rachel Ellerson

Contributing Writer

I would just like to start by saying that I support recycling as it is a crucial step towards sustainability within our nation. However, at our school there are some major issues with how we recycle.

The biggest problem with recycling within our school is the use of plastic recycling bins. The point of recycling plastic water bottles is to lessen the amount of plastic we dump into landfills and, hopefully, to reduce plastic usage overall. However, it is completely counterintuitive to recycle in the first place if we are creating more plastic products to accomplish it.

"I'm not going to advocate against plastic bins, but I do think that they're not necessarily being used in the most efficient manner," said senior Kimberly Winter

It is important to note that Winter is the President of the Treehugger's Club.

While it is important to recycle plastic bottles, what is the point if we use plastic containers?

"I believe that we should not have any progam, based on research by various professors and organizations. Research by Professor Benjamin of Clemson University finds that the amount of resources used to recycle goods exceeds the amount of resources used in the disposal of those goods," said senior Jacob Bloch.

Of course this begs the question—how do we actually mitigate the amount of plastic we throw away?

To make matters worse, in many of the classrooms, there are plastic garbage bags lining the recycling bins. Isn't it ironic that we are lining the conservation of the environment with its demise? Obviously this is for convenience, but if we want to become more sustainable as a school, and as a country, we have to make sacrifices. Recycling and environmental conservation is not going to be easy, but the result will be worth it. If we unwilling to make those sacrifices, then what are we actually achieving? Sure we have recycling bins in most of the classrooms, but between the use of plastic recycling bins and plastic garbage bags, are we actually reducing our school's plastic waste by that much?

There are many means to be better about recycling, as a community and a school. Promoting recycling in a way that does not involve plastic recycling bins is completely feasible.

For starters, we could stop selling water bottles in the cafeteria and in vending machines. While this

may seem crazy, it really is not. San Francisco, California, and Concord, Massachusetts both put bans on plastic water bottles. If an entire city can ban the selling and use of water bottles, it is not unreasonable for a high school to do this. Is the small profit that we get from the plastic water bottles really worth the extreme and legitimate environmental cost? Or can we accept that our environmental efforts will require sacrifices in not just comfort, but monetary success?

Secondly, we could put more hydration stations in the school, and in more accessible places. Some of the hydration stations that we currently have are not necessarily in the best locations, so perhaps putting one in the language hallway or in the A or B wing may be a more effective place.

Although it may be slightly costly to purchase these, in the long run, the environmental benefit of these is worth it

Finally, we can incentivize bringing in reusuable water bottles. In actual environmental economics, allocative trading is a practice where businesses are incentivized to be more environmentally efficient.

The concept of incentivizing students to be more environmentally efficient can easily be put into place in a school. For example, if a student brings in a reusable water bottle a certain number of times, then they can receive extra credit points.

There are much better ways we can reduce our plastic waste and, somewhat ironically, our current method of recycling is not the best way.

BY Sabina Unni and Tessa Peierls

Assistant Opinions Editor and Assistant News Editor

The Great Pacific Garbage Patch is a literal patch of garbage "twice the size of the continental United States" that is largely made up of plastics. Recycling plastics is important, as some bottles can take 1000 years to decompose, meaning that they will be polluting the earth for a long while. In addition, plastics come from a non-renewable resource, and petroleum is becoming more and more expensive as supplies are diminishing.

'There is an enormous number of landfill sites in the US and these sites produce a large amount of methane, a powerful greenhouse gas that is releaseed as the biodegradable waste such as food and paper decomposes," said junior Andrew Gruber. "Existing landfill sites are filling up fast, and it is important to ensure the sustainability of our sanitation system."

Recycling plastics also ensures that less plastic ends up in disadvantaged people's backyards, as slums often develop around landfills in countries like Nigeria and Brazil to house the people who work there. A common theme discovered when analyzing the impacts of pollution is that it consistently hurts the poorest people the most. Because more disadvantaged people often don't have voices in their communities, they often end up with the negative impacts of environmental policies and practices.

Many argue that there is no purpose of recycling bins if people do not actually use them to the fullest extent. Those are the same people that argue that there is no point to vote due to the large number of other voters. Economist Garrett

Hardin coined this outlook "the

applicable to environmental science. In a large public system people feel that their minute impact is unimportant, just as one piece of plastic trash in the vast Pacific Ocean seems insignificant.

The argument that we should get rid of recycling bins because they are not widely used is flawed because the bins are put to use, even if not every student recycles bottles. And the best approach is not to eliminate the bins, but to encourage their use instead. Many students are confused about which types of paper and plastic materials should go in the recycling bin, which causes them to just throw the trash out. Increased education about recycling and clearer instructions can make a big difference.

The anti-recycling bin argument's logic, when expressed in a different situation, reveals its flaws. Following the logic is equivalent to saying that people should not wear sunscreen because it does not always prevent burns. However, this logic is weak because while ideal measures are unrealistic, to do something is better than to do nothing.

The recycling bins at Schreiber are not just functional, they are also there to spread environmental awareness. Their existence reminds students that recycling is something that is a current issue in society, and that pollution is a significant problem. Because students see these blue bins every day, whether they throw their bottles in them or not, they are aware of the issue of human waste and the efforts that are being taken to reduce it. The worst thing to do would be to take these bins away, because that would teach the student body that they are not worth keeping around, or that we are somehow already close to solving this global dilemma. Instead, we need to promote recycling, and get more people involved in the green movement.



Public speaking courses should be mandatory

BY Sarah DeMarino

Contributing Writer

Some students duck and cover upon hearing the words "class presentation." However, these students are forced to emerge from their hiding places after hours of research and preparation.

The day of the presentation, you might walk up to the front of the class, confident about what you prepared, and then suddenly it hits you: the clammy hands, shaky knees, and vibrating voice. You open your mouth and nothing, not a single sound, comes out. Do you just throw in the towel and accept that you are terrible at public speaking? No! Public speaking is unavoidable, and students need to develop this skill and build confidence that comes along with it at an early age. It is an important communication skill that should be taught in school the same way we are taught to read and write.

Public speaking is an extremely important and useful skill to have, but most people are terrified of it. It is natural to feel this way. Nearly all performers or politicians have experienced stage fright at some point in their lives, even if public speaking is what they do for a living. The best way to get over the fear and to learn to manage your nerves is to practice, practice, practice.

"I think that it would be extremely productive to learn these skills by integrating them into our English classes," said sophomore Brittany Taylor. "The amount of use a student can get from even one class would be unbelievable!"

Some students argue that they do not want to be actors or politicians, so learning public speaking has no purpose. However, public speaking is extremely useful in everyday life. All students will have college and job interviews at some point, and the ability to clearly articulate a point gives us the best chance

of impressing a potential admissions representative or employer, and possibly giving us an advantage over the next person. Additionally, when it comes to choosing a career, someone might not consider a particular field because it involves public speaking, and pass up what could have been a dream job. Overcoming the fear of public speaking can change your life.

Once you possess the ability to confidently express yourself and your ideas to others, a world of possibilities will emerge. Have you ever been to a party or social gathering and wanted to approach

someone, but were too nervous to do so? If these skills were learned and developed in school, not only would you have more confidence in approaching others, but you would also be able to suppress your nerves, relax, and enjoy life. "I'm in radio broadcasting where we get a taste of public speaking,

and I can really see a difference in my confidence," said sophomore Ryan Tawil.

This is not to say that these classes should force students to give long presentations or monologues. A mandatory public speaking class or unit should make people feel more comfortable.

'Teachers would need to focus on creating a supportive environment for this class," said sophomore Anna Cohen. "I also think students who feel uncomfortable or are diagnosed

with social anxiety should not be forced to speak but should have the chance to learn by observing and listening."

This is not a completely impossible idea—schools like the Gilmour Academy in Ohio require high school students to achieve credits in speech

> also have the option to take competitive speech, competitive debate, and mock trial courses instead. The Gilmour Academy establishes these courses for the same reasons that I think that public speaking courses should be mandatory.

classes. Students

Learning to express our ideas through speech will benefit us all in both work-related and social interactions.



Diego Espinoza

Jake's Take: **Short Shorts**

BY Jake Arlow

Staff Writer

May is a time of change—AP classes are over, the school year is coming to a close, and the weather gets warmer. The rising temperatures have many effects on the school, from the social studies wing with its oppressive heat, to the oddly freezing left-hand side of the A and B wings. The strangest effect of the temperature is the changing clothing.

It seemingly happens overnight; one day you're wearing jeans and a t-shirt, and the next day you're still wearing jeans and a t-shirt, but the rest of the school is wearing shorts and you feel confused and out of place. I apparently never get the memo about annual "Stop Wearing Pants, Jake" day. Eventually I make the switch over, but there is some lag time. The beauty of Schreiber is that we are allowed to wear these short shorts, tank tops, and whatever else we please.

"At least we're not at Weber," said senior Sarah Sigman.

Weber's oppressive clothing regime is something many high schoolers keep in mind as we wear short shorts for the first time each year. I put my shorts on one leg at a time, just like all of you, and like all of you, when I first put my shorts on I look in the mirror and maniacally laugh while thinking about Weber.

It's not only girls who change their pant length.

The longer the days, the shorter the shorts," said senior Jina Lay. "I'm talking about the boys. Those Chubbies are disturbing."

Chubbies are the new thigh-exposing men's shorts trend. I believe boys should be able to wear whatever length shorts they want, as should girls and anyone else. If girls are allowed to wear short shorts, boys should be too. One student has taken this trend a step further.

'As soon as May 1 comes around I can't help but break out the loincloth," said senior Eric Adsetts.

I still do not retract my statement about shorts length, but perhaps a loincloth has taken the trend too far, but who knows, maybe that'll be the new trend next year. (I sincerely hope not.)

For me, there is also another clothingrelated issue that stems from the warmer weather: open-toed shoes. It's not the pale skin on my feet or my oddly long toes that give me qualms about sandals—it's sweat. I'm sure some other people also have this problem. Most people probably owned a pair of Crocs in elementary school. Well, Crocs are made of rubber, which is a great feature for doctors, nurses, and other hospital staff who need the non-slip shoe, but for everyone else, when it is very warm outside and feet start to sweat, the rubber has the opposite effect: your feet slide and it's super uncomfortable.

I'm using the second person you/ your in the hopes that people reading this article will think other people have the same problem as I do.

The warm weather can cause many problems for Schreiber students (me), from not knowing the appropriate time to switch to a summer wardrobe (me), to having an open-toed shoe dilemma (me), but it is also a blessing, because it means school is coming to a close, and we are one step closer to going through this all again next year.

Briefly Summarized: can violent protests be justified?

BY Sabina Unni Assistant Opinions Editor

Should violence be acceptable to create social change? At what point does the cause become diluted by violence? Can social change even occur without violence? Is civil disobedience, by nature, disobedient? These are all questions that apply to the recent protests in Baltimore, Maryland, but they are also questions that have permeated history. Is violence justified in the face of protest?

Early twentieth century contemporaries Booker T. Washington and W.E.B. Du Bois clashed over the same issues. Is the best means of reform quiet or loud? Washington believed in patience and thought that respect would lead to African Americans' acceptance as equal citizens. Du Bois believed that forceful political action and social change was necessary for growth.

Dr. Martin Luther King Jr. and Malcolm X were later leaders in the fight towards equality with radically different approaches to achieving equality. Dr. King believed in non-violence and peaceful protests no matter what. Comparatively, Malcolm X coined the phrase "by any means necessary," as he believed violence was an acceptable tactic to achieve success.

Even Mahatma Gandhi, seen as the founder of nonviolent protest is not without opposition. Although he's widely regarded as a traditional hero, many of his more violent contemporaries viewed his nonviolent ways with anger. When younger and violent revolutionary Bhagat Singh was hanged by British troops, Gandhi refused to let his death turn him into a martyr.

In an article in Young India, Gandhi wrote, "In our land of millions of destitute and crippled people, if we take to the practice of seeking justice through murder, there will be a terrifying situation."

In Baltimore, activists and community members are protesting the police system and the treatment of black Americans by the police. Although the cause as a whole has created controversy in the United States and abroad, there is significantly more internal conflict about the use of violence as a tactic for success. The recent protests in New York were largely nonviolent, but protesters in Baltimore have used more radical techniquessuch as lighting fires and looting. While it's hard to condone violence, it's easy to understand the intrinsic pain felt during times of suffering.

"I don't have to condone it to

understand it, right?" said activist Deray McKesson, in an interview with Wolf Blitzer on CNN. "The pain that people feel is real. And you are making a comparison. You are suggesting this idea that broken windows are worse than broken spines, right? And what we know to be true is that the police are killing people everywhere. They're killing people here."

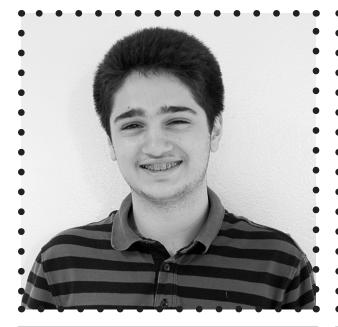
"The fact that we debate whether violence is justified, specifically in the case of Baltimore, illustrates that as a society we still have a problem with armed black men and women fighting for a cause, because that dismantles our schema of an entire race of people as criminals.," said senior Sandra Riano.

While I agree that action is necessary to dismantle this dangerous myth, I still am not sure if violence can be justified. The anger people feel is justified, but the violence caused does not alway affect opressors. Likewise, it is hypocritical to expect protestors to respond to violence with non-violent protests.

While I care more about the lives of black men than I do about windows and car doors, I wonder if this is the best tactical approach for achieving real change. The question also remains: is the goal to bring attention or legitimacy to

Schreiber Speaks

If you were in an elevator with President Obama for five minutes, what would you say?



"I would be very polite, considering that I strongly disagree with his political decisions, and just ask him how his daughters are doing."

~ Aaron Gindi, sophomore



"You are so awesome, Mr. Obama. Don't let the haters bring you down!"

~ Annie Kline, junior



"I would ask him why he looks so funny, kind of like an elf. I would also ask him about which football team he roots for."

~Justin Cenname, junior



"I would say, 'Hi! How are you doing?' And I would tell him to keep up the good work!!"

~ Jade Walker, freshman



"I would ask the president which philosopher or thinker was most influential in developing his way of thinking and world view."

~ Dylan Rothman, senior



"If I was stuck in an elevator with Obama I think I would just be nice to him and ask how Michelle is because he has a really stressful life."

~ Ariel Waldman, senior

Photos and reporting by Stacey Kim, Sabina Unni, and Josh White, Opinions Editor, Assistant Opinions Editor, and Photo Editor

Outdoor gym classes can add a spring in your step

BY Ilana Grabiner and Maddie Lane

Contributing Writers

As the weather is getting warmer, indoor gym classes are becoming stuffy, hot, and unenjoyable. There seems to be an easy solution for this issue: holding class outside. Since the school is fortunate enough to have such a large property, including open fields, a track, and tennis courts, conducting several classes outside simultaneously should not pose a problem.

There are only a few weeks of beautiful spring weather left before the school year concludes. What better way to enjoy these ideal outdoor conditions than to do something that promotes good health?

Gym teachers should be able to take their classes outside in these months

of warm weather, no matter the class type. Exercising outdoors has countless benefits. Firstly, it provides students with a break from the school atmosphere. It also serves as an hour of fresh air and time to enjoy the beautiful weather. Exercising outdoors can increase enthusiasm and decrease tension, both of which would be highly beneficial to Schreiber students.

Students may even take a greater liking to gym class overall if it were held outside. They may also be motivated to continue the outdoor exercises they practice over the summer. Isn't the goal of physical education to inspire students to engage in physical activity independently, after all?

Despite the ample space and appropriate weather, gym teachers are not always willing to take their classes outside. Classes such as Fitness, Dance,

and Advanced Strength Training are continually held indoors. It's important to remember these courses have late fall, winter, and early spring to use the indoor gyms. To promote outdoor activities, classes simply need to be more adaptable. For dance, teachers can use portable stereos. There are also outdoor dance floors available for purchase. Advanced strength training seems the most difficult to change, but we always forget that there is outdoor gym equipment near the track. We're not asking gym teachers to completely restructure their courses, but perhaps there is a little more room for outdoor activities.

"I wish my fitness class was held outdoors because it's a lot better to breathe fresh air than to be indoors with a lot of people in a small room. It's also better ventilation for your body," said sophomore Olivia Gellis. We are aware that the school provides several physical education options that students can choose from, one of which is Outdoor Education. If students select this, they get to enjoy the outdoors almost every gym class. Although it may be cold in the winter, the warmer spring months can make this class the optimal option for many students.

"I like having class outside because I like fresh air, and it's better than being stuck in a sweaty gym," said sophomore and Outdoor Ed student Zoe Garman.

In this glorious spring weather, gym teachers should make an effort to organize classes outside, even if they are not teaching an Outdoor Education class. Now that fitness testing is over and the end to finals stress is approaching, it is the perfect time for students to get their daily dose of fresh air while they exercise.

Editorials

Problems with bathrooms

Maybe you are a woman who wishes the tampon machines in the bathrooms were not just for show, so you would not have to ask every female in your immediate vicinity for help. Maybe you are a man who wishes your bathrooms were stocked with basic essentials, like paper towels.

Or maybe you are a transgender, genderfluid, or genderqueer person, or maybe just a cisgender person, who wishes that the school had a gender neutral bathroom that was not in the nurse's office. Oberlin College, Wesleyan University, Northwestern University, and Illinois State University are just a few examples of schools that have opted to implement gender neutral bathrooms.

In any of these cases, you are a student who feels that the amenities in bathrooms at Schreiber are inadequate, unsanitary, and altogether lacking.

The lack of sanitary napkins and tampons in the female bathrooms at the school is a problem most women have encountered. This is surprising, as half of the student body needs these supplies, and the school is already equipped with the machines necessary to dispense them.

Although tampons and pads are available in the nurse's office, it is cumbersome for students to travel the distance. When a student gets her period at school, she should be accommodated as quickly as possible and be able to access tampons right in the bathroom. This delay time can also cause health problems for students, which is clearly not optimal for anyone involved.

Many students are forced to ask other girls for pads or tampons, or go out of

their way to ask a school nurse. Both of these options can be embarrassing, and the former may be unhygienic.

The male bathrooms are often just as understocked. Many students report a complete lack of paper towels in the male bathrooms.

However, some students do not even have a bathroom they feel comfortable accessing, let alone a clean, well-stocked one. Because all bathrooms in the school are single sex, this leaves students who do not identify as either sex or identify as a something other than the sex they were assigned at birth with no options except one bathroom in the nurse's office, which is far from most classrooms or often occupied by a sick student. This disregard for transgender and genderqueer students is not just.

The Schreiber Times believes that all bathrooms should be sanitary and stocked with supplies, that women's bathrooms should be stocked with pads and tampons, and that there should be more gender neutral bathrooms. Schreiber students should always feel comfortable in their school, and these issues challenge comfort.

Freedom of speech in schools

We have the privilege of living in a nation in which free speech is permitted and encouraged, and we attend a school where administrators place very few, if any, restrictions on our speech, notwithstanding various Supreme Court decisions that permit them to do so. However, with these privileges come obligations. The most important of these obligations is to use our speech in a manner that is fair and not misleading. It is very important to understand that

there is a difference between free speech and fair speech.

Recently, the school's newly formed chapter of Turning Point USA held a meeting to discuss the United States' gender wage gap. In the lead-up to the club's discussion, signs were posted around the school that read, in all capital letters, "Big government is the real war on women," and "Big Government Sucks," with a photo of a woman whose mouth is covered by a piece of tape. Signs were also posted advertising the openness of the upcoming discussion.

Although The Schreiber Times lauds the efforts of our school's chapter of Turning Point USA in terms of discussing of the gender wage gap, it feels that certain assurances provided by the club in promoting its discussion of this event were both baseless and misleading. It is difficult to hold an open and fair debate when signs are being plastered all over school arguing only one side of that debate, and arguing that side in an uninformed, propaganda-like manner.

The Schreiber Times believes that while free speech is critically important, it is also essential for students to be presented with facts, not with misleading advertisments, in connection with debates about important issues.

Additionally, it feels as though the debate could have been more balanced, and therefore more informative and fair, if the club had had an independent and unbiased moderator preside over the debate, like a teacher who was not at all involved in the club. We believe in the importance of debates on such important issues in the future, but in a more unbiased fashion. If measures like using an independent moderator are taken, our school could have more open debate without being swayed in a certain direction.

Serious issues, such as the gender wage gap, call for serious discourse. The signs put up by Turning Point USA, which are still up, are not the answer. They are examples of negative campaigning, using defamatory slogans and provocative pictures to try to influence the viewers in lieu of rational dialogue. The signs stand in marked opposition to the actual debate at the

advertised meeting, where different views were addressed in a generally thoughtful way.

We need more rational conversation, and fewer negative and misleading signs. The essence of our system of free speech is that we have the right to engage in all sorts of expression, good and bad, but also that we obligated to avoid irresponsible and misleading discourse.

The Schreiber Times calls on all members of the student body to use responsible methods of communication in expressing their views, and even more importantly, to educate themselves and each other on important matters such as the gender wage gap.

Interested in writing for The Schreiber Times? Then come to the next newspaper general meeting on May 28! All new writers are welcome!

Times Policy Statement

The Schreiber Times' primary purpose is to inform its readers of events, issues, and ideas affecting Schreiber High School. The Times also serves as an open forum in which members of the Schreiber community may express their ideas and opinions.

The Times will report all news accurately, honestly, and fairly. We will not give preference to any group or individual. We will respect the rights of all information sources and any errors will be corrected promptly.

We will print submitted materials on the basis of their quality and significance as determined by the editors of this publication. The editors reserve the right to print, refuse to print, or return any submitted materials. The editors also reserve the right to edit any submitted articles.

We will print letters to the editors if judged to be of sufficient quality and importance on a space-available basis. We will not print letters that are obscene, libelous, or contain unfounded charges. The Times reserves the right to shorten letters if doing so does not alter their meaning, and to choose a representative letter from a group of related ones. Letters do not necessarily reflect the opinions of the editors. We will not print any anonymous letters.

Editorials printed in this publication reflect the opinion of the majority of the editors. If the situation warrants, minority editorials will be published. Editorials do not represent the views of the Port Washington Union Free School District.

We will not publish advertisements if they are deemed libelous, obscene or likely to incite criminal activity. Prices of advertisements are standard and price schedules are available upon request. Advertisements do not necessarily represent the views of The Times.

We will establish new policies if the need arises. Until such a point occurs, The Times will follow the policy described in this space as well as the guidelines of common sense and reason.

Incredibly True Horoscopes by Zareen Johnson

March 21 - April 19
You'll be shoutout of the day
on the day you're out sick.

September 23 - October 22 You'll see a teacher at the grocery store (and it'll be weird).

Rpril 20 - May 20 You will enter a food coma. October 23 - November 21 You will finally get your Hogwarts letter.

May 21 - June 20 You'll finally live the resort lifestyle.

June 21 - July 22 You will get clickbaited.

July 23 - Rugust 22
Your prom date will be
a better dancer than you.

Rugust 23 - September 22 Someone will angrily subtweet you.

November 22 - December 21 You'll forget deodorant under just one arm.

December 22 - January 19
Ironically, Rick Astley will be redirected to one of YOUR YouTube videos.

January 20 - February 18
Your fave will become problematic.

February 19 - March 20 You will develop a severe case of second-hand senioritis.

Fashion!

ву Gillian Rush

Staff Writer

The Costume Institute Gala is an annual fundraising event for the Metropolitan Museum of Art's Costume Institute in New York City. Celebrities, designers, and fashion icons invited to the event are encouraged to show off their best looks. Every year, the Met Gala has a theme reflective of the Costume Institute's exhibition at the time. This year's theme, "China: Through the Looking Glass," inspired fashion choices that either left onlookers gawking in admiration and cringing from disapproval.

The best-dressed list held few surprises as the fashion icons of modern culture remain consistent in their superior fashion sense. There were nothing but high expectations for the one and only Beyoncé, and the queen did not disappoint. Her sheer, custom-made Givenchy dress was an absolute showstopper. Beyoncé floated across the red carpet bedazzled with enough glittering rhinestones to blind our gawking eyes. Even Jay-Z took a moment away from the spotlight as the cameras flaunted towards

Earlier in the night Dior princess and Academy Award-winning actress Jennifer Lawrence showed off her favorite designer's custom piece of art. J-Law's hair was sleekly pulled back into a high bun that added elegance and maturity to the look.

Kendall Jenner entered the party, all eyes were on the 5' 10" international supermodel, who has been busy making a name for herself in the fashion world. Jenner, now 19 years old, looked like a true adult in her jade green Calvin Klein gown. The stunning brunette

Some stars shine while others fall The best and worst of this year's Met Gala

wowed the crowd in her crystal-encrusted dress with lace-up side detail that showed that Ms. Jenner is all grown up. Her hair and makeup looks were minimal in order to draw attention to her breathtaking slinky dress.



Schreibertines

Kendall Jenner's show-stopping Calvin Klein green dress blew up the Internet. Many shared wpictures of the model strutting her stuff on the red carpet

Rhianna was the best dressed star at the Met Gala this year, sporting a dramatic, yellow Guo Pei gown with a train longer than the singer is tall. She looked truly stunning and displayed absolute glamour, which is what the Met Gala is all about.

Rhianna was also one of the only celebrities to actually wear a dress by a Chinese designer to the event.

Other attendees stopped the show, but only because of their lack of style. On the top of this list was Keeping Up With the Kardashians star Kris Kardashian. Her Balmain dress appeared sloppy and swallowed her completely.

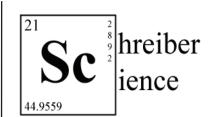
Her gold earring accents were a bit overdone and quite frankly, gaudy. The shoulder pads on the dress widened her. Additionally, the crazy, spikey hair was a bit of a buzz kill next to the effortless hairdos everyone else sported. All in all, Kris failed to impress at the Met Gala.

In spite of best efforts, Sarah Jessica Parker's ensemble gives her the award for Worst Dressed, thanks to her overwhelmingly large headpiece designed by Philip Treacy. The dress, designed by SJP for herself, while not horrible, was no match for the flaming piece hanging over her head. She is encouraged to leave the headgear at home next year.

Also not impressing the crowd this year was Katy Perry, who wore a Jeremy Scott original. The graffiti print and silly purse seemed childish compared to the mature looks surrounding her, proving this year's Gala to be one of Katy's worse Fashion moments.

The Met Gala is an important time of year to show off creativity and favorite looks. While some people shone this Gala season, others made us shake our heads and turn away.

A note to anyone going to the Met Gala next year: remember to play with your look and have fun, but don't overdo prints and accessories. Less is always



ву Adi Levin and Caroline Katz

Staff Writers

It is that time of the year again; time for tissues, eye drops, and weeks of misery. If you suffer from seasonal allergies, then this season has likely been especially rough for you. However, if you are a very lucky soul who has somehow dodged this common allergy, you've probably been annoyed with just how many sniffles and sneezes there have been throughout the school day.

The dreaded "pollen tsunami" is taking the northeastern United States by storm, which doesn't bode well for many people with pollen allergies. The source of this overwhelming amount of pollen goes back to the exorbitant amount of snow that inundated the Northeast.

Because of it, the roots of many allergenic plants were extra hydrated, enabling the plants to produce more

As temperatures increased after a long, dreary winter, pollen levels skyrocketed. In addition, the long winter has pushed the standard tree pollen production time back. Unfortunately, this coincides with the onset of grass-related allergies.

Elms and cedars started the season off, and allergy sufferers faced a double whammy as grass pollen contributed to the ever rising pollen levels throughout New York and outlying areas.

Based on recent climate studies, many scientists have reason to believe that climate change is only augmenting New York's pollen count. All over the world, carbon dioxide levels are on the rise, causing trees and grasses to release unusually high amounts of especially

It is estimated that by the year 2040, global warming and increased pollution will lead to more than twice the amount of pollen as there was in 2000.

In addition to climate change and harsh winters, another cause for this brutal allergy season is actually something done for the purpose of convenience.

Cities such as New York regulate the number of female trees planted alongside the streets to prevent having to clean up after the female trees, which produce hundreds of seeds.

However, planting predominantly male trees leads to a huge increase in pollen production, with few female trees to trap the excess pollen.

When it comes to lessening your symptoms, there is more you can do than just take an antihistamine.

Try changing out of your pollencovered clothes and showering immediately after coming home to clean yourself of the pollen on your body and in your hair.

It may also help to wear a hat and sunglasses to shield your face, this will help with watery eyes and irritated noses. Other steps you can take to minimize the effects of pollen include installing an air purifier and sleeping with a cold compress over your eyes. The pollen count is expected to decrease within the next few weeks, so our universal suffering, though on a small scale, should come to an end

Snapchat Live connects users around the world

BY Izzy Gold & Aliza Herz

Staff Writers

The first thing everyone does when they arrive at a new place is check if the location has a Snapchat Geotag. When Geotags were first created last summer, they were only available in a few big cities like New York and Los Angeles. But recently, Geotags can be found in almost every city and town. Port Washington just acquired two Geotags of its own. Senior Caroline Waldman created the rainbow colored Geotag and Waldman's friend Will Badot of Kingston, Massachusetts the other.

"Before Geotags, I was getting bored of just sending pictures of myself to friends. Now with the new Geotags, I am able to share my location with my friends in a Geotag can also be found in almost every airport as well. Certain events have their own Geotag-like features as well, such as Mother's Day, Earth Day, the blizzard Juno, the Oscars, Halloween, and many more.

Most colleges, including Tulane University, Syracuse University, the University of Maryland, and the George Washington University, also have

Anyone can design a Snapchat Geotag and submit it for their town, although it may take a while to get a response from the company.

Last year, Snapchat also introduced the

ability to make a Snapchat story. This year, Snapchat has taken it one step further with the new Snapchat Live feature. Snapchat Live allows Snapchat users to see certain events secondhand that they

would normally not be able to see. Stories are collections of snaps from users at events RECENTUPDATES like the Boston Marathon, the Oscars, Election Day in England, Jazz Fest in New Orleans, and many Certain more. Snapchat stories are available in certain locations 24/7, such as the New York City Snapchat Live story, but only if you have been in that location recently.

Snapchat Live also has a story for a different place in the world every day that you are only able to see for 24 hours, in addition to the special event stories. Some of these places featured have included Warsaw, Saudi Arabia, and Las Vegas. Although many would say that it's interesting to experience other people's cultures from the comfort of your own home, some students get annoyed with the constant stories.

"I don't care about what is going on

around the world," said junior Jenna Hecht. "I like to live my life in the present."

Snapchat Live is a good way to advertise as well. There are ads for upcoming movies and many brands within public Snapchat Live stories. Snapchat has recently signed a deal with Major League Baseball (MLB), and every Wednesday there will be a collection of Snapchats from MLB

games throughout America. Many people may not like this because Snapchat is becoming more of an advertising service than a fun way to send pictures to your friends and show the people on your friends list what you are doing

However, people who are baseball fans and cannot go to games or watch games on TV may love this new feature because it will allow them to see what is happening at the games in a quick and easy way. Another fantastic Zareen Johnson

feature that Snapchat has recently introduced is Snapchat Discover. Snapchat, through its partnership with various big name companies such as People magazine, the Food Network, and CNN, provides its users with an easy way to read their favorite magazines' top daily articles, check in on the news, or discover a cool new recipe with just a few swipes. There is no doubt that Snapchat is pushing into a whole new world of social media that no other app has tapped into.

Le Bleu Bird Café has flown in and laid its eggs on Main Street

ву Delia Rush Features Editor

That little birdy you heard chirping over the coolest new café in town? It wasn't lying. The Le Bleu Bird Café is opening in Port Washington at 170 Main St. Nestled between other local shops, this bright blue-faced destination is just a short walk away from the Landmark Theater and Port Washington Public Library. With an open set up consisting of small black tables and a long black countertop open to costumers, Le Bleu Bird Café resembles the ideal chic café that is unique to the Port Washington community.

"We want it to be very inviting and very open so people can just come in and get a good bite to eat," said Chef Mr. Barret Beyer.

Not only are the physical aspects of Le Bleu Bird mention worthy, but the menu reflects a one of a kind quality as well. Pioneered by "Hell's Kitchen" alumni Trevor A. McGrath and Beyer, the cafe's menu includes abstract items such as a chocolate chip burger, which Chef Beyer predicts will be a signature dish as well as the chicken and waffles, which is chicken cooked in its own fat, and wrapped in bacon. Sound heavenly? It gets better. The chicken is then dipped in waffle batter and deep-fried. Some other menu items included skirt steak and egg, a Nutella stuffed waffle, and pound cake French

"We're going to do your average

brunch foods but then take it up a notch," said Chef Beyer.

Another anticipated aspect of Le Bleu Bird is the gourmet coffee, some of which flavors will come from Chef Beyer's very own coffee line, such as his chipotle white chocolate raspberry.

This is going to be your spot to go for coffee trust me," said Chef Beyer.

Le Bleu Bird actually opened its doors to the public from May 9 to May



Courtesy of Chef Barret Beyer

One of Le Bleu Bird Café's delectable breakfast options is the Nutella stuffed waffle. This indulgent menu item is also served with various berries.

10 handing out free samples to give community members a taste of what is to

"It was just basically a promotion

we were doing as kind of soft opening so that we can introduce ourselves to the neighborhood," said Chef Beyer.

Even though the café could only provide a sneak peak of what is to come, the community definitely responded positively.

"Le Bleu Bird Café is not your traditional, typical diner. Instead it provides refreshing and original approaches to breakfast (and lunch) in a family friendly setting. It's definitely our new "go to" during the weekend." said Port Washington resident Mrs. Betsy Liegey.

As of now, Le Bleu Bird is waiting on permits to occupy the building as the previous owners had never filed the proper paper work. Chef Beyer is anticipating the café will officially open anywhere from two to four weeks. Once soon-to-be breakfast hotspot is in full swing, they will presumably be open from 6am to around 4pm. Beyer hopes to maybe set one or two tables outside of the restaurant

throughout the summer, which will be waited on by the same wait staff serving inside of Le Bleu Bird.

Le Bleu Bird Café is sure to please your tasted buds and give you the sense of walking into a Parisian hotel. So while the



Courtesy of Chef Barret Beyer

Chefs Barret Beyer (left) and Trevor A. McGrath (right) pose in front of Le Bleu Bird Café. Both chefs were contestants on the reality TV show, Hell's Kitchen.

café is eagerly awaiting final paperwork, we hungry diners also anticipate the official opening.

Spend your dough wisely when cheesing where to eat the best pizza

BY Syndey Rosenthal

Staff Writer

From pepperoni to plain to even salad, pizza comes with nearly any topping you can imagine. Choosing between these

various pizzas can prove to be an arduous task. To make the decision even more difficult, Port is home to over eight pizzerias, all of which are delicious.

If we were to isolate the most famous pizzerias on Main Street, Gino's, Frank's, Rosa's, and Carlo's, the choice would remain as difficult as ever. Without the help of this pizzeria guide, you may even be stuck deciding between them for hours. Although some may be personally favored over others, all four businesses receive many clients primarily because of their proximity to the school. Although community members do visit these restaurants and pizzerias during the day, the majority of the businesses' clientele arrives

almost immediately after the bell rings to mark the end of the school day.

Gino's is located at 48 Main Street, near the train station.

"I like Gino's the best out of all pizzerias, because of their Italian ices and their warm, thin crust pizza," said freshman Lauren Kramer.

If you do not like pizza, Gino's offers salads, rolls, and an assortment of pastas to satisfy your hunger. The restaurant

offers a slice of pizza of \$2.50 and drinks for \$2.50. These reasonable prices are just one factor that can help you decide on eating at Gino's.

One other great thing about Gino's is that they deliver. For a minimum of \$10 per order, you can eat pizza anywhere

ROSA'S PIZZA

PASTA

WE DELIVER

high school, it is the perfect place to go for students in a rush to get food and go to class. Frank's has many different pizza styles and other options to choose from.

"I like Frank's because of their garlic knots," said freshman Sierra Robinson.

Frank's gives you the option of

Left: Rosa's Pizza caters to a wide variety of Italian food lovers. Located just across the street from the train station, Rosa's serves everything from pizza to salad. Right: Gino's plain pizza pie is a favorite amongst the Schreiber student body. Gino's, like Rosa's, delivers and offers multiple variations of Italian favorites

516.76

in Port. High school students add to the restaurant's business not only by visiting it during the day but also by ordering in during their off periods. If you like a delicious place to eat pizza for a cheap price, Gino's is the place to go.

Frank's, another pizza destination, is located at 14 Main Street. The pizzeria is the closest store to the school and provides fast service. Because it is within a 10-minute walking distance from the ordering online at grubhub.com. It is an easier and more technically advanced method of ordering than calling on the phone. Frank's has great food and provides a quick and easy way to grab a

Rosa's is located at 57 Main Street. Out of the many pizzerias in Port, this one is closest to the train station. Often, community members decide to stop by for a bite to eat whilst heading home

after a long day of hard day. For those who frequent the city, Rosa's provides the perfect rest place after a long train ride home. The pizzeria has delicious food choices from plain pizza with pepperoni to salads with grilled chicken. Rosa's is a fresh scrumptious pizzeria that is

certainly going to give you a meal you will enjoy.

The final pizzeria of the "Big Four," Carlo's, is located at 109 Main Street, across from the Main Street movie theater. Although it does offer other Italian dishes, Carlo's mostly offers a variety of pizzas. The pizzeria is also known most for its pizza crust and cheese pizzas.

"I love Carlos because they make the pizza crisp and extra cheesy," said freshman Allie Chase.

Carlo's pizzeria is Friday night or any-dayof-the-week family dinner hot spot. It gets crowded quickly and despite the turmoil associated with the lack of room for clients, the restaurant has managed to sustain its clients for years. Hop over to Carlo's pizzeria

to grab their popular pizza without missing your movie. With many places to choose from in Port, each of these pizzerias will give you a meal to remember. Each place has different things to offer and will treat you well. Don't hesitate to try any of these and other pizzerias in Port Washington as well as the different types of pizzas offered that vary from cheese pizzas, to ones with pineapples, to ones with Caesar salad and grilled chicken.

Teens search for perfection through photo editing

ву Miranda Tanenbaum

Staff Writer

The fashion industry has always molded society's ideas about what perfect women and perfect men should look like. In order to fit in, people try their hardest to keep up with fashionable ideals. However, it is often an unrealistic standard. Today, most companies' female models are unhealthily skinny, and in advertisements they are edited to a point where they look absolutely flawless. The male models have six pack abs and any natural amount of fat is replaced with muscle.

In our age of electronics social media dominates everything. Many people post posed pictures of themselves for all of their "friends" or "followers" to see. However, many of these posts are inspired by famous people who conform to the fashion marketing world's unrealistic expectations.

Unfortunately, people who do not look the way they think they should are left with a growing number of insecurities. As a result, they often purchase photo editing apps to change what they look like in photos.

These apps can make them look skinnier, whiten their teeth, and fix their blemishes. In fact, picture editing has become so common that on the rare occasion that someone does not edit their picture, they feel the need to include #nofilter.

"People can enhance their natural beauty with these apps, which isn't necessarily a bad thing," says sophomore Jessica Hyland. "However, sometimes people use it to cover their flaws when they don't have to."

It has become lodged in the public's mind that if you are not the skinniest or the prettiest, you aren't good enough. Therefore, people think their pictures need to be adjusted

editing using software. As if the fashion industry's destruction of self image is not harmful enough, the overuse of Photoshop alter a person's image obliterates only not your self-confidence, but also other

confidence. For the people who cannot live up to "perfect" body, pressures

people's self-

from within and from the world around them can be overwhelming. Often, these stressors can lead to eating disorders and other mental health issues.

According to the National Association of Anorexia Nervosa and Associated Disorders, almost 70% of girls in fifth to twelth grade form their notion of the ideal woman from magazine photos.

These aforementioned disorders are more common in women, but men experience them as well. "The average

American woman is 5'4" and weighs 140 pounds," says authors, Mary-Signe Chojnacki, Christina Grant, Kathryn Maguire, Katie Regan, from the University of Wisconsin according to www.ssc.wisc.

> "While the average American model is 5'11" and weighs 117 pounds." The authors continue.

Despite this fact, people still seem to think that they need to have the body that models

In the past, people thought Marilyn Monroe had the perfect body, and she wore a size 14. Today, women with perfect bodies fit into much smaller sizes. People wreck

their bodies, starve themselves, and spend thousands of dollars on surgery just to achieve this perfect" Zareen Johnson look.

The fashion industry is not terrible in all respects, but it does have a significantly negative effect on the way people view themselves.

Hired models have a huge impact on people's self image, making people feel like they need to edit their pictures and change the way they look both on social media and in real life. It's important to remember that the models are significantly enhanced and are edited to appear as though they are all six feet tall with no body fat and perfect skin.

iew of the

ву Mikayla Hyman

Contributing Writer

Most people think that YouTube is for procrastination. Junior Ben Hayt, however, defies those expectations. Besides using the popular video archive to watch his favorite artists and comedians, Hayt has used YouTube to make a splash in the pond filtration industry and make hundreds of dollars.

This unique situation began last March, when Hayt went to the Central Florida Koi Show. There, he saw a filter that used a drum vibrating at high speeds to eliminate harmful organic matter from the environment. This vibration prevents the accumulation of ammonia (a toxic substance), and allows the pond to be cleaned less often and more easily. Hayt, although impressed by the filter, was also curious about its disadvantages. He thought that it was too expensive, liable to stop working if any of its many electrical parts were exposed to water, and possibly very loud.

Unsatisfied with this supposedly hightech filter, Hayt sought to find out more about pond filters. In a well-tested teenage maneuver, Hayt turned to YouTube to solve his problems. Amazingly, he achieved something productive.

"I looked at a bunch of videos of the product before I came across a different type of drum filter," said Hayt.

This new product was one that could be effective using only tap water pressure and a mechanical float valve. This filter was less expensive, better for the environment, less noisy, and less likely to break. Hayt was intrigued, and emailed the inventor, Mr. Bert Schuldink. Hayt wanted one for his own koi pond at home, and Mr. Schuldink obliged. The unit Schuldink installed was three times less expensive than the drum filter with the electric motor, and Hayt's pond had never looked cleaner.

Over the next month, the Hayt family pond was spotless and needed no maintenance, which was unheard of for the Hayts until that month. At that point, Hayt decided to ask Schuldink if he was interested in importing the filters to the US, where they were not immediately available. Schuldink enthusiastically supported this idea. Consequently, Hayt and his dad went to the Aquiscience Asia factory in Guangdong, China to follow up on the deal. Havt saw how the filters were made and how many people relied on this filter as a source of income.

"For me, it is a great feeling to have a business that aligns with my passion for aquatic life. I hope to be doing this for a long time," said Hayt.

Once Hayt came back to the states, he made a website, blueecofiltration.com, for the filter and posted information about it on many different pond-related forums. Orders quickly came in, and currently dozens of filters have been sold, and dozens more ordered. This has apparently been a very successful business venture for Hayt. And who would have known that it all began because of some YouTube videos? Next time your parents tell you to get off the Internet, show them this article and remind them that much good can come from your procrastination.

Finals induce high stress and tears among students

Elizabeth Muratore

Staff Writer

It's that time of year when freshmen are confused, sophomores go into Euroinduced panic attacks, juniors nearly throw up, and seniors sit back and laugh a little. Yes, the school year is drawing to a close. No matter if a student is taking two APs, five Regents, or something in between, the end of every school year is a crucial part of a student's final grade, which eventually factors into what college they attend.

crucial because finals are an undeniably important aspect of a student's transcript. As freshman year turns into sophomore year and so on, the days of actually applying and going to college draw closer. Students' nerves increase causing them to obsess over their final grades with the unhealthy mindset that "there is only one college out there for me" and "this math final will determine my entire future so I should stay up studying until 4 a.m." Neither of these ideas is true, but dissuading students from freaking out about college is

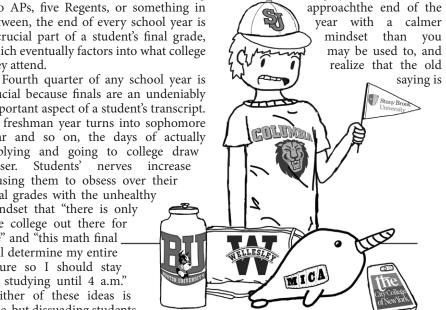
"The key to getting through this time of year is knowing when to stop. Sometimes you study nonstop for days on end and I think you need to take a step back and relax a little sometimes. Realize that APs and finals aren't the end of the world, you shouldn't drive yourself crazy over something that in 20 years won't

easier said than done.

matter," said senior Ariel Waldman.

Students tend to forget that stressing extensively about finals and how they impact the colleges they attend is not only mentally taxing, but futile in the long run. One slightly-less-than stellar grade on a final does not negate three and a half quarters worth of hard work, nor does it singlehandedly decide what

college you attend. Rather,



true: there really is a college out there for

"It's important not to stress out too much and clutter your mind with superfluous nonsense," said senior Kim

Remember, everyone is going through the same thing that you are. Despite what

a panicked student having an existential crisis and/or a minor panic attack about where to apply to college might think, you can always seek the help and comfort of friends, family, and guidance counselors to get you through. Preparing academically for college is important, but so is keeping a positive frame of mind during high school.

"After several years of stressful finals and AP exams, I've come to realize that going overboard on studying and stressing yourself out really doesn't yield a positive result. Studying a moderate amount and keeping things in perspective are absolutely key," said senior Iliana Ioannides.

However, some students have more extreme ways of dealing with the impending stress of finals and college than others.

"I find that the best way to deal with finals and the stress is to just curl up into a ball and cry. The noise of your crying blots out the sound of everyone asking if you are okay, and being in the fetal position has a strange calming effect. I don't know about everyone else, but by pushing reality out of my mind, I'm able to go to my happy place. However, if for some reason that doesn't work, I gorge myself with Nutella. It's delicious, and makes you hate yourself more than you hate the finals," said senior Bryan Johns.

It is essential to be rational and levelheaded about the whole college thing. Whether that means daily meditations, , or a cool breeze in your room, find a way to deal with stress and relax a little. You will find that the prospect of your collegebound future won't seem so terrifying. Be positive and look on the bright side of life!

#geod

BY Sydney Rosenthal

Staff Writer

Although breakfast options can sometimes seem limited, there is a whole unexplored world of early morning possibilities that lies just beyond the established borders of Port Washington. These options include OatMeals and Chobani located in Manhattan, just a train ride away. Yes, they are completely worth the trip.

When many people think of oatmeal, they cringe at the thought of that often bland breakfast item with a rather strange texture. OatMeals, located at 120 West Third Street in Manhattan, just south of Washington Square Park, defies this stereotype. This unique café has reinvented the face of oatmeal, offering customers almost thirty oatmeal-style dishes.

The story behind OatMeals is just as noteworthy. When chef and founder Sam Stephens moved to New York City her freshman year of college, she developed a passion for healthy eating, eventually discovering the endless benefits and possibilities there are to oatmeal.

That was twelve years ago. Today, OatMeals serves Quaker Steel Cut oats exclusively, offering a range of options that is hard to imagine. When visiting OatMeals, you can choose your size: an 8 ounce "Baby Bear" size, a 12 ounce "Mama Bear" size, or a 16 ounce "Papa Bear" size.

Next, under their "signature

The possibilities of strangely delightful breakfasts Spice up your breakfast with these unique options in Manhattan



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Top: Presented are three of Chobani's sweet yogurt flavors. These different yogurts are topped with granola, strawberries, mango, rasberries, and honey.

Bottom: Shown is Tompkins Square Bagels' famous french toast bagel topped with their delicious birthday cake cream cheese.

bowls," OatMeals has divided its staple combinations into four categories: the "Comforts," the "Hot and Bothered," the "Savory, Spice, and Everything Nice," and the "Happy Endings."

the "Happy Endings."

"The Comforts" include traditional oatmeal combos such as Brown Sugar Cinnamon Raisin. As the menu progresses, however, the bowls evolve into more alternative options.

Under "Hot and Bothered" lies "Pomegranate Pistachio," made with dried pomegranate seeds, pistachios, honey, and almond milk. "Fig & Gorgonzola" is listed under "Savory, Spice, and Everything Nice," and is topped with crumbled gorgonzola, dried figs, and a balsamic vinegar glaze. One of the more popular items of the menu is the "S'mores bowl," listed under the "Happy Endings" section, which is topped with the traditional s'mores components and drizzled with chocolate syrup. However, if none of these heavenly choices float your boat, you can always build your own by choosing from a selection of dried fruit, fresh fruit, nuts, seeds, "sweet stuff," "savory stuff," types of milk, and spices.

Obviously, OatMeals has taken your everyday oats to the next level. So if you decide to venture out to New York City and are near the New York University campus, stop by OatMeals for a warm bowl of oatmeal that is sure to provide your day with a "Happy Ending."

The alternative breakfast possibilities don't end there. While many people know Chobani as the brand of Greek yogurt which they can snack on guilt-free at

home, many may not know that Chobani actually has its own café. Conveniently located in the heart of Soho, Chobani has made a name for itself as one of the trendiest cafés in that neighborhood.

Just to clarify, this Mediterraneaninspired cafe is not a frozen yogurt store. It sells the same type of yogurt that you would find on shelves at the supermarket. But anything sold at this café is much cooler than anything you would find at an average supermarket.

What makes eating the yogurt here different than eating their packaged yogurt at home is that they sell the yogurt with pre-created combinations of toppings and flavors. The yogurt is then beautifully presented in a glass bowl, which makes for a tasty and Insta-worthy treat!

On their menu, they have both sweet and savory yogurt creations. One of their more popular sweet options is their peanut butter and jelly flavor. This consists of their original Greek yogurt base, topped with creamy peanut butter, fresh grapes, grape jelly, and roasted peanuts

Their savory Meditteranean creations have proved noteworthy as well. While these might sound a little bit strange, they are choices anyone would be tempted to try.

Their mango and avocado flavor served with mango, avocado, jalapenos, olive oil, sea salt, cilantro, lime juice, and blue corn tortilla chips stands out. For something simpler, their cucumber and olive oil flavor may be a better introduction to the savory Greek yogurt world

While their yogurts are an absolute must when visiting this location, they also offer Mediterranean sandwiches and soups such as their spiced chicken and pomegranate onion sandwich and their Turkish red lentil soup. And even though selling coffee and tea might seem too mainstream for this location, they do of course have typical drinks that any café would have.

Unique breakfast places in New York are certainly not limited to just unordinary yogurts and oatmeals. Bagels are another traditional breakfast food undergoing an incredible transformation at Tompkins Square Bagels.

While the name may not sound extrodinary, the bagels sold there most definitley are. Say goodbye to plain bagels and cream cheese and hello to french toast bagels and birthday cake or cookie dough cream cheese.

Yes, you read that right. This bagel place actually does serve these unique cream cheese flavors. While one of their most popular happens to be birthday cake cream cheese, they also have pumpkin and apple cinnamon flavored cream cheese as well.

If their impeccable cream cheese flavors have'nt yet sold you on this place, they have other interesting bagel options such as the mac and cheese topped bagel, banana and nutella filled bagel, and bagel with peanut butter and jelly.

So try to venture out and try something new. Breakfast is arguably the best meal of the day, so why not make it as fun and intereesting as possible? Do not be afraid to experiment with your palate at breakfast. The creations you may find are truly endless.

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for meeting updates and 👌 👌 👌 snaps

This is a student-run account.
(We will not look at your story)

arts8. Centertainment

Avengers: Age of Ultron has plenty of thrills and frills

ву Rami Chaudhry

A&E Editor

I vividly remember seeing Marvel's The Avengers on opening night. It was the end of my freshman year, and the movie finished off the year with a bang. For Marvel superhero fare, it was a game changer.

Arguably one of the greatest blockbusters of this decade. It met every *Marvel* comics fanboy's expectation, and even exceeded those expectations.

The idea of characters like Iron Man, Hulk, Thor and Captain America occupying a single shot on the big screen was wonderful and innovative back in 2012. It had never been done before.

It is now 2015, and time has most definitely dialed down the shine The Avengers once had. Superhero films hit movie theaters left and right nowadays, fatiguing viewers and in some cases ruining the spectacle of it all.

Now, in my senior year, the highly anticipated Avengers sequel has arrived: Avengers: Age of Ultron. It is fitting, since my freshman year ended with the release of the first, but it's also bittersweet.

I had high expectations for this Avengers sequel. The trailers were flashy and really exciting. Naturally, I wanted the blockbuster to be everything the first one was and more. Way more.

As I sat in the theater waiting for it to start, I kept asking myself if it was going to exceed the lofty heights of the first one. Whether the movie would impress my 18-year-old self just as it did my 15-year-old self.

Bigger and more action-packed than it's predecessor, *Age of Ultron* brings the four main Avengers back together, along with fan favorites Black Widow (Scarlett Johansson), Nick Fury (Samuel L. Jackson), and Hawkeye (Jeremy Renner). Why? To clean up the mess of Tony Stark (Robert Downey Jr.) after he creates artificial intelligence under the Ultron Program.

Predictably, the AI goes awry, and Ultron becomes the film's main villain. Elizabeth Olsen and Aaron Taylor Johnson also star as Scarlet Witch and Quicksilver, respectively. Their presence is welcome but not incredibly important to the overall plot.

I am happy to say that in many ways, Age of Ultron has impressed me. For starters, the action sequences best the first movie in almost every way.

There are many ways to induce more adrenaline in audience members.

Every character gets their time to shine as well, thanks to director Joss Whedon's impressive knack for incorporating a handful of characters in a single action sequence.

The film opens with the Avengers mid-mission in the snowy, Eastern European woods of Sokovia. This particular scene highlights both Whedon's directorial abilities during action scenes as well as his writing chops.

What made the first Avengers movie such a fan favorite was the humorous tone Whedon injected into his screenplay.

There was nothing boring or unoriginal as a bunch of godly heroes having playful banter with one another.

Because of this, the scenes that rely on dialogue are just as enjoyable, if not better, than the action sequences. One such scene was a dinner party in Avengers tower, and another was on a farm.

When the Avengers are back to their normal "human" selves, their insight on the world around them is pretty fascinating. The movie also does a fantastic job of humanizing the team. We finally get a sense of why these extraordinary people fight for humanity's survival.

The human touch is largely provided by a surprising revelation halfway through the film with the character of Hawkeye. In the first film, Hawkeye was nothing more than a puppet, manipulated by the villain to take the bad side. In *Age of Ultron*, Whedon responded to the negative fan reactions the character received in the first film.

In *Age of Ultron*, Hawkeye's backstory is not only delved into a bit, but his stance as an Avenger is clearly defined. We also get a sense of why he sacrifices his life every day, which provides for some of the most emotional and inspiring scenes of the film.

Another component of *Age* of *Ultron* was the main villain. Ultron, played by the exceptional James Spader, is not only frightening, but has a dark sense of humor that makes the movie's tone lighter at times, and incredibly cynical at others.

Ultron was a welcomed change of pace



esquire.c

Thor (Chris Hemsworth), Iron Man (Robert Downey Jr.), and Captain America (Chris Evans) in the beginning of an action-packed sequence in a fight against antagonist Ultron. However, many casual viewers felt that the movie was so confusing and filled with so many plot points that they did not even understand why the Avengers were fighting Ultron.

from the previous villains of past Marvel films.

In addition to Ultron, an exciting new character, The Vision, makes an appearance near the end of the movie. For fans of the comics, you know exactly who this person is. For those who just watch the movies, you are in for a real treat.

Unfortunately, the pros are accompanied by a number of cons. Cons that keep nagging my head when I try and ponder the pros. Cons that will unfortunately plague this movie forever.

Just as *The Avengers* finished off phase one of *Marvel's* Cinematic Universe, *Avengers: Age of Ultron* marks the end of phase two.

For those not following at home, phase two consisted of all the Marvel films after The Avengers: Iron Man 3, Thor: The Dark World, Captain America: The Winter Soldier, and Guardians of the Galaxy.

With all of these movies being interconnected, it can sometimes be difficult to have 100% continuity between them all. In some ways, *Age of Ultron* feels like a continuation of these characters' stories, but only slightly. For some of the heroes, their actions and even their presence in the movie is questionable considering what had previously happened to them in the past.

This can be seen as nitpicky to the average viewer who just wants to enjoy some cool superhero action. However, for invested fans who love the universe that has been created on screen, these

inconsistencies ruin the entire idea of a cinematic universe.

Another factor that will deter this movie was the sour relationship director Joss Whedon had with *Marvel* Studios.

According to an interview released by *The Hollywood Reporter*, Whedon fought to keep certain scenes, like the farm scene and some dream sequences, while Marvel executives fought for the removal of these parts of the movie. Thankfully, these scenes stayed in *Age* of *Ultron*

However, a certain scene that included Thor taking a bath in a cave was demanded by the studio. Whedon, and the majority of the public, hated this scene. It came out of nowhere and was only there to set up the next *Thor* movie.

The fact that the movie could have been better than it was, and the fact that the director has even admitted the flaws with the film continues to water down this major movie event.

Did *Age of Ultron* meet expectations? Yes. Did it exceed those expectations? In some regards, of course it did.

The movie continues *Marvel's* exceptional track record of superhero fare that expands their cinematic universe to new and exciting heights.

However, it may hint at problems in future *Marvel* movies. Regardless, *Age* of *Ultron* is still an action-packed, funny, and thrilling ride at the movies.

Upper/Under raises the bar for Schreiber one-acts

Elizabeth Muratore

Staff Writer

On May 8, the Drama Club brought back the Upperclassmen/Underclassmen Showcase. This event was first held in 2012 as Chris Falcioni's ('12) senior experience project. This year's Upper/ Under showcased seven one-act comedies in which upperclassmen directed underclassmen.

The first show, entitled The Remote, was directed by senior Rachel Ellerson and featured sophomores Anna Cohen and Daliah Bernstein. It centered on two women following TV coverage of a hotel gunman while realizing that the gunman was closer to their room than they had thought. The show was hilarious from beginning to end. One instance of the remote smashing a vase was particularly comedic.

"It was a really great experience. It was my first time directing so I didn't really know what to expect, but it ended up being really awesome," said Ellerson.

The Goon was directed by senior Jack Fishman and starred sophomores Sophia Andreadis, Allison Winter, and

Jeffrey Lockom. It focused on two movie characters vying to be the hero, all while realizing the heroism of their characters within the movie's narrative. competitive dynamic between Andreadis and Winter was the driving force in this uproariously funny one-act.

"Upper/Under is an experience that not only the audience enjoys, but that the cast and crew enjoy as well," said Fishman. "It's an experience of learning as well as upperclassmen teaching what they know and showing the underclassmen how a show operates, how scenes are blocked, how to work on accents, how to develop characters, and so on."

The third show, The Mouse and The Raven, was directed by senior Ariel Waldman, and it starred sophomores Lily Welsh and Carly Feldman and freshmen Valentina Scotto, Isabelle Verdino, and Una Stopford.

It dealt with high-society ladies reading their obituaries in advance of their deaths and being unsatisfied with how they are portrayed. The actors all depicted hilariously privileged ladies and two secretaries at their wit's end.

Iceberg to Nowhere was directed by senior Kim Winter and starred sophomore Katrina Wasserman and freshman Sarah Mannix as two British penguins waiting at an "iceberg-stop." Their amusing posh accents combined with many hilarious deadpan lines and ridiculous penguin costumes made for a thoroughly entertaining one-act.

The following show, Good Morning Class, was directed by junior Stefanie Epstein and featured sophomore Sarah DeMarino as the teacher of a class of eccentric and unruly students, played by sophomores Sydney Morrissey, Julia Hayden, and Nicole Manasseri and freshmen Amanda Krantz and Peri Goldblatt. The distinct personalities of the students all lent themselves well to this comical show.

"I was so lucky to have been picked to direct Upper/Under!" said Epstein. "Usually I act within the productions but with directing, I really got the chance to understand how a show truly comes together! If you ever get the chance to direct—DO IT! It's something you'll never forget!"

Surprise was directed by senior Sophie Brett-Chin and starred sophomore Ellie Bain and freshmen Jack Gilsenan and Emma Goldman in an amusing tale of a young woman becoming increasingly frustrated with her psychic boyfriend. The "psychic" aspect of the show was consistently entertaining as all of the actors had a strong stage presence and were genuinely endearing and likable.

The final show was An Afternoon In The Life of Steve and Sheila, directed by senior Sameer Nanda and starring sophomores Kelsey Weisburd and Sally Hecht as two sheep debating the pros and cons of Steve (Weisburd) sitting on a barrel and "being something." Despite its silly premise, this show tackles deeper themes of self-confidence and the importance of a fulfilling life. Beneath their fuzzy exteriors, the actors both conveyed these themes well.

"I learned that directing is more about bringing the actors to get there themselves-to not tell them what to do but tell them how to get there," said

Overall, the event was a huge success, and it was clear from the quality of every show that the actors and directors alike truly committed themselves to this production.

Met Gala focuses on extravagant styles rather than its true goal

BY-Maddie Cohen and Eli Lefcowitz

Features Editor and Staff Assistant

Noted as one of the most exclusive events in the world, the Met Gala in New York City always brings in a new year of important fashion. However, amidst the hype about crazy dresses and crazy celebrities in general, it is often forgotten that the goal of the event is to raise millions of dollars for the Museum of Art.

The Met Gala has been held at the Metropolitan Museum of Art since 1946 and is known to be the fashion industry's premier annual red carpet event. Vogue editor-in-chief, Anna Wintour oversees both the benefit committee and the guest list. The Met Gala raises over \$9 million and is seen as the She has had the position since 1995 and has been raising money for the Costume Center so long that it is named after her.

The Met Gala is a famous symbol of

New York City. It represents the pageantry and wealth of the many celebrities residing in the city, while also displaying the prominent arts and fashion of the city. In addition, it shows the philanthropy associated with today's biggest stars. Despite the changing styles, the Met Gala has always represented the best aspects of New York City.

Originally the focus of the event was purely raising money for the expansive museum. Photos from the first years show unnoteworthy outfits and a lack of extravagence. However, the gala quickly evolved. As the event became more publicized, celebrities felt inclined to show their fashionable side. The gala became less centered on the Met and more focused around the people who were attending it.

Each year, Hollywood's biggest stars represent all of the glamour and beauty of the fashion world. The event is internationally known and indicative of



Sarah Jessica Parker sported an expensive headdress and H&M dress to the Met Gala on May 4.

current events and styles.

at the red carpet, the public is not able to see what actually goes on inside the event, yards away. This kind of privacy is certainly not common for a charity event of that magnitude.

With a new theme every year, the tone is set for the exhibit, which the guests of the gala are able to tour before being seated for dinner. The event, which celebrates the opening of the Costume Institutes spring exhibition, had a new theme this year, "China: Through the Looking Glass" which celebrated China's influence on Western fashion.

The Met Gala has historically included big name stars in addition to people you may have not heard of. The theme does not only apply to fashion; it is also used to select special guests. Some of the more notable themes were punk, the Napoleanic

era, and cubism.

Despite the high amount of media The amount of money raised has always been impressive. Each year, the Gala raises up to ten even fifteen million dollars with ticket prices ranging from \$15,000 to \$25,000. Overall, the Met Gala's main source of annual funding is exhibitions, acquisitions and capital improvements.

However, once again, the public is not able to experience what goes on inside the event. Reviewing the red carpet is great, but what about reviewing the fundraiser? The glitz and glamour are very tempting, but do not forget the reason that all of these celebrities were conglomerated and the original basis for the event.

The event is successful because it brings more press to the museum than any other event, yet it does reveal our growing fixation as a society on individuals rather than the beautiful art that surrounds



Rihanna's dress took two years to sew, is 25 kilograms, and is thought to be the longest dress train ever displayed in the 60 years of the Met Gala. Such unnecessary extravagance takes away from the true focus of helping to raise money for the arts.

Mad Max stuns viewers in action-packed reboot

BY Rami Chaudhry

A&E Editor

Mad Max: Fury Road cuts right to the chase. Literally, the entire movie is just one epic chase. One expertly choreographed, beautifully shot, and masterfully directed vehicular pursuit.

Fury Road is technically the fourth Mad Max movie to hit the silver screen; the last of which came out 30 years ago. The original starred Mel Gibson as Max Rockatansky, a Main Force Patrol officer (or "MFP") in a sand-ridden dystopic Australia.

Directed by George Miller, who created and directed the originals, Fury Road is an engrossing and vivid depiction of a post-apocalyptic world from the mind of George Miller. Tom Hardy, now known for his iconic portrayal of Bane in The Dark Knight Rises, replaces Mel Gibson as the titular Max. He's a quiet, soft-spoken character, which is perfectly fine considering the film was primarily made to be a visual experience.

It tells a simple narrative consisting of a chase between a woman named Furiosa (Charlize Theron) and an army of tyrannical people named the War Boys, led by the crazy cult leader Immortal Joe (Hugh Keays-Byrne). Max is pulled into the mess after being captured by the War Boys in the first scene of the film.

Fury Road was actually ready to film in 2001, but after being in development limbo, finally came to the masses last Friday. Many moviegoers had the reboot under their radar for a while. The trailers were intense and crazy, and the casting was terrific as well. However, no one expected the movie to receive the



In Mad Max: Fury Road, Max Rockatansky (Tom Hardy) continues the violent tradition of his character's past. After being captured by the War Boys, Max, along with Furiosa (Charlize Theron) embark on an epic car chase across a barren Australian desert.

critical and financial success that it did. Thankfully, Fury Road deserved every bit of praise.

George Miller not only co-wrote a solid screenplay for Tom Hardy and Charlize Theron to maneuver, but directed the movie expertly. Mad Max: Fury Road will now be the action movie that all future action films will be compared to. Though many action films recently have attempted to reinvent the genre, none will ever reach the heights George Miller has with Fury Road. No one put Mad Max in perspective better than Michael Philips from the Chicago Tribune.

"The creator of the original Mad Max trilogy has whipped up a gargantuan grunge symphony of vehicular mayhem that makes Furious 7 look like Curious George."

Fury Road collected \$44 million during opening weekend; proving that sometimes audiences do give their money to more under the radar franchises and blockbuster releases.

Fury Road proves the effectiveness of direction and choreography when it comes to filming an action movie. It also proves that sometimes an abundance of dialogue and fleshed out characters is not always necessary to create something truly captivating.

Mad Max: Fury Road will continue to blaze through movie theaters this summer, and I highly suggest that movie fans everywhere check this out.

Pitch Perfect Two keeps the beat

BY Samantha D'Alonzo

Staff Wrtiers

Entering the theater to see Pitch Perfect 2, viewers might be bracing themselves for disappointment from another failed attempt at a comedy sequel, like Mean Girls 2, The Hangover: Part II, Caddyshack II or Weekend at Bernie's II.

However, Elizabeth Banks was able to direct a film that exceeded such expectations. Pitch Perfect 2 was filled with witty and relevant jokes, a new singing group, a new side plot, and numerous guest stars that one would think would not fit in a movie about college acapella, but really add a nice touch. This movie included the likes of the Green Bay Packers, Snoop Dogg/Lion, and both Barack and Michelle Obama.

This film followed Beca (Anna Kendrick), Chloe (Brittany Snow), and the rest of the Barden Bellas in their senior year of college as they face their newest rival: the German "Das Sound Machine." For whatever reason, all of these Germans spoke English, sang in English, and had a suspiciously large repertoire of American

The movie had a bit of a nostalgic feel as the girls were graduating, despite never attending a single class or doing a single assignment in either movie. The upcoming graduation gave the writers a good opportunity to introduce an alternate plot line involving Beca and her internship at a recording studio.

The main plot line felt a bit disjointed, like the writers were making up excuses for the groups to perform. When the groups did perform they performed great sets and overall the music was just as good, if not better, than it was in the first film.

Other than the few workers at the aforementioned studio and Das Sound Machine, there were few new main characters introduced.

Hailee Steinfeld was the most important new face and she played legacy Emily Junk. Steinfeld gave a good acting performance but her character was a bit underdeveloped.

The real star of the movie, though was Rebel Wilson as Fat Amy. Wilson was able to provide fresh, new jokes that were extremely well executed and extremely

The writers and actors did not rely heavily on jokes similar to the ones from the previous film and instead created new iokes and worked new angles, making the film more interesting. However, the film has been accused of its racist portrayal of some characters, especially a Guatemalan

Despite a highly praised performance in the original movie, Skylar Astin, who plays Jesse, and the rest of the Treblemakers had a very limited appearance and only performed one number.

Overall, Pitch Perfect 2 had a bit of a disjointed plot, but was able to make up for it in humor and great singing performances. No one can say that this movie struck the perfect pitch, but it is pretty harmonious and if you enjoyed the first movie, it is definitely something worth seeing.

The men of Madison Av. make their final goodbyes

ву Mike Colonna

Staff Writer

Don Draper. Meditating. On a rocky sea cliff, surrounded by hippies. Finding

This is the final image of Mad Men, the note that his story ends on; a note of harmony and forgiveness and ultimate happiness after Don's heart-wrenching struggle for his own soul.

This ending, far from the dark ending many predicted, will certainly divide opinions. Then again, Mad Men has always basked in its polarizing sequences. To close the show on such an ambiguous note only makes sense for a show that has always defied typical television trappings.

For those who are not familiar with the show, Matthew Weiner's Mad Men follows the lives of the mysterious Don Draper (Jon Hamm), his family members, including Sally Draper (Kiernan Shipka) and Betty Francis (January Jones), and several of his coworkers at their New York advertising agency, including Roger Sterling (John Slattery) and Peggy Olson (Elizabeth Moss).

Mad Men is not a show that relies heavily on plot; rather it has always been known for its heavily flawed characters and their deep, crippling internal issues. Over the course of seven seasons, we get to know each of them intimately, watching them triumph, stumble, make mistakes, and ultimately grow into stronger and bolder people.

However, it is in the final season that



Protagonist Don Draper (Jon Hamm) telling his daughter about the struggles that led Draper to be successful. Ultimately, Draper creates a clean slate and leaves such family members that he had wronged behind in order to sort himself out.

themes of redemption, of independence, money is not everything. Don's chase of and of moving on are truly brought to the an elusive waitress, who represents his fore. Throughout the show, Weiner has own fears and tendencies to run when done an incredible job moving the show along at a very deliberate pace, slowly building on each character, adding just enough every season to accumulate into something huge. The seventh season is the culmination of Weiner's hard work and the show's planned-out structure. Every character gets his or her time to shine, whether it be Roger and his conflicted feelings over the loss of an influential father figure, or Joan fighting for her independence from her maledominated business, or Peggy finally stepping into her own and climbing her way up the ladder of influence. Each moment feels natural and completely

Don's journey is perhaps the most polarizing, the most abstract, and yet the most consistent with Weiner's moral that things look tough, leads him across the country on a search for his own soul. This spiritual journey is clearly what Weiner always intended for Don, who has been plagued by his past and his feelings of being unloved his entire life. His ultimate recovery of his own self and feeling of being whole is in many ways a better and more satisfying conclusion to this troubled character.

At the ending, Don creates a Coca-Cola jingle that becomes immensely successful. The media has made many attempts to rationalize this advertisement and to fit it into Don's scheme. Make what you will of the Coca-Cola ad at the end; either way, it truly was an ending that left all of our beloved characters stronger and healthier than they were

How do Bow Tie and Soundview Cinemas match up?

ву Eli Lefcowitz Staff Assistant

Picture this: it is a rainy day in Port Washington and you have absolutely nothing to do. You have read all of @ PortSnowDay's tweets twice and have long exhausted your supply of Breaking Bad. You finally resolve to see a movie. You look up showtimes and see that the same movie is playing in both Bow Tie Cinemas and Soundview Cinemas. You are incapable of making the decision so you end up spending the day watching reruns of Friends.

This traumatic experience is quite possible if you are not well-versed in the two competing movie theaters in Port Washington. Only a few years ago, the theaters were both owned by Clearview and the moviegoing experiences were state-of-the-art digital theater for the

identical. However, Clearview Main Street was renamed Bowtie Cinemas, while Clearview Soundview became an independent family-owned theater named Soundview Cinemas. So how do you choose between the two? First you need to read up on some history.

Other than the name changes, Bowtie Cinemas has been under the same ownership for a relatively long time. The story of Soundview Cinemas is more intriguing. When Clearview abandoned the theater, it remained empty for over a year. In 2013, Jordan and Dara Desner chose to renovate the theater. Though experiencing initial legal difficulties in turning their dream into a reality, the couple eventually won and renovated the entire theater in just five weeks.

'We have put our hearts and souls into renovating the large space into a beautiful community's enjoyment and to bring life back to the Marketplace Shopping Center," said the Desners in an email interview.

They ended up establishing a prominent rival to Bowtie.

The current state of each theater is widely different despite the relative proximity. Bowtie provides you with the standard moviegoing experience that can be found and enjoyed anywhere in the country. As a part of a large chain, it is not given special attention, and as a result the decor and screens feel somewhat dated. However, the location on Main Street is ideal and very convenient for Schreiber students looking to catch a movie after school.

If you are looking for a unique experience, Soundview Cinemas is the way to go. Their medieval theme is definitely eye-catching, whether for better or for worse. Within, moviegoers

will be greeted with comfortable seats, clean theaters and knight-themed decor. As a family-owned business, Soundview Cinemas is more likely to give attention to updating its theaters in a timely manner. The Desners are very confident about the work they have done and firmly believe in their theater's superiority.

'With its medieval castle theme, expansive concession stand, amazing sound systems, and comfortable, wide leather rocker seats, it is the perfect movie theater for families and friends to gather and watch the newest box office hits," said the Desners.

While both Bowtie and Soundview strive to be your favorite theater, the choice is ultimately yours: would you visit the convenient and consistent Bowtie Cinemas or the unique Soundview Cinemas?

Amidst the hype, Jay-Z's Tidal awkwardly fails to make a wave

ву Max Miranda A&E Editor

On March 30, Deadmau5, Alicia Keys, Arcade Fire, Beyoncé, Calvin Harris, Coldplay, Daft Punk, J. Cole, Kanye West, Madonna, Usher, Nicki Minaj, and Rihanna joined Jay-Z in one room to back a relatively new music streaming service called Tidal aimed at changing the course of the arts. On March 31, the media hysterically laughed at a ridiculously outof-touch press conference.

With all of these extremely popular artists converging on one night, the expectation was that at least a couple of albums were going to be released. However, Tidal found a way to disappoint spectacularly, as at the end of the 14-minute press conference they all signed some vague piece of paper. Nobody mentioned what it actually said.

Tidal was first created by a Norwegian company called Aspiro, which was acquired by Jay-Z's corporation, Project Panther, in the first quarter of this year. Jay-Z then began a mass advertising campaign for Tidal using #TIDALforAll, and many celebrities changed their profile pictures to the color blue to advertise

Now as for the idea, the whole premise of Tidal is to compensate artists more for their work. Main competitor Spotify has

On March 31, the music streaming service Tidal had its relaunch press conference in which owners of the company including (left to right) Usher, Rihanna, Nicki Minaj, Madonna, Deadmau5, Kanye West, and Jay-Z signed an agreement to "change the game" in music streaming. This picture accurately describes the press conference as a whole: star-studded, flashy, yet wholly awkward.

been criticized for only offering artists \$.006 to \$.0084 for each listen, and Tidal's point is that this is not nearly enough. That argument is fine to make, but the public runs into a problem when these artists propose that they are changing the course of human history.

"Every great movement started with a group of people getting together, really just to make a stand. This collaboration feels so egoless. Everybody's having a conversation. We really do have an opportunity to change the way we all experience art," said co-owner Beyoncé in a promotional video for the company.

How are they "changing the way we all experience art" you might ask? The answer: slightly better sound quality. Pay an extra \$10 a month and you can get even slightly better sound quality than that. And there is nothing egoless about a bunch of celebrities getting together, not to pitch new ideas, but to gratify themselves for joining in on a service that pays them more money than other services.

Truthfully, it is quite obvious that Tidal is offering absolutely nothing revolutionary, and every review of the streaming service has consistently praised their high sound quality but preferred Spotify because its iOS app is actually fully functional.

Such a lack of functionality has been completely reflected in subscriber numbers. Spotify has amassed 10 million subscribers while Tidal's service has only grown a couple hundred thousand since being in the United States. This is especially weak considering the fact that each one of the eighteen artists who own it have more followers on Twitter than Tidal has total subscribers.

Though Jay-Z and company will continuously deny that Tidal competitors properly pay artists, Spotify has doled out over \$1 billion last year alone, and while YouTube is more culpable, it has paid about the same amount over the last few years. xTidal has faced countless criticisms, and its owners have vigorously tried to defend the company, if in vain. On May 16 during a private concert for Tidal subscribers, Jay-Z took a time out of his show to make a freestyle about life. In which, he lumped incidents of racism across America (mentioning the deaths of Freddie Gray, Trayvon Martin, and Michael Brown) with the oppression he felt Spotify and Google had over artists. This was seen by many as offensive and a sign that Tidal really is struggling if it needs to be so broadly defended.

With only 7% of Spotify's following, Tidal isn't doing well. It seems like the average user will confirm that Tidal is more walking in circles than starting revolution.



On May 16, Jay-Z had a private concert for certain Tidal subscribers at which he created a great deal of controversy with his freestyle rap. Grouping together racial issues with the supposed oppression of artists created negative feelings for his music streaming service.



Daft Punk and a number of other musicians group together in the promotional video for the new music streaming service Tidal.

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Athletes of the Month &

Andrew Adelhardt



Junior Andrew Adelhardt runs the 1600m on May 18 in the Division Championship race. Adelhardt broke his personal mile time record by

running it in 4:25.

Ashley Meyer



Courtesy of Ashley Meyer

Senior Ashley Meyer rows at the Royal Canadian Henley event during the 2014 season. Meyer will be one of four girls representing the Vikings at nationals next month in Sarasota, Florida.

Former Viking golfer qualifies for the LPGA Tour

Sports Editor

Although Schreiber prides itself on athletic accomplishments, hearing about a former student succeed at a professional level is rare. No, Kelly Shon ('10) is not in the NBA or the NFL, but she is a Schreiber graduate who qualified for the LPGA Tour, and she is ranked among

the top 100 female golfers.

Thus far in 2015, Shon has competed in nine LPGA Tour events, with her best performance coming most recently between Feb. 5-8 where she placed in 11th place, winning \$21,651.

Shon became a member of the boys golf team in eighth grade, before coming to Schreiber.

During her five year career on the team, Shon helped the team win three straight conference titles.

Shon placed second in the 2010 Nassau County boys high school tournament and qualified for the 2010 New York State boys championship tournament. Because of the lack of female golfers on Long Island, the majority of golf teams are officially listed as "boys golf teams." However, girls are allowed to

be members of these teams. In this way, Shon was able to participate in the boys golf tournaments while at Schreiber.

Shon won the 2009 American Junior Golf Association Aldila Junior Open and the 2010 AJGA event at Kingsmill in Virginia during her time at Schreiber.

Upon graduating, Shon became a member of the Princeton golf team and won multiple honors.

During her freshman year at Princeton, Shon won the first-team All-Ivy League, and qualified for the U.S. Women's Open and came within one shot of making the cut.

The next season, in 2011-2012, Shon qualified for the 2012 U.S. Women's Open and the U.S. Women's Amateur Public Links Championship.

The next season, Shon was the Ivy League Player of the Year, an NCAA Championship qualifier, and had the highest finish at the NCAA finals in Princeton and Ivy history, tying for 37th at +10 in the tournament held at Georgia.

During her final year at Princeton (2013-2014), she was named the Ivy League Player of the Year, qualified for the first-team All-Ivy League, and placed second in the Ivy League Championship.

After accomplishing so much in her high school and collegiate play, expectations are high for Shon. Being that it is only her rookie year on the Tour, Shon looks to improve with every swing.

Her inspiration for the game came from her mother, Kae. Starting at the age of 12, Shon fell in love with the game and has not looked back.

From her high school days, training has always been a top priority. After each match for the Vikings, Shon would go back to the course, win or lose, and work on chips, puts, and drives. Anything that could be done to improve her game, Shon did. Coach Doughty often uses Shon's tactics as a way to improve her current team.

"We often used to hear about how



golfweek.com

Kelly Shon lines up a putt on the 18 hole in the first round at the 87th Annual South Atlantic Amateur at Oceanside Country Club. Shon is currently on the LPGA Tour and is ranked 96th.

good Kelly Shon is and how good the team was when she was on it. I think a couple of us, including myself honestly, got a little annoyed and used it as motivation to show everyone how good our team really is. I think it is safe to say that this motivation paid off and worked," said senior Eric Schissel.

Golf finishes undefeated season and seeks championship

BY Justin Suzzan Staff Writer

When it comes to golf in Nassau County, Port has always been looked at as a powerhouse. This year is no exception.

The boys varsity golf team finished where it left off last season by improving on its 7-1 record and finishing its undefeated season last week with a win in its eighth matchup.

The Vikings captured their second consecutive conference title this season.

"We knew going into the season we had a good team. We're really happy with our results during the regular season," said sophomore Sean Siegman.

With its impressive regular season run, the team has earned a spot in the county tournament. The Vikings continue to set their goals higher and are expecting to have a deep playoff run this season

This year culminates the long career of senior captains Eric Schissel, Nick D'Alonzo, and Eric Beil. Having been on the team since each of their freshmen years, the trio has had their eyes on a championship since day one.

All three seniors have been stressing the importance of making this season count while achieving their goals.

"We all want to make this season the most memorable it has every been. It would be awesome if we accomplish something great during my last season," said Schissel.

These three senior captains have had the most experience being on the team. For them, it is all about being calm and collected on the field.



Senior captain Eric Schissel tees up at Sands Point Country Club during a practice on May 12. Schissel, along with seniors Nick D'Alonzo and Eric Beil, junior Theo Nick, sophomore Kyle Harding and freshman Spencere Pere, will represent the Vikings at the county tournament on May 19.

"One of the most important things is to be comfortable when you're playing. All of our experience has been helping our team out," said Beil.

These upperclassmen are not they only ones making an impact on the team. Junior Theo Nick has risen to be a top player on the squad, and looks to take the high level of leadership established by this year's senior captains and maintain it next year. Freshmen Spencer Pere is in his second year on the team. This season, he has again proved to be one of the best golfers on the team.

Besides the team's captains, the boys are led by Head Coach Ms. Kathleen

Coach Doughty encourages the team to improve on its skills and reminds them to continue setting goals as high as the team believes is possible.

Staying confident during the season is a huge aspect to playing well.

If the team keeps up its confidence and good attitude brought on by its coach, it will continue to play well at Counties this

season and likely next season.

Early on there were some difficulties with the weather being unpredictable. Many of the players said that it was important to get out into the field before the season began; however, the weather prohibited them from doing so.

"Before our first matchup we've only had a couple of practices and even during those practices the weather was not the best. We just had to keep trusting our game and thankfully we started our season out very strong," said Siegman.

Next year, when the varsity team loses its three senior captains, the remaining players on the team will look to step

The team is still confident that it will have an impressive season. Other key players include Nick, Siegman and Pere.

Each will look to carry out Port's dominating golf tradition.

One of the reasons why the team is so successful, aside from its talent, is that it has created a family for itself.

You cannot ignore the togetherness of all the players. Everyone is always trying to help each other on their game.

We enjoy playing with each other and we have fun but all of us also never lose focus," said D'Alonzo.

D'Alonzo, Beil, and Schissel are all very upset to be leaving the team. They all have had impressive high school careers, winning Port a few conference titles in the process.

"My four years on the team have been the best thing about high school for me," said Beil. "I'm sad to go, but I'm happy with this team.

Boys tennis has dominant transition season but falls in semifinals

BY Kevin Hazan and Andrew Kerr

Staff Writers

The boys tennis team wrapped up its 2015 season with a regular season record

On paper, the team did not seem as though it had much potential coming into the season, but they surprised many and finished 10-2, matching the record from last season.

The three singles players were all sophomores, making the team the youngest in its league.

Senior captain Sam Reisman was proud of the record the team achieved, and was able to rally the team during matches to keep spirits high.

"Before every match I gather the entire team on the court. Regardless of the opponent, easy or hard match, I make sure the entire team is on the courts gathered with their arms around each other. I won't start speaking until everyone is there," said Reisman.

The team knew they could not take any opponent lightly if they wanted to win. Since the beginning of the season, the team knew that it was the underdog in the conference, and all the other teams believed that they could stomp over the Vikings for an easy win.

To ensure that everyone remained positive, Reisman constantly encouraged the players, and also gave tips to make sure that the team would leave the match knowing they did the best they could.

"I stress the importance of cheering everyone on. We've had situations this year where we've been really far down, and I gather everyone to cheer the player

on, and we make a comeback," said Reis-

The Egna twins, sophomores Max and Austin, were the second and third starting singles for the team.

Although they are underclassmen, the twins brought a young competitive spirit and serious game to the courts.

The two love to play on the same team, as they have played together their whole lives. The Egna twins played a very important role on the team this year, helping bring it to success.

'It's awesome to have my brother as a teammate. We are so comfortable around each other and we support one another. We always cheer each other on, which motivates and builds up our confidence," said Max Egna.

Having someone as close as a twin really helped the brothers perform well, because if one of them was discouraged, the other could give advice only a brother could. Especially because they were the second and third singles players, they had a lot of weight on their shoulders the entire season. Having one another helped them relieve this stress.

Other notable players include first singles player sophomore George Kaslow, first doubles senior Yuki Yoshinaga and sophomore Tim Serignese, and third doubles freshmen Justin Suzzan and Dylan Spilko. Each of these players were consistent throughout the season and won the majority of their matches. The team went on a six game win streak to end the regular season.

'We stuck to our game plan of playing smart and consistent tennis. This strategy allowed us to advance with momentum into the playoffs," said Egna.



Sophomore George Kaslow hits a forehand against the Plainview JFK Hawks on May 11 in the first round of the playoffs. The Vikings won the match 6-1 and moved on to the semifinals against Syosset.

This win streak proved that Port tennis is serious competitor, showing the conference that although the team is young, it is still capable of beating anyone.

Making it to the playoffs was something nobody thought they could do. Excited for the playoffs, the team had to stick to a game plan; do not treat these games any differently than any regular season game they had played.

The Vikings defeated Plainview in the first round of the playoffs on May 11, with a score of 6-1. This was the third time the Vikings beat Plainview, each time adding a victory. Advancing to the conference semifinals, they faced Syosset. The Vikings lost the match 7-0.

Finishing his high school career, Reis-

man has high expectations for the following year's team. This year, the Vikings' only losses came to the 12-0 Cold Spring Harbor team.

Defeating everyone else in their conference, Cold Spring Harbor is the next team to beat for the Vikings, and Reisman thinks it can be done soon.

'We have the youngest team in the league, and we still went 10-2. I expect the team to finally accomplish what we haven't been able to do in my entire high school career and beat Cold Spring Harbor. I expect a 12-0 record next year. In two years from now we will be considered one, if not the best team in the state. We can only get better from here. Our potential is off the charts," said Reisman.

Calling the Shots

By Seth Barshay

The recent four game suspension of Tom Brady and the related fines to the New England Patriots by the NFL, due to the team allegedly gaining an unfair advantage by deflating balls below the sanctioned limit, brings several questions to the table.

One such question is whether the Super Bowl that the team won last February was deserved after cheating during the AFC Championship Game against the Indianapolis Colts in order to make it to the big game.

This scandal will also likely tarnish the legacy of Brady, one of the most decorated and arguably one of the best quarterbacks in NFL history.

"Tom Brady is a role model to millions across the country. What he did was a disgrace because it showed the younger generations that winning can require cheating," said junior Jed Bondy.

Outrages like what has been called Deflategate, a play on words from the Watergate scandal of the 1970s, show that integrity among athletes is necessary in all sports at every level, including in high school athletics.

This is especially essential in sports in which there is no independent referee officiating during matches, as is the case with sports like tennis, badminton, and golf.

"With golf it's all honor, which is what makes the game of golf so great. Going

Deflategate calls athletic integrity into question



bleacherreport.com

New England Patriots quarterback Tom Brady shakes hands with Indianapolis Colts quarterback Andrew Luck after defeating the team in the NFC Championship Game. Brady and the team have both been under fire recently after allegations and evidence that they gained an unfair competitive advantage by deflating footballs.

into a match I don't think anyone (especially not on our team) has the expectation of doing anything but going out and giving it 100 percent in the most fair way possible. When you win, you want to win because you're genuinely better than your opponent," said senior captain golfer Nicholas D'Alonzo.

In addition, like in the NFL, there are

preventative measures toward gaining an unfair competitive advantage like Brady did. However, this apparently does not mean that nobody will still try to gain such an advantage.

"On our team we all carry rule books in our bags just in case something does arise that is questionable. It's obviously not fair to the game and your team if you try to cheat because it will come out sooner or later that you did when you can't match that level of performance. It actually happens in matches quite frequently where my opponent has insisted he got a lower score than he actually did. This is why it's always important to keep track of everyone around you. Golf is probably the hardest sport to play with total honesty because of the lack of authority, but on our team we pride ourselves with playing our hearts out and giving everyone a fair chance around us because in the end it makes winning that much better," said D'Alonzo.

Although it seems easier to have less integrity in a sport that is not independently officiated, that does not mean that it does not occur in team sports that do involve referees, even at the high school level.

For example, while playing on a travel soccer team, junior Daniel Ernst witnessed this lack of athletic integrity first-hand, specifically with a teammate point shaving for monetary reasons when in a bind.

"There was a situation on my soccer team where a player and his dad were in a terrible financial situation, and instead of the teammate trying in games, he would play according to how his dad bet on the game with the relatives and friends he brought to the game. When he was kicked off the team, I immediately felt betrayed, but looking back on it, he had to do what he had to do," said Ernst.

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VIKING SPORTS

Boys and girls rowing have impressive showing at States State winners qualify for Nationals in Sarasota, Florida from June 12-14

By Dillon Nissan

Staff Writer

The boys and girls varsity rowing season has ended, and the team returns home from states victorious.

After a difficult season, the rowing team has won the state championship.

Most spring races are very short, so the team works at a 2 to 6 minute range of pieces in order to train. As the saying goes, a minute of pain is worth a lifetime of glory.

Senior Ashley Meyer remembers how at the start of the season, each girl went around sharing which goals they had for the end of the spring season.

"Mine was to win states in the lightweight 4+ and qualify and compete at Youth Nationals. It is one of the best feelings knowing that we've made it, and we're training non-stop to make it as far as we can on the national level." said Meyer.

It is one thing to practice hard, but it is so much more rewarding to see the hard work and effort pay off.

"Well, everyone did really great as a whole and as individuals. Not only did we see great performance in competition throughout the team's season, but also we saw tremendous progress with all of the rowers. Most notably, the freshman men and women's team made many improvements during the season, finishing off their run at the State Championship competition in Saratoga," said Bosgang.



Courtesy of Aaron Bosgang

Junior 4+ gold medal winning boat members celebrate their victory by throwing their coxswain into the water, a common tradition amongst victorious crew teams. The boys also qualified for Nationals and look forward to the challenges that lie ahead.

Without time to strategize, rowers need to go into races with winning mentalities. It is important to be constantly pushing yourself, as Coach Mr. Steve Panzik put it, to "get out ahead and stay out ahead, right from the start."

Using this approach, the team got the job done and finished with gold in the state races. The team definitely has the athletes who are motivated and dedicated to focus on strategy and achieving their goals.

"Winning states means qualifying for nationals. This team has accomplished goals of this caliber before, and I do not have much doubt that if we put in enough effort, we will see results," said Bosgang.

Although the race was very intense, all members of the team performed well. At the State Tournament, the teams earned gold medals in girls 2-, boys junior 4+, and boys freshman 4+. The girls lightweight 4+ earned a silver medal and qualified for a coveted spot to row at the U.S. Rowing Youth National Championships in Sarasota, Florida from June 12-14.

"Winning states means qualifying for nationals. This team has accomplished goals of this caliber before, and I do not have much doubt that if we put in enough effort, we will see results," said Bosgang.

Meyer was also very proud of how the girls performed in states.

"I couldn't be happier with the level of

racing we accomplished this year at State Champs. On Saturday, we raced in Time Trials, which determines whether your boat makes it to the Grand Final or the Petite Final on Sunday. We were super happy that we ended up making it to the Grand Final the next day, where we won a silver medal. I'll never forget what it felt like getting off the water, knowing that my girls and I had made it to Nationals," said Meyer.

The race took place on Mother's Day, and Ashley's mom was extremely proud of her daughter.

"When I had called my mother that afternoon to wish her a Happy Mother's Day, she said, 'Ashley, I heard! This is the best Mother's Day present I could ever receive.' I am super proud of the girls in my boat, we've all worked very hard for this," said Meyer.

This race was a win for both the upperclassmen and the younger athletes. The newer rowers got the experience of a truly intense and competitive regatta, while the more experienced members of the rowing team were able to test their ability against other top teams in New York State.

"The team has only gotten faster since our first season five years ago, and there is no reason for us to stop here. There are setbacks like losing valuable teammates and having off races, but that's a given with rowing. The separation between the good and the great is who will work even harder to improve even after they think that they can no longer progress. I like to think that Port Rowing has a lot of people who deal with setbacks at an exceptional level," said Bosgang.

With all the talent that these teams have, the rowing teams expect to succeed for years to come.



Courtesy of Ashley Meyer

(Left to Right) Seniors Ashley Meyer, Jess Sims, and Molly Alstodt, and Coach Mr. Darren Gray and sophomores Maddy Lavin, and Eva Tamkin pose with their medals after qualifying for the national tournament.