

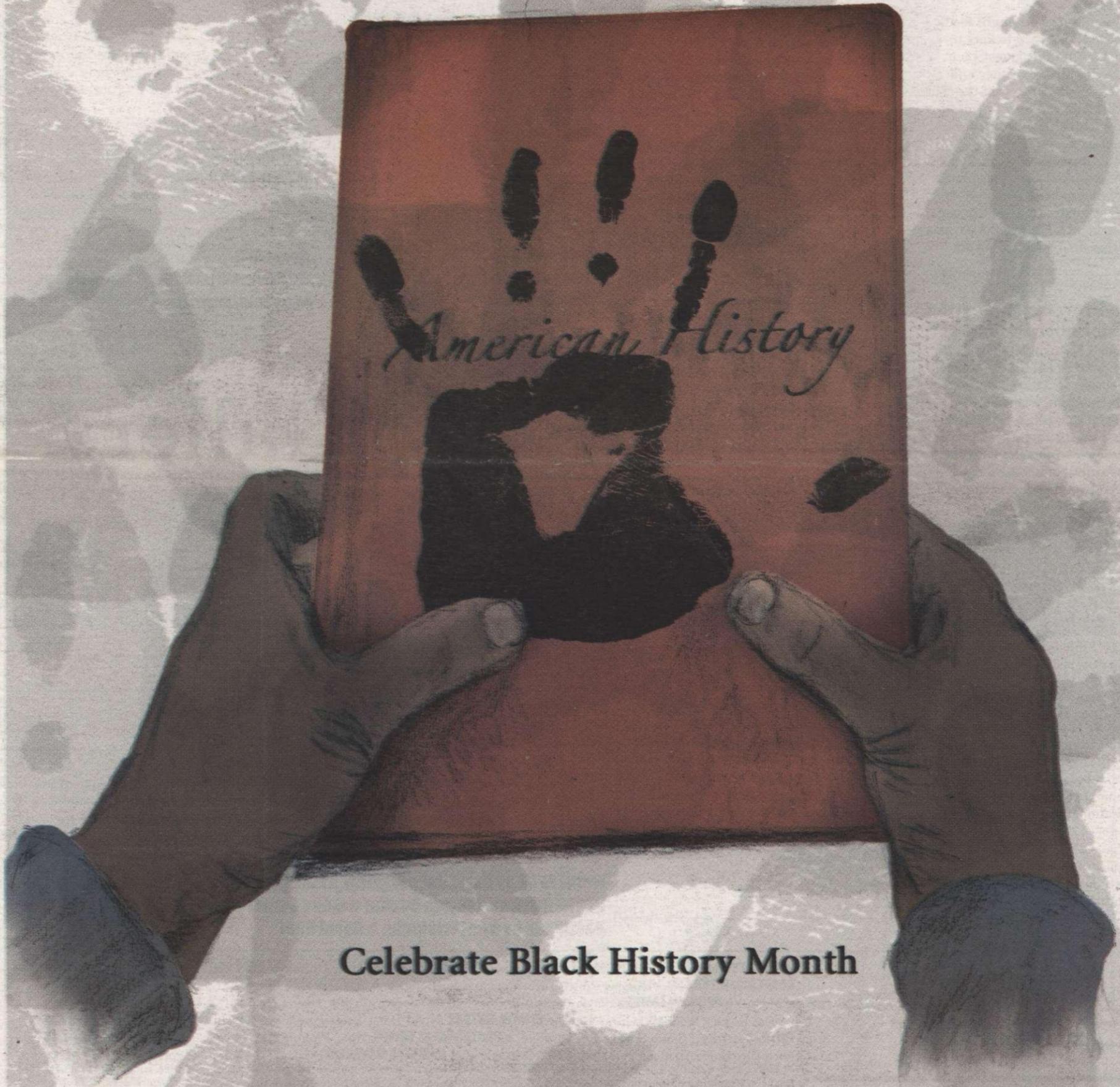
Non-Profit Organization
U.S. Postage Paid
Port Washington, NY
11050
Permit No. 162

The Schreiber Times

2005
Friday, February 18



Paul D. Schreiber High School Port Washington, New York Volume LV No. 6



Celebrate Black History Month

Obesity at Schreiber Corporal Punishment Boys Track Advances to States
Teacher Talent Show Thrills Again *Romeo and Juliet* Captivates Audiences

NEWS BRIEFS

FBLA hosts dinner to raise \$ 400 for Tsunami Relief

The Future Business Leaders of America (FBLA) hosted a charity dinner to raise money for the victims of the tsunami on Tuesday, February 10. Local restaurants Bana Bagel, Bayview Deli, Carlo's, Difference, Dynasty, Finn McCool's, Frank's, Gino's, Port Diner, Montebello, and Razzano's donated food for the dinner.

Club members also brought food. FBLA also raffled off two tickets to MTV's hit show Total Request Live (TRL). Junior Andrew Kramer and sophomore Amanda Buss won the tickets. The FBLA raised over four hundred dollars by the end of the night.

"The contributions from the local vendors were unbelievably considerate," said FBLA president Zach Bergman. "I was very pleased that so many of Schreiber's students came out to support the cause, in what I believe was a greatly successful charitable event."

~ Sophie Kroft

Suicide Prevention Meeting for Schreiber Students

Schreiber's Natural Helpers and Peer Helpers attended a Suicide Prevention meeting on Thursday, February 10. The meeting was meant to cover material regarding teen suicides and how to prevent them.

The students watched a Dr. Phil episode regarding teen suicide, which was followed by a discussion regarding how this tragic reality can be prevented in the future for teens at Schreiber.

~ Dani Malekan

Mr. Cicatiello says goodbye to Schreiber

This past October, maintenance worker Mr. Domenic Cicatiello put his artwork on display in the gallery in the atrium. The show displayed Mr. Cicatiello's career as an artist and showed his broad talent and mastery of different mediums such as watercolor, oil paint, colored pencil and graphite.

Mr. Cicatiello took an early retirement this month. His last day working was February 15. He will be greatly missed by all those who knew him well, or just admired him for his grand talent and artwork. Mr. Cicatiello plans to continue working on the artwork he loves to create after his retirement.

"He was a conscientious, hard worker. He liked doing what he did," said Head Custodian Mr. Dave Albury, who worked with Mr. Cicatiello for several years. "He was very quiet, but he was always willing to help others. We wish him luck in his retirement."

~ Sophie Kroft

Errata

The Times falsely accredited the article "Tsunami Relief: US Contributions to tsunami relief are wave-ring" in the opinions section in the issue published January 24, 2005 to David Epstein. The article was actually written by Asher Feldman. The Times deeply apologizes for this mistake.

FOUND!

Girls 2005 School Ring
Call 883-9111 or Building and
Grounds Office at 767-4313
Ask for Jerry

Inside.

FEATURE: Obesity at Schreiber



NEWS.

Blood Drive p.4
Women in Sports p.5
Chamber Concert p.5

OPINIONS.

Hot 97 debate p. 8
Teens & Money p. 9
Risky Business p.10

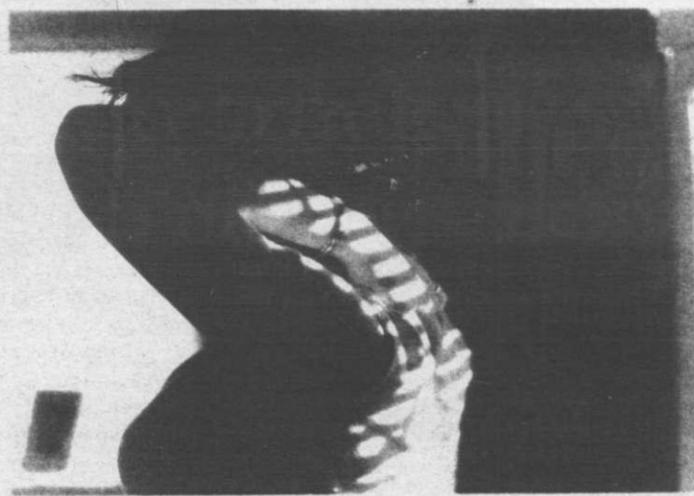
A&E.

Romeo & Juliet p. 20
Bagel Boss p. 21
The Mars Volta p. 22

SPORTS.

Gymnastics p. 24
JV 2 Basketball p. 24
Super Bowl Editorial p. 26

Photo Gallery



Senior Shelby Kovant took this photo of her sister sophomore Lara Kovant, for her AP Photography class. The assignment was to photograph the figure in natural light. Kovant was attracted to the light from the blinds.

FRONTPAGE by Daryl Koopersmith, Katie Mancher, & Jon Seligson
CENTERFOLD by Jessica Becker & Emily Singer
BACKPAGE by Brett Friedman & David Baer

Kaleidoscope Corner

Kaleidoscope, Schreiber's literary magazine is printed annually and features student artwork, poetry, photos, and prose. Here is an excerpt from this year's magazine.

The Stairs

I stand before these stairs that hold
A story that takes my soul up out of
My body, up these stairs I see the
Future flash before my eyes I picture
Your face next to mine
Holding hands up every step we go
Don't let go
Don't let go
I hope this will never end as I
Lay myself down with you
I feel weightless, that

I can float here forever
I can look into your snow white eyes
And still see your smile
There is no other feeling like it
This my destination here with you
On these stairs where we lay down

~ William Santiago

The Schreiber Times

Published by the student body of Paul D. Schreiber High School. Letters to the editor should be addressed to *The Schreiber Times*, 101 Campus Drive, Port Washington, New York 11050. The editors reserve the right to refuse, print, edit, return, or not return any submitted material. All letters must be signed by each author. We have a circulation of 2,000 copies per issue with subscriptions available for \$10.00 per school year. We accept camera-ready ads or will design ads to your specifications. For information, call our business office at (516) 767-5862.

Jay Lewis, principal
Anne Pellett, Evelina Zarkh, advisers
© 2004, *The Schreiber Times*

● **EDITORS-IN-CHIEF** Jessica Becker, Emily Singer ● **MANAGING EDITOR** Emily Gordon ● **COPY EDITOR** Adwait Parker ● **ARTS/GRAPHICS EDITORS** Daryl Koopersmith, Katie Mancher, Jon Seligson ● **NEWS EDITORS** Pamela Arnett, Sophie Kroft, Daniella Malekan ● **OPINIONS EDITORS** Sarah Catanzaro, Tom Lisi ● **ASST** Jeremy Frank, Deena Zeplovitz ● **FEATURES EDITORS** Andrew Gross, Hillary Wool ● **ASST** Gulus Emre ● **SPORTS EDITORS** David Baer, Brett Friedman ● **ASST** Jus Chadha, Ben Jaffe ● **A&E EDITORS** Rebecca Sander, Sarah Silvergleid ● **PHOTOGRAPHY EDITOR** Marc Flamm ● **ASST** Steve Lee ● **COMPUTER MANAGERS** Nick Bratskeir, Anoushe Jamshidi ● **ASST** Adam Silbert ● **BUSINESS MANAGERS** Nick Werle, Zubin Zaveri
● **STAFF** Steffy Fertitta, Ariel Malekan ● **STAFF WRITERS** Damian Bidikov, Sidney Ginsberg, Shira Helft, Lane Mergler, Emily Mottahedeh, Kathryn Podobinski, Melinda Salaman, Aileen Schefer, Amanda Schiff, Sephane Seeman, Erin Szulman, Andy Werle ● **REPORTERS** Jessica Aloe, Ali Bernhard, John Byun, Brian Cindrich, David Kim, Heather Larkin, Michael Lau, Chase Rosen, Brian Tashman, Lisa Qiu ● **ARTISTS** Andrew Martinolich, Max Garrett ● **PHOTOGRAPHERS** Tiffany Ledner, Matt O'Dell, Matt Siegle ● **HEAD PHOTOGRAPHER** Liz Corkett
● Some material courtesy of American Society of Newspaper Editors/KRT Campus High School Newspaper Service.

YES! I want to subscribe to *The Schreiber Times*

Name _____
Address _____
City _____ State _____
Zip _____

Subscriptions cost \$10.00 for coverage of the entire school year (approximately 10 issues). Please make checks payable to: *The Schreiber Times*.
Mail to: Schreiber Times, Att. Anne Pellett, 101 Campus Drive, Port Washington, NY 11050

Risky Business assembly explains what's really going on with Schreiber students

BY Stephanie Seeman
Staff Writer

The risky sexual behaviors of teenagers was addressed as the main topic of the "Risky Business" assemblies organized by Schreiber Guidance and Counseling Service Director Ms. Ronnie Smithline and Athletics Director Ms. Rose Bonanno, in conjunction with the Safe and Drug Free School Committee and the Parent Council. It was staffed by the guidance counselors, health teachers, social workers, and psychologists in the district and geared towards parents with children in grades four to twelve.

On October 20, 400 parents attended the first "Risky Business" program at Weber Middle School. The program was not only geared towards parents in Port, but as it addressed problems that children and teenagers around the nation face, it welcomed parents from around the Long Island area.

"At the first program the parents were very receptive," said Ms. Bonanno. "We will continue to provide information to parents regarding new trends and problems children are facing."

More recently, 200 people attended the second part of the "Risky Business" program, which was held on February 2. This private gathering prohibited students and children from attending because it was geared toward the point of view of parents.

The focus of this session was to encourage parents to initiate conversations with their kids in order to establish more support for them, and to establish acceptable rules

regarding risky behavior, such as sexual behavior and drug and alcohol abuse. Parents were coached to set family value guidelines and to express their thoughts in a clear manner. Advice was given on good parenting practices such as instilling more confidence in children.

The program was not specific to just Port kids, but to the growing nationwide problem of unsafe sexual behaviors in teenagers. Discussions also incorporated ideas similar to those that were presented by the *Today Show* anchor, Katie Couric, in a recent special she did on teen sexual behavior. The idea for the school's assembly came from a similar program that was held by the Yes Community Counseling Center in Rockville Centre.

"It was a huge success and hopefully every parent who attended went home on both nights and shared some of the evening with their children," said Ms. Smithline.

Parents' evaluations that were returned to the event coordinators at the end of the program indicated that parents were concerned about what they were hearing about their teens, but that they were glad to be informed of the situation. Many parents suggested having another session that would be attended by both children and their parents.

Ms. Bonanno commented that this would probably be the last assembly on this topic, but that the school "will continue to provide information to parents regarding new trends and problems children are facing."

Mock Trial competes mightily

BY Daniella Malekan
News Editor

"It was a very strong opening performance," said team member sophomore Jamie Pillet.

Bethpage's team won the point-of-law, which means that the side that they played won the trial itself. The winner of the competition is determined by the points received for arguing more clearly and efficiently.

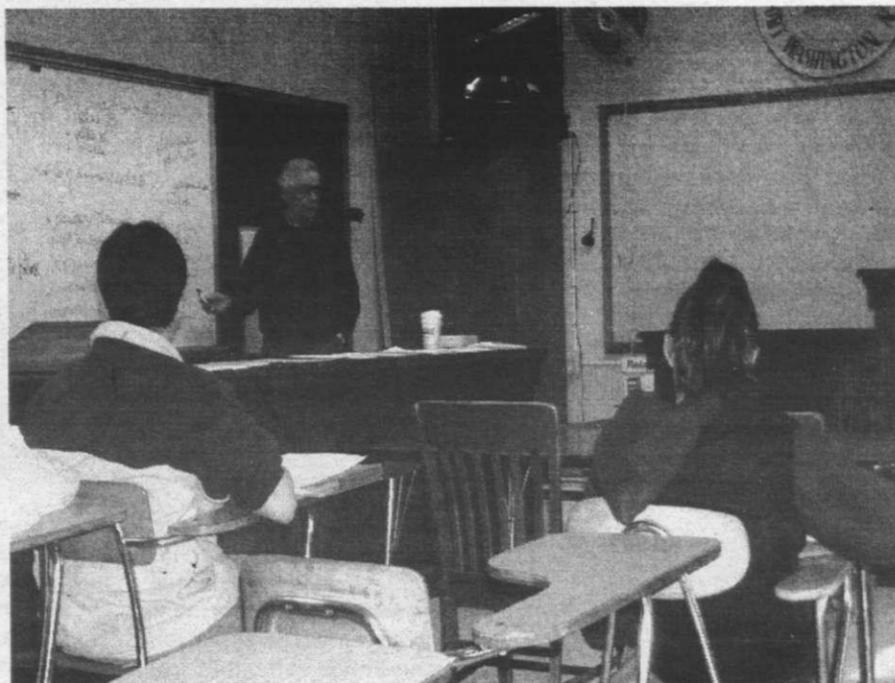
Schreiber's team represented the defense in a case that involved a girl suing her parents for money. She lost her life savings after her parents invested all of her money in a stock whose price plummeted after the company fell apart because of illegal trading activity that

was taking place.

Senior Jake Fainzilberg and sophomores Pillet and Jake Singer were the attorneys in the case, and seniors David Depouli and Steve Gokberk and junior Amanda Furino were witnesses. Team members sophomores John Forman and Jacob Mastbaum also helped tremendously with the preparation of the case.

Social studies teacher Mr. Ed Edwards advises the team, which is one of forty-four teams competing in the league.

The team's next trial will be against Wheatley High School, where Schreiber's team will be representing the plaintiff. They have been working diligently to prepare for their meet, where Pillet said the team is "hoping for more wins."



Sophomores Jake Singer and Jamie Pillet learn eagerly from advisor Mr. Edwards about the ins and outs of the next part of their case.

BOE notes: February 1

BY Nick Werle
Business Manager

While many Board of Education meetings start with Superintendent of Schools Geoffrey Gordon reading about Schreiber students' achievement or talking about the new high school initiatives, the February 1, 2005 meeting of the Board had a decidedly different focus – the district's elementary schools.

A PowerPoint presentation on the elementary schools, led by Sousa Principal David Meoli, was the centerpiece of the meeting. The presentation focused on five initiatives.

First, Dr. Linda Welles, Principal of Manorhaven Elementary School, discussed the district's updated standards for mathematics instruction. The New York State mathematics curriculum, new in the past few years, has necessitated a renewed look at mathematics education in all grades.

Recently, the elementary schools have added several math resource teachers; these teachers have led a restructuring of the curriculum that follows specific guidelines passed down from the state education authorities. The curriculum follows six "principles of math" and many different "content strands" and "process strands." The presentation featured multiple examples of student work that represented these standards.

Dr. Welles said that the math resource teachers' roles have become more important in the last few years. They help with curriculum and staff development and provide in class and pull-out support programs.

Dr. Meoli then presented a program on differentiated instruction. The presentation was mostly a list of different ways to differentiate learning, product, and participation within the classroom. Examples of students' work showing these differentiated practices were shown. Dr. Meoli championed the importance of student and teacher choice in any differentiated environment.

Contrary to misconceptions, differentiated education is not only used in elementary schools to cater to high and low end learners, but instead allows people with different learning styles and types of intelligence to participate.

Next, Barbara Giebel, Interim Principal at Guggenheim Elementary School, discussed character education in Port's schools, an established part of the curriculum in all aspects of instruction.

According to Ms. Giebel, the primary goals of character education in the district is to teach children to have good self-esteem, assume responsibility, know right and wrong with regard to school rules, work cooperatively, develop decision-making and problem-solving skills, develop self-discipline to achieve goals, and resist negative peer pressure.

Ms. Giebel then outlined the main initiatives in the schools to teach to these goals. The Kings Point Merchant Marine Academy sends cadets once per week to work with the students at Daly. Manorhaven School has regular kindness assemblies and stresses themes of kindness.

Next, Daly Principal Elaine Ajello

talked about the district initiative called "Learning to Write Writing to Learn," which stresses the role of writing in all academic disciplines. To this end, writing is used in all subjects – even in math where students keep math journals to record their problem solving solutions.

Then, South Salem Elementary School's Principal, Christopher Shields, told the board about alternative funding that the schools use in this time of tight budgets and financial cutbacks.

One of the greatest sources of alternative funding comes from arts grants that bring groups into the schools such as Martha Graham School of Contemporary Dance, the American Ballet Theater, and the Nassau County Museum of Art.

Mr. Shields enthusiastically thanked the Port Washington Education Foundation for its support with numerous grants. He also heralded a local community member who taught yoga in the schools. Dolphin Bookshop helps with author visits to the schools as well.

PTAs and HSAs are also important sources of funding, Mr. Shields said. They provide funding for many activities, purchase equipment, and help students who cannot afford school trip expenses to go with their friends.

Dr. Welles closed the presentation with a section called "Looking Ahead," a list of requests for the coming year. Dr. Welles focused on two services that were cut in the last budget and asked for them to be returned and one item that the principals have been requesting for years. First, she asked for full time

teachers to be employed at every school, citing the role of the art teacher outside of the traditional classroom setting. Second, she requested funding to be returned to staff development initiatives, which would allow teachers to attend conferences and bring back new teaching practices to the entire community. Finally, she talked about the need for assistant principals at the elementary schools.

Board questions followed the presentation. The questions focused on the accountability with regard to differentiation in the school. The Board members asked about how students needing a differentiated program were recognized. While the Board members asked about differentiation on high and low ends of the learning curve, the principals gave most of their answers about the low end. Board Member Mark Marcellus in particular seemed dissatisfied with the accountability structures on the high end.

Upcoming BOE meetings...

Tuesday, March 1, 2005, 8:00 p.m.,
Schreiber
Friday, March 4, 2005, 8:15 a.m., Ad-
ministration Building
Tuesday, March 8, 2005, 8:00 p.m.,
Schreiber
Friday, March 15, 2005, 8:00 p.m.,
Weber

118 pints of blood donated at Schreiber's blood drive

BY Pam Arnett
News Editor

As senior Robyn Schecter sat down for the first time to donate blood, a rush of excitement and nervousness overcame her.

Schecter commented, "I was really scared at first. They took you into this little area individually and placed your arm on a table with all this equipment. I was actually so nervous that I began to start crying!" said Schecter. "But the people were really nice and comforted me. After my blood was drawn, I was fine. It felt really nice to know that I could have helped save the life of several people that day."

Many students and community members over the age of seventeen donated a pint of blood for Schreiber's annual blood drive. The drive took place on Thursday, February 10, 2005, and a total of 118 pints of blood were collected.

The blood collected will be used for patients in need of kidney transplants and liver transplants. The blood is also needed for emergencies and people who suffer from leukemia, blood disorders, sickle cell anemia and patients who need blood transfusions. "One pint of blood may save the lives of up to five patients," said school nurse Susan Gombert, who helped organize the drive with other members from New York Blood Services. "It was really great to know that so many students cared about helping out others in need of blood."

"The blood drive was a success," said senior Stacy Lee. "Everyone felt great knowing that they were helping to save the lives of patients in need of blood."

After students finished giving blood, a rubber bracelet was given to each student to indicate that he or she had donated blood. Donors were also served cookies, juice and bagels. These were provided by Let There Be Bagels. Mini radios were donated by Citi Bank, and Ben's Kosher Deli provided chicken soup.



Tiffany Ledner

Senior David Ziegelbaum smiles as he donates a pint of blood during the blood drive on Thursday, February 10. A sphygmomanometer is attached to his arm to check his blood pressure and he makes a fist around an object to keep the blood flowing. Earlier this week pamphlets were given out to students who wanted to donate, and school nurse Ms. Susan Gombert could be seen running around the school recruiting students and teachers. In order to be able to donate blood, students needed to be seventeen, weigh over 110 pounds and have parental consent if they were seventeen. In the pamphlet there were several conditions listed that would have prevented individuals from giving blood, such as anemia, or taking certain medications that are processed through the liver. Over 129 students signed up to donate blood, and Ms. Gombert noted that the drive was very successful this year. Students and donors who gave blood could be found in the gymnasium throughout the entire day, and with the exception of a few donors, left the gym smiling and feeling good. Refreshments and complimentary items were given out, and Ben's Deli gave out chicken soup to donors—"a pint of blood for a pint of soup." Each pint of blood can potentially help four to five people, and a grand total of 118 pints were collected.

Tech department sponsors hobby show

BY Shira Helft
Staff Writer

On February 4, the Technology Education department sponsored the school's first annual Hobby Show and Exhibit, which offered students and teachers a chance to share their non-academic interests with the Schreiber community.

The various talents and interests showcased at this event were truly appreciated and the Schreiber community was enriched as a result.

"It was really cool. I learned so much about my peers and teachers in a context other than what I see in school," said sophomore Alyssa Nicole Epstein.

The program demonstrated how, in present society, many different paths of study are possible in areas not ordinarily explored in traditional educational settings. The variety of exhibits was astounding, ranging from wild beasts to artistic trees to glamorous photographs.

The show was held in the school's new atrium, which is primarily used to display artistic works. It continued throughout the day on Friday, allowing a large percentage of students to view the smorgasbord of fascinating pastimes.

One of the more original attractions, which gathered a large crowd, was the set of reptiles brought in by sophomore

Travis Baugher. Another sophomore, Kayla Feather, displayed her acoustic guitar. Juniors Jared Maldonado, Paul Janis, and Andrew Marcus, displayed their hobbies as well.

Paul Janis brought a computer that he made himself, while Andrew Marcus had some paintball equipment, including a paintball suit, as well as actual paintballs. Senior Jon Ruvio contributed to the show, displaying some World War II memorabilia.

Sophomore William Roll also took part in the show, displaying wooden electrically powered gears.

Faculty also contributed to the event. Ms. Geri Ganzekauer, a member of the math department, showed off her beautiful painted wooden tables.

Due to the large number of musicians who signed up to play their various instruments, they were stationed in the auto technician room rather than the atrium. Here, guitars, basses and drums jammed away to a significantly smaller audience than that which was viewing the rest of the exhibit.

"I was disappointed at the turnout of those who came to experience the musical section of the hobby show," said sophomore Dave Rafe, who played electric guitar, "but enjoyed sharing my music and playing with other talented students."

Concert raises tsunami relief money

BY Emily Mottahedeh
Staff Writer

Campus Action raised \$1000 to benefit tsunami victims through UNICEF at a concert held on Friday, January 21. The concert was part of an ongoing effort by both clubs and students at Schreiber to raise money for victims of the tsunami tragedy.

Bands that played included Anachronous, Fact Or Fiction, Fantastic Damage, Freddy Cook's Rock Band, and Vahina Facce. Each band played approximately eight songs, and the crowd enjoyed every moment.

"The concert was a lot of fun, and it was great to see all my friends perform. It was good to know all the proceeds from the concert helped those affected by the tsunami," said sophomore Alyssa Epstein.

The first band to play was Anachronous, and they managed to get the crowd pumped up and ready to rock in a matter of minutes. However, the biggest crowd pleaser, and most anticipated act of the night, was Freddy Cook's Rock Band, who stole the show. Members of the band included former Schreiber student Jimmy Cook, seniors Freddy Cook and Eric Siegel, and juniors Andrew Hock and Theo Noble.

The band played eight songs: "Imperial Match," "Hit Me Baby," "Scooby Doo (Where Are You)," "Bad To The Bone," "Hey Sandy,"

"I Love You" (which was dedicated to former Schreiber student Catherine Cahn), "Dan James," and "War."

"I've never seen our school so ready and ungrudgingly willing to raise money for a cause. I'm really proud to be a Schreiberian today. If only people in America were more like this in 1941," said Siegel.

Another huge crowd-pleaser was the band Fact Or Fiction, who even had their own set of groupies present at the show. Fact Or Fiction consists of sophomores Zach Zuffante and Nick DeFeo, and freshmen Tim Sherman and Anthony Fazio. Fact Or Fiction played six of its own songs in addition to two cover songs.

"The concert was very exciting, and everyone had a great time," said Sherman, the band's drummer.

Although the concert was full of cheers and laughs, it was also a very sad performance for the band Fantastic Damage, because it was their last as a group. Fantastic Damage, featuring former student Stephan Shattuck, seniors Nuvraj Dhanjal and Kira Silver, and junior Kelly Moran played a great last show, and helped to make the concert a great success.

All bands that performed at the tsunami relief concert generously gave up their own time to raise money for others in need.

Schreiber supports women in athletics

BY Daniella Malekan
News Editor

The legacy of Title IX, the federal legislation ensuring that women have equal

Day, which was celebrated nationally on Thursday, February 9. This year's theme was "More than a Game."

The clinics began at 1:00 p.m. in several of Schreiber's gyms. Over one hundred Port Washington girls between

participated in a yoga stretch with their parents. This was led by Schreiber physical education teacher Ms. Nancy Klotz. The participants then broke up into groups where they rotated between dancing, lacrosse, field hockey, and basketball.

Throughout the day, children consumed healthy refreshments such as pretzels and water. The program organizers raffled off prizes donated by outside groups.

"The little kids really have a good time," said Ms. Bonnanno.

Schreiber's student council provided funding for the event, and Schreiber physical education teachers, coaches, and students ran all of the programs. The athletics department informed coaches from around the district about the event, who in turn asked for student volunteers. Many Schreiber students already knew

about the program and planned on volunteering because they had participated in it in previous years.

This year's student volunteers were seniors Jamie Bushell and Halsey Diakow; juniors Caitlin Fitzpatrick, Julia Link, Marina Pedisich, Dana Silbert, Maya Silbert, Emily Sorg, Sarah Weiss, and Tom Zebroski; sophomores Erin Betsch, Emlyn Diakow, Michelle Doscas, Filiz Kipcakli, Nikki Pond, and Caroline Voelker.

"Women in Sports Day is a great opportunity for athletes at Schreiber to give back to the community," said Emily Sorg. "It's also nice to see the future female athletes of Schreiber and to reminisce about when we were that age."



Elementary and middle school students from around the district participated in Schreiber's fifth annual celebration of National Girls and Women in Sports Day.

access to athletics, was not the only thing celebrated at a series of school sponsored sports clinics on Saturday, February 5. Coaches and athletes gathered to celebrate the role of athletics in any student's life.

This was the fifth time the event was held at Schreiber in honor of the nineteenth annual National Girls and Women in Sports

grades three and eight attended the program, which was a record turnout.

"It has just become more of a tradition and the word has spread," said Athletic Director Ms. Rose Bonnanno. "The groups have been getting bigger and better every year."

When children arrived, they partici-



(l-r) top: Ms. Kristina Shackel, Ms. Catherine Wood, Ms. Gean Vogeley, Ms. Raquel Piraino, Ms. Liz Hutchinson, Caitlin Fitzpatrick, Ms. Brandy Miller, Ms. Nancy Klotz, Tom Zebroski, Julia Link, Dana Silbert, Erin Betsch, Marina Pedisich, Ms. Maria Giamanco, (middle) Nikki Pond, Jamie Bushell, (bottom) Ms. Kathy Doubty, Emlyn Diakow, Halsey Diakow, Maya Silbert, Michelle Doscas, Caroline Voelker, and Feliz Kipcakli were all coaches, physical education instructors, and Schreiber students who volunteered their time to supervise the league.

Chamber concert is melodious

BY Shira Helft
Staff Writer

Students, parents, and faculty alike are familiar with Schreiber's wonderful musical arts program, and with its student musicians who traditionally perform a series of concerts each year. These showcase all of the work they do over the semester. Students with exemplary musical talents are given the opportunity to share their beautiful melodies to a captive audience on two additional occasions other than the Winter and Spring Concerts.

Schreiber holds chamber concerts biannually. In these extra concerts, small groups of students perform pieces for their peers and family members. One such concert was held on Friday, February 8 in the intimate setting of the choir room.

Each group brought a unique flavor to the laid-back, yet professional, musical gathering. The evening started off with the Chamber Orchestra, directed by orchestra instructor Mr. Anthony Pinelli. The group is comprised of seniors Brandon Chan, Sophia Kim, Aram Lee, and Bryant Lee, juniors Jumanah Hassan, Sinsub Jeong, Dan Koh, Rob Meltzer, and Samara Schwartz, and sophomores Catherine Fish and Tamara Mowakowski. The group created a beautiful rendition of G.F. Handel's "Suite in G Minor" with both the movements "Air" and "Comme alla Breve." This was followed by variations on a well-known favorite, "Twinkle Twinkle Little Star," composed by W.A. Mozart and performed by Yujia Cheng on the piano.

"The string ensemble was extraordinary," said senior Jacob Glickman. "It made me want to play the strings again. I thought

the rendition of 'Twinkle Twinkle Little Star' was wonderful."

Next was Mr. Glover's Chamber Singers. Seniors Carola Cassaro, Daniel Febrer, Samantha Garrett, Glickman, Richard Kim, and Yang-Hum Lee, and juniors David Gelb, Jacob Handelman, Leslie Krotman, Kelly Moran, Gregory Ormont, Melanie Pietras, Laila Selim, and Claire Talcott, demonstrated their vocal talent in "Little Lamb, Little Lamb" by M. Bartholomew.

One of Schreiber's talented violinists, junior Jumanah Hassan, shined as she played E. Elgar's piece, "Salut d'amor," as a duet with choral director Mr. Phil Glover on the piano. As a special treat, a cello quartet from Weber Middle School, composed of Jess Block, Mark Catanzaro, Dahlia Hassan, Sarah Lee, and Andrew Seo performed the "Canon in D" by J. Pachelbel. Junior Max Schwartz then played a stunning solo on the double bass - the movement Allegro of the piece "Concerto in A Minor" by T. Susato. The only band-oriented group followed Schwartz. A clarinet ensemble of juniors Melissa DeSiervo, Shira Helft, and Maya Silbert, and sophomores Robert Baldwin, Rachel Bosswick, and Shimon Ishikawa played a Renaissance dance suite. To end the wonderful night, Fish, Moran and sophomore Adam Johnson played the "Flower Duet" from the opera *Lakme* by L. Delibes.

The performance was a grand success, bringing together some of the school's most talented young musicians for a casual and impressive evening of song.

Former police officer speaks with freshmen about morals

BY Sidney Ginsberg
Staff Writer

Thanks to the coordination of freshman grade administrator Mr. David Miller, ninth graders were given the opportunity to attend an assembly that was intended to inform them about maintaining a sense of morality throughout the pressures of high school. The assembly took place in the auditorium on Tuesday, February 8.

"I really enjoyed the assembly," said freshman Grace Falconer. "It was an interesting experience and it was informative. We learned a lot and had fun."

Mr. Paul Failla, a former police officer and actor, lectured students on principles that would be necessary to ensure their success in the future. He spoke of honor and dignity, and incorporated the problems that freshmen face daily by backing them up with examples from his own life. His on-the-job accounts were entertaining and educational, making his ninety-minute speech, that ran from first to second period, worthwhile.

The lecture was conducted in two shifts. First, student with surnames

that began with letters A-M attended, then those whose names started with N-Z saw the presentation.

The concepts that were discussed all focused around the idea of life values. Failla started by surveying the listeners as to what they personally believed should be prided in their lives. Family was first on the list, followed by faith and friends. Mr. Failla compared these values to a deck of cards, saying that family should be portrayed as the king, faith as the queen, etc. He then went through each value on a list, discussing issues ranging from racism to the high school shootings in Columbine. Throughout the assembly he incorporated these issues into his experiences in the police force, and what he learned from his time on the force.

Mr. Failla has spoken in schools around New York to high school students of various backgrounds. He has been received enthusiastically wherever he has gone. His constructive lecture was enjoyed by many freshmen, and his hope is that his efforts will help improve the lives of today's youth.

It's Academic thinks big and scores bigger

BY **Daniella Malekan**
News Editor

Schreiber blew its competition away with a score of 570 points at the It's Academic competition that was held on January 5.

The team's competitors, Malverne High School and MacArthur High School, earned only 170 and 330 points, respectively.

"It was great to do so well at MacArthur," said team member senior Jessica Aloe, "and I hope we continue to do well."

Schreiber's next competition will be held on Wednesday, March 9, against Valley Stream North High School and Freeport High School.

The team consists of seniors Aloe, Jessica Becker, Dan Braman, Peter Gil, and Adwait Parker, and juniors Andrew Gross and Nick Werle.

It's Academic competitions are a team effort, where students are asked typical knowledge and trivia questions on a wide variety of subject matter spanning from science to sports.

Schreiber's success at the last competition is a reflection of how well the team has been doing throughout the season. At their first meet on Wednesday, November 10, the team received 360 points. They were only given two-thirds of the points that they actually earned because they only played one team, Calhoun High School, as the third school, West Hempstead High School, did not attend the competition as scheduled.

Schreiber is currently ranked fifth out of fifteen teams on Long Island. After all of the local games have been held, the top four teams will move on to the finals. The team's advisor, Mr. Carmine Matina, seems confident in the team's ability to make it to the finals.

Ten Schreiber students graduate early to pursue exciting endeavours

BY **Jessica Aloe**
Contributing Writer

This year, Schreiber saw ten students graduate early. Some people went overseas to do volunteer work, some started their college education a year early, and still others decided to move to another location or work.

Jonathan Merker is currently overseas with Youth with a Mission, a Christian organization. He will be spending five months working on a medical mission ship, sailing around the Fiji archipelago in the South Pacific, bringing medical supplies and attention to the various villages.

Hannah McCorkel ventured to Chiang Mai, Thailand with a program called Global Routes. She plans to be teaching English for the new few months.

Mea Geizhals, even though she graduated this January, left in late August to attend Simon's Rock College of Bard, a college in Massachusetts that allows

students to start college a year or two earlier. She recently received her high school diploma by mail.

Some students have moved to other areas, such as Christopher Campbell, who now resides in Los Angeles, and plans to attend college next year.

Marisol Melgar, who also graduated early, plans to work a full-time job.

John Hall is currently taking writing classes at the New School University in New York City.

Other early graduates include Christine Commentale, Michael Goodwin, Dustin Rex, and Manuel Segovia.

The graduates received their diplomas in the mail due to the cancellation of the assembly that was supposed to be held to recognize them.

The Schreiber Administration congratulated all the graduates on their successes and wishes them well in their endeavours in the future.

International News

BY **Kathryn Podobinski**
Staff Writer

ENGLAND: The British government has licensed Professor Ian Wilmut, the creator of Dolly the sheep, and a team of scientists at Kings College London to clone a human embryo. Although cloning for research purposes has been legal in the United Kingdom since 2001, it is a closely regulated activity. This is only the second time approval has been given for an experiment.

The experiment is being done for research into motor neuron diseases (MND), a condition caused by the death of motor neuron cells that control movement in the brain and spinal cord. The scientists will deliberately clone embryos that carry MND from people with the condition. The scientists believe this will afford them an unprecedented opportunity to analyze how the disease develops. They believe that studying human embryo cells and their reaction to new drugs will provide them with more valuable information than if they used animal embryos.

Prior proposals to the Human Fertilization and Embryology Authority for growing tissues to repair body parts have been routinely rejected. Although the scientists involved have assured the public that the embryos will be used for this singular purpose, a vocal opposition argues that cloning is immoral and unnecessary and only a step away from cloning human beings. There are strict laws in the UK forbidding cloned embryos to be placed in the female womb.

TOGO: The African nation of Togo has been plunged into a civil conflict since the death of President Gnassingbe Eyadema and the naming of his son as his successor. President Eyadema ruled for over 38 years after seizing power in a military coup.

Upon the president's death, the Togo Constitution calls for presidential power to go to the Speaker of Parliament. The Constitution was hastily re-written to allow

Eyadema's son, Faure Gnassingbe, to take over the position as president until the next election in June 2008. The son was quickly installed as president by the military. The army claimed that the Speaker of Parliament was out of the country. It is not known where the Speaker is.

In 1991, President Eyadema established political parties and voting by his people. When he won the next three elections, claims of voting irregularities, electoral fraud and human rights violations erupted.

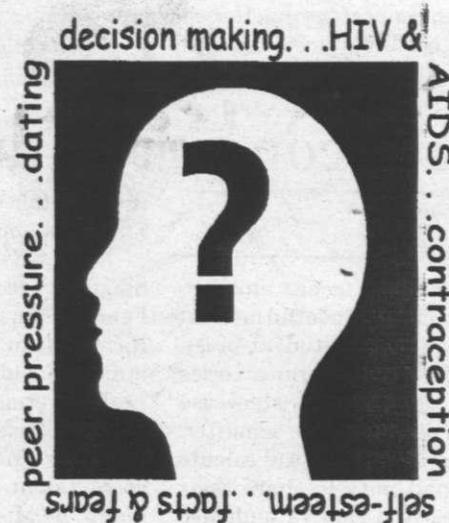
The northern sector of Togo supports the ruling party and is in agreement with the new president, while the southern sector, opposed to the stronghold, has called for a two-day work stoppage in protest. The Prime Minister has called on the military to keep law and order within the country and has closed all land borders and air space.

The African Union is monitoring the situation and has said they are considering sanctions against Togo, calling the unconstitutional transfer of power nothing less than a military coup. For years the United States has called on Togo to become more of a representative democracy. The State Department repeated this message in its condolences to Togo.

INDONESIA: Muslim cleric Abu Bakar Ba'asyir is being prosecuted in Indonesia for conspiring, planning and inciting acts of terrorism and using his position to persuade others to carry out the attacks. He is charged in the 2002 attacks on the resort island of Bali and the Marriott Hotel bombing in Jakarta in 2003.

Ba'asyir insists that he is innocent of the charges against him and is being prosecuted because of pressure from the United States. Although Ba'asyir claims support for holy war against the United States, he alleges that the bombings should not have been carried out in peaceful countries.

Planned Parenthood...
a safe place to talk
about what's on your
mind.



WE OFFER COMPREHENSIVE HEALTHCARE, INCLUDING:

STI Testing/Counseling/Treatment

GYN Care

Birth Control

Emergency Contraception (EC)

First Trimester Abortion

Pregnancy Testing/Options Counseling

HIV Testing & Counseling

Affordable - Convenient - Confidential



Planned Parenthood®
of Nassau County, Inc.

Hempstead
540 Fulton Avenue
(516) 750-2500

Glen Cove
110 School Street
(516) 750-2550

Massapequa
35 Carmans Road
(516) 750-2575

Ignore your rights and they'll go away!

To join Planned Parenthood's Students for Choice, call (516) 750-2665

Help us preserve access to reproductive health care!

Sponsored by the Dana and Jesse Lehman Foundation.

Point/Counterpoint

Is corporal punishment inappropriate in a high school setting?

BY Melinda Salaman
Contributing Writer

Children learn from their environment as well as the actions and decisions that occur in their everyday lives. Nothing teaches them better than the experiences that either reinforce or

“In America, one of the most advanced nations in the world, the majority of citizens still want to go back to a primal way of righting wrongs.”

hinder certain behaviors. Also, observing adults gives children an idea of how adults should behave.

An environment in which a student is reprimanded for bad behavior and punished with worse behavior is not conducive to healthy development. Corporal punishment offers no positive changes except for a quick-fix. But the psychological and behavioral effects this will have on a child (or even a teenager) can be catastrophic.

Corporal punishment is defined as the deliberate inflicting of pain using an instrument such as a cane or a whip intended as correction or punishment. A child who is disciplined through corporal punishment is very likely to repeat this same behavior when trying to solve his own problems.

For example, if “Little Bobby” is smacked (causing bruising) every time he calls out in class and interrupts the teacher, Bobby is most likely to silence a peer who interrupts him in a violent manner as well. In the classroom, Bobby witnesses that problems are solved in a violent and physical manner, and no matter how intelligent Bobby may be, his mind believes that problems are resolved through violent actions.

These types of feelings can have life-long effects that will impact a child everyday. Anger is something that every one of us deals with on a daily basis. Most students who have not been raised with corporal punishment are able to accept punishment because it has been presented in a clear and objective manner. Instead of yelling and whipping out the ruler, a teacher should clearly explain a child’s bad behavior on

a one-to-one basis. Furthermore, they should explain how it impacts not only themselves, but everyone around him.

With all of the psychological issues that go hand in hand with corporal punishment, it is surprising — understandably so — that this type of disciplinary action was acceptable until not very long ago and some countries still have not banned it completely. It is also very surprising that an overpowering majority of Americans feel that corporal punishment is sometimes necessary. In America, one of the most advanced nations in the world, the majority of citizens still want to go back to a primal way of righting wrongs. It’s sad. Problems between human beings, no matter the difference in age or intelligence, should be solved through discussion and compromise not violence.

As I stated before, people learn the most during their childhood. The teachings that a person learns as a teen are carried

throughout their entire lifetime.

Everyone, especially now in light of recent events, knows that we don’t need anymore violence in our world. The children that are being violently reprimanded along with all the other children, become the leaders of tomorrow. It is incredibly foolish to prepare for the future by teaching them to solve their problems with violence.

So, to wrap this up, corporal punishment isn’t to be taken lightly. Those have been on the receiving end of corporal punishment will agree. It takes a toll on a human life, and affects many more people than you think. By being indifferent towards this type of behavior-suppressor, we are not only feeding this vicious cycle of violence and human cruelty, but setting our world up with opportunities for destruction and chaos.

BY Brian Tashman
Contributing Writer

Why is it that study after study shows that adults who were physically punished by their teachers in schools support corporal punishment more than parents who weren’t? Although it frightens sheltering and protective parents, maybe, just maybe, corporal punishment could deter kids from future trouble and teach them how to respect authority while building character.

The same kids are always seen receiving yellow tank slips and sitting in detention after school. Having more than an hour to do homework or sleep in school is not punishment, and it certainly doesn’t scare kids out of committing potential crimes.

What closure does detention, tank, or suspension give to a victim? The perpetrator of a crime doesn’t get to spend an off period with his friends? He has to wait an extra hour and a half before leaving school? Or must he, gasp, not be allowed into school for a few days?

Corporal punishment is an established practice in public schools. Today, older teachers, who have seen the efficient results of corporal punishment but can no longer use physical punishment, utilize this strategy.

The humiliation of the corporal punishment delivers more pain than the physical punishment (not to mention more pain than receiving a tank slip).

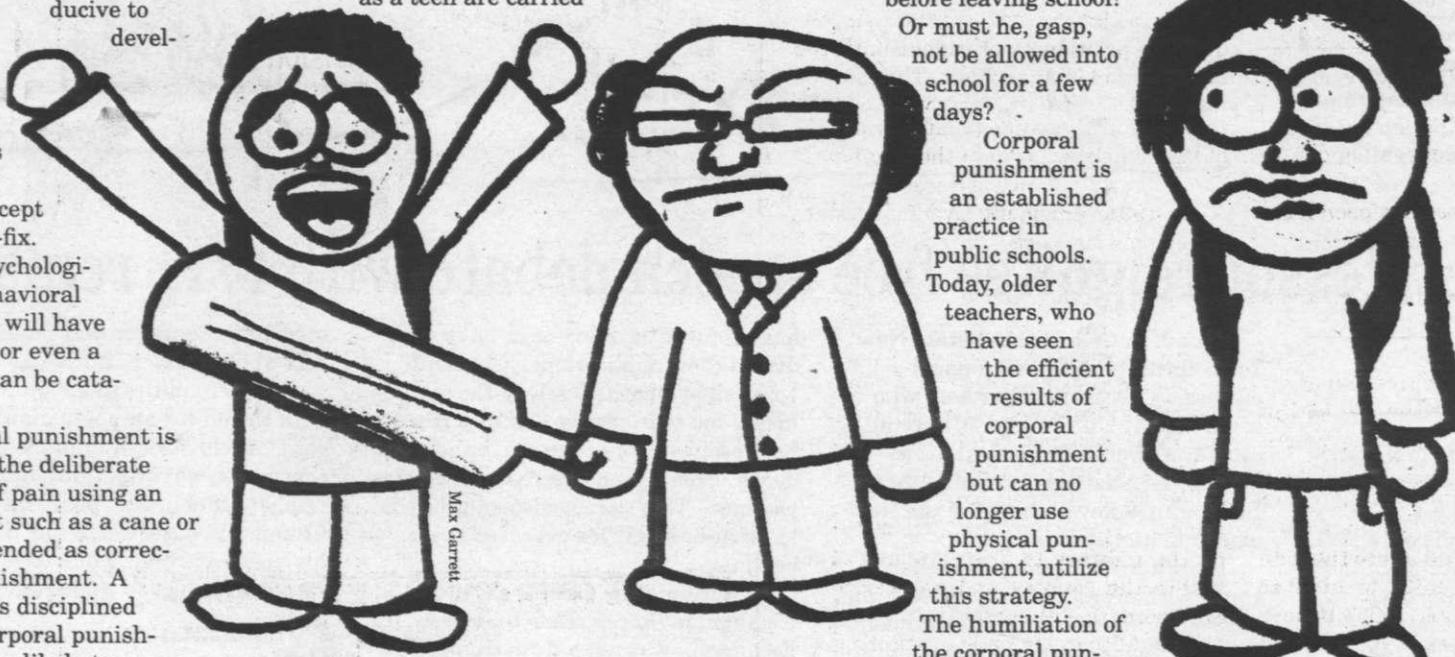
Schools today are open institutions where extreme and unwarranted punishment would not go unnoticed by a fellow teacher, aid or fellow student.

If we look closer into American traditions and rights, we learn that the *Ingraham v. Wright* decision by the Supreme Court rules that corporal punishment that would impose, “reasonable but not excessive force” is legal. This punishment violates neither the students Eighth Amendment right, to be free from cruel and unusual punishment, nor their Fourteenth Amendment right of due process. The Court ruled that corporal punishment was legal to, “correct a child’s behavior without interrupting his education” and abided by “traditional ideas of fair procedure.”

By applying the two amendments to public school discipline, the Court found that it would be grossly distorting and overextending Constitutional authority and would be breaking tradition.

The U.S. deserves further scrutiny to determine whether corporal punishment is a legitimate form of punishment. We must remember that the government legally commits murder through capital punishment. If this is a society, which supports and performs state murder, then why should we be so riled up about a teacher paddling a student for breaking the rules?

The Constitution and American traditions back up the proven effectiveness of corporal punishment. While many may find it outdated and stupid, sometimes, unpopular methods are more efficient at getting the job done.



Schreiber Speaks

“School is not just about learning calculus and history. Students are imbued with certain morals in school. If a student is beaten, what type of morals does that enforce?”

- Denise Carlin, senior

“Corporal punishment is a complicated issue. Fortunately, the administrators at Schreiber have not been compelled to resort to corporal punishment.”

- James Pyo, junior

“If students are afraid that they will be hit in class, they will not be as eager to participate in the learning process because they will feel so uncomfortable and vulnerable.”

- Sidney Ginsberg, freshman

Hot 97 crosses the line with its crass "Tsunami Song"

By Michael Lau
Contributing Writer

Few would be so crass as to make jokes about the Holocaust or the distressing massacre in Rwanda; however, it seems that the same treatment is not being applied to the death of thousands of people caused by the recent tsunami.

On December 26, the devastating tsunami struck the shores of South-East Asia, demolishing civilization and killing over 300,000 people. Soon after, stories of the desolation began pouring in. CNN reported that a man named Sinnathamby Ponniah had lost one hundred relatives and friends when the tsunami hit his home village of Alliyawalai in southern Sri Lanka - among the victims were his wife and two daughters. Ponniah and his son were the only remaining members of his family.

Many similar stories were delivered by survivors in South-East Asia after the tsunami struck. Since then, a massive relief effort has been launched by the international community to aid the victims of the tsunami.

During the week of January 17, members of the Hot 97 (97.1 FM) "Miss Jones in the Morning" radio morning show wrote and produced the "Tsunami Song" sung to the beat of "We Are the World." This song employed tasteless and racially offensive lyrics.

Before the song was played, Miss Jones (whose real name is Tarsha Nicole Jones) and co-host Todd Lynn had been involved in a heated argument while on the air with the Korean-American radio personality known as Miss

Info. Miss Info's morning radio show features what VH1.com describes as a "sometimes-caustic always-opinionated blend of wit, news, and gossip."

Miss Jones and Todd Lynn had accused Miss Info of always stating her opinion when it was not requested. Miss Jones suggested that Miss Info thought she was superior due to her race. Minutes later, Todd Lynn commented, "I'm gonna start shooting Asians." After this dispute, the song was aired without censorship by the station's DJ. The "Tsunami Song" written by producer Rick Delgado ridiculed Asians drowning in the tsunami:

"And all at once, you could hear the screaming ch**ks// And no one, was saved from the wave// There were Africans drowning...Little Chinamen swept away// You could hear God laughing, "Swim you b***hes, swim"// So now you're

screwed, it's the tsunami// You better run or kiss your a** away, go find your mommy// I just saw her float by, a tree went through her head// And now the children will be sold to child slavery."

Producer Rick Delgado and Todd Lynn were fired, and the

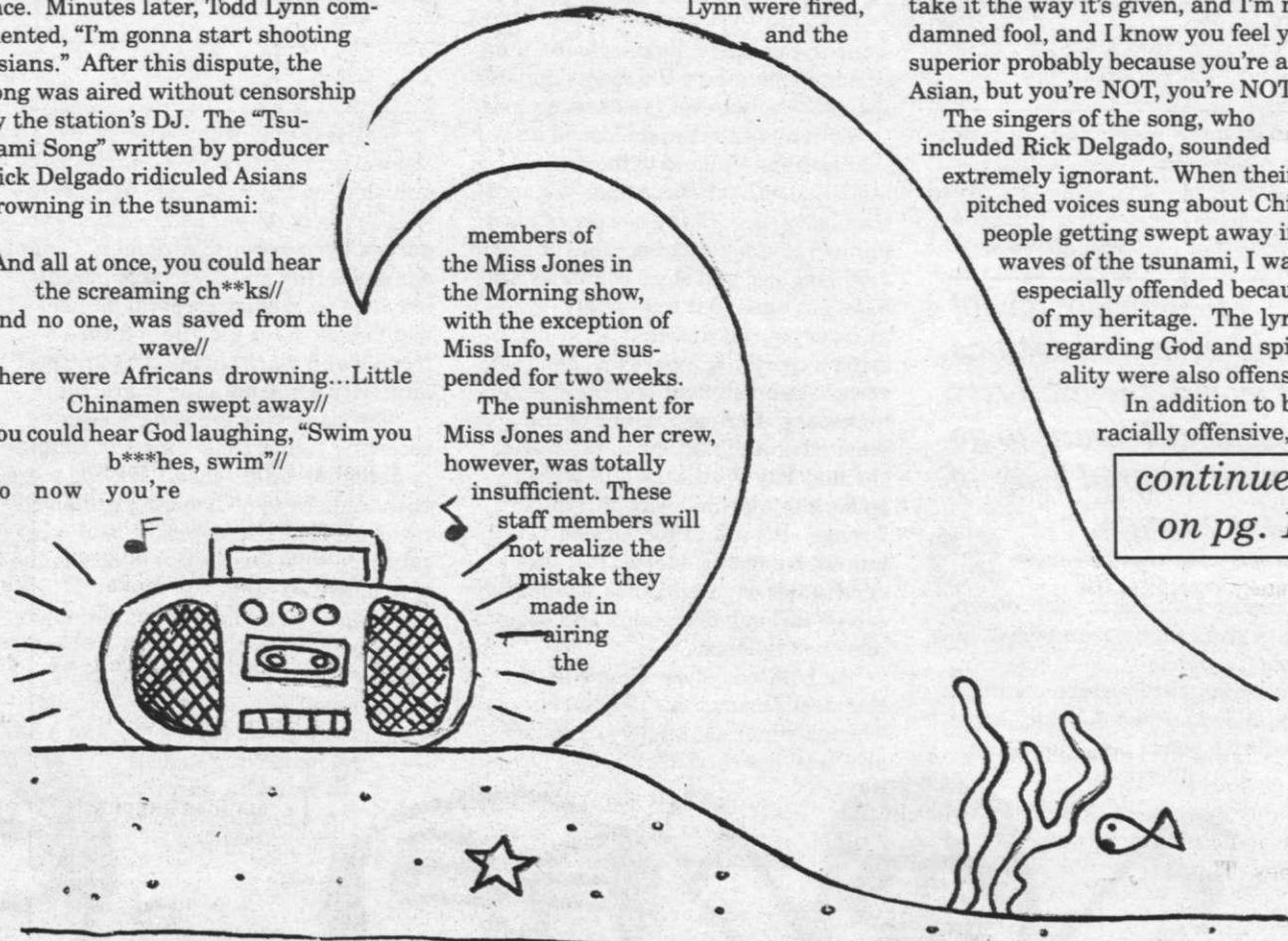
members of the Miss Jones in the Morning show, with the exception of Miss Info, were suspended for two weeks. The punishment for Miss Jones and her crew, however, was totally insufficient. These staff members will not realize the mistake they made in airing the

appalling "Tsunami Song." Miss Jones had the authority to decide whether or not to air the song. She misused that authority. However, she is not being properly reprimanded.

The "Tsunami Song" was not the only incident in which Jones acted inappropriately. Jones acted crudely when she screamed at Miss Info, saying, "I take it the way it's given, and I'm not a damned fool, and I know you feel you're superior probably because you're an Asian, but you're NOT, you're NOT!"

The singers of the song, who included Rick Delgado, sounded extremely ignorant. When their off-pitched voices sung about Chinese people getting swept away in the waves of the tsunami, I was especially offended because of my heritage. The lyrics regarding God and spirituality were also offensive. In addition to being racially offensive, the

continued on pg. 10



Colorado professor reignites free speech debate with 9/11 remarks

By Brian Cindrich
Contributing Writer

A University of Colorado professor, Ward Churchill, has sparked controversy in New York over an essay he wrote concerning the victims of the 9/11 terrorist attacks. He maintains in the essay that they were not innocent victims of an act of terror, but fair targets, guilty of American imperialism reminiscent of the Nazis.

Hamilton College, in upstate New York, abruptly cancelled a panel discussion featuring Churchill, who is tenured at UC Boulder. Churchill compared World Trade Center victims to the Nazi mastermind, Adolph Eichmann, a key architect of the Nazi extermination camps.

Hamilton College has been barraged with over 6,000 fury-filled e-mail messages. Some even contain violent threats. Many donors have discontinued pledges, and potential students

have refused enrollment or have withdrawn their applications. Churchill wrote unsympathetically of the victims inside the twin towers and as a result has received more than one hundred death threats, and other warnings of violence. This uproar also adds a twist to decades of battles over free speech on campus.

Describing the victims as "little Eichmanns" in reference to Adolph Eichmann, was not only extremely distasteful and tactless, but stupid

and a poor choice of analogy. In his essay, "Some People Push Back: On the Justice of Roosting Chickens," Churchill argues three main points. First, the September 11 attacks were in retaliation for the Iraqi children who were killed in a 1991 bombing raid and for economic sanctions imposed on Iraq by the United Nations following the Persian Gulf War. Second, hijackers who crashed jets into the World Trade Center and the Pentagon on September 11, were "combat teams" not terrorists. And lastly, the people killed

inside the Pentagon were military targets and thus were fair game for attack. I have read the news stories along with the editorials condemning Professor Churchill's essay. I do not believe that in anyway was Churchill trying to imply that children, police officers, and firefighters deserved to die. However, his views are highly offensive in presentation and voice to the families who lost

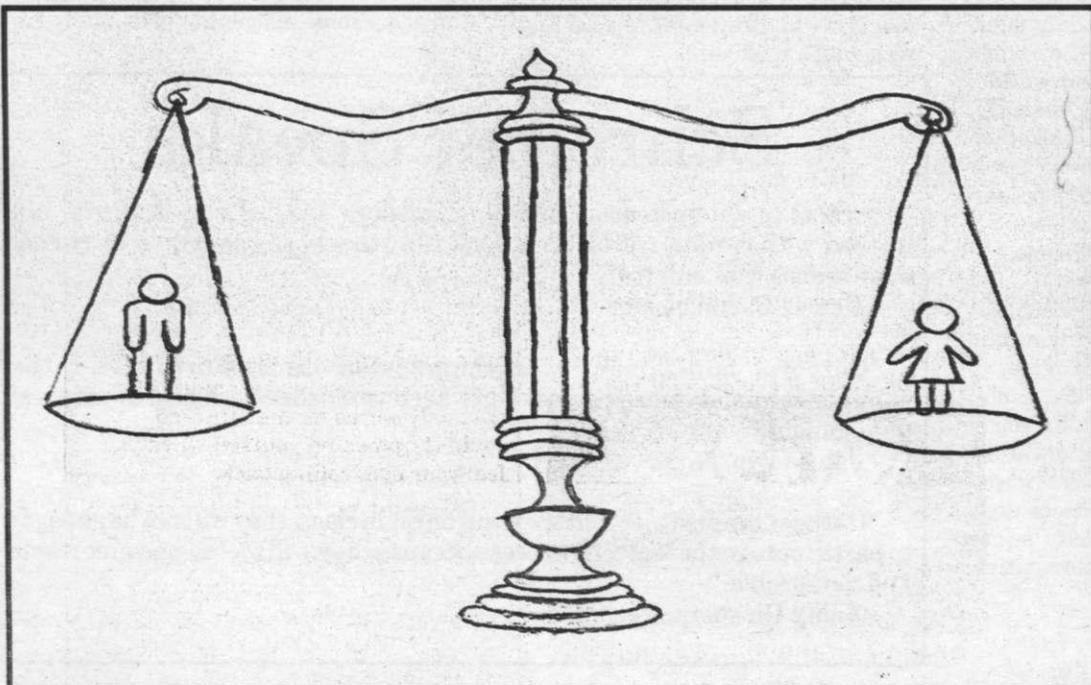
“Describing the victims as “little Eichmanns” in reference to Adolph Eichmann, was... stupid and a poor choice of analogy.”

loved ones in the attacks.

Eichmann was consciously and willingly doing the bidding of Hitler and murdering human beings. The historical foundation of Churchill's hostile analogy is understood by few, therefore to call World Trade Center victims "little Eichmanns" is highly destructive and counterproductive to whatever theory or view Churchill was attempting to convey.

The plane attacks were clearly a political statement by those who orchestrated them, but those who lost

continued on pg. 10



Happiness and money don't grow on the same tree

BY Chase Rosen
Contributing Writer

Living in Suburbia: Many people easily assume that translates into a bunch of rich kids living in huge houses with interminable amounts of money to spend. I was recently reading *New York Magazine*, and came across the feature piece, "The Teenage Economy," which was an overview of urban teenager life in terms of spending money and the effects of living in this "credit card nation."

We can tell ourselves that money can't buy happiness about a thousand times; however, when it comes down to it—not to rain on anyone's parade—money is what matters in this world. You obviously can't physically purchase a drink that is guaranteed to make you happy, but you can buy things that will contribute to your happiness.

Being a typical, middle-class, suburban teenager, reading this article was nothing shocking to me. All my friends have credit cards with their names on them, and a bill that gets mixed in with their parents'. The apple doesn't fall far from the tree, and if parents are shopping at exclusive Miracle Mile boutiques, so are their offspring. This makes it easier for teenagers to finagle and sign that steep receipt at these elite shops.

This article specifically portrays the story of one girl's place in her financially superior lifestyle. The focus of this piece is a fifteen-year old girl living in Manhattan who is able to live a relatively luxurious life but resents her friend for only receiving a miniscule allowance and constantly asking to borrow money. This story can depict

any teenager nowadays.

Not. I live in an upper-middle class town that is the most diverse within its vicinity. Port Washington is separated into about five different parts, all distinctly dependent on the family's income. In certain areas of Port, kids are driving Mercedes-Benz automobiles that they were given as a present when they received their licenses. Some other kids are walking back and forth from their minimum-wage-paying job where the paycheck goes directly to Mommy and Daddy to help support the family.

I am not trying to make the point that it's wrong that kids are receiving credit cards at younger and younger ages. Rather, it seems that money is defining children in society, no longer just adults. The girl with the expensive, "name brand" outfit is labeled superior to the girl wearing Old Navy, or anything off the sale rack at Macy's. This is merely because the teenage economy is maturing more quickly and becoming more and more obsessed with money and translating how much money you have into being superior or inferior, and substantially happy or unhappy.

My own experiences can easily be interpreted differently through the eyes of those reading this article. I live a fulfilled life in almost every context. I don't always get what I want, but most of the time I can modestly say

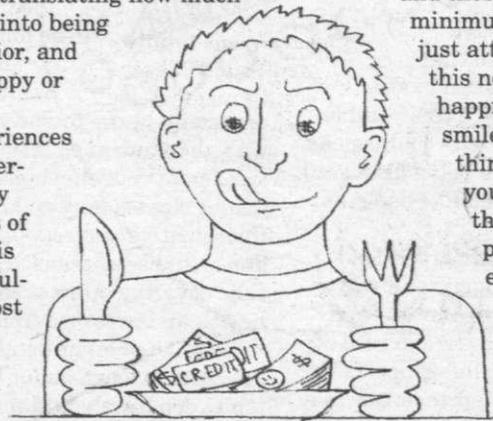
that I do. In middle school, I wasn't the girl who appeared to be financially not as endowed. I am lucky to have what I have, and continue to appreciate it every day. I don't abuse my freedom to spend money.

What would be interesting would be, if walking down the hallways of high school, everyone appeared to be the same. High school is one gigantic melting pot of all ends of the financial spectrum where everyone is forced to assimilate under the universal title of a student.

I walk down the hallway, and I see the girls and boys who look like they have gotten their outfits together from a weekend trip to the Salvation Army with the biggest smiles on their faces, socializing with their group of friends.

I walk down the hallway and I see the girls and boys who look like they got their outfits from a weekend trip to Manhasset's Americana looking miserable and upset.

I am not trying to say that those who spend more money are unhappy, and those who spend the bare minimum are happy. I'm just attempting to disprove this notion of money buying happiness in terms of a smile. Money can buy you things that can make you happy—material things. It can only buy plump lips and whitened teeth to make a smile look nice. It can't buy those emotions to make the smile of happiness occur.



Katie Mancher

Not Quite newsworthy Valentine's Day with a new kick and extra lovin'

BY Jeremy Frank
Staff Writer

Valentine's Day is more than just a holiday created by the greeting card industry; it is a ticking time bomb. More than any other day of the year, immense amounts of pressure are put on men to give their significant others the perfect Valentine's Day. Love is a concept that eludes most men. If you asked any man at random to describe "love," he would probably refer to it as a mix between hunger and confusion. So why is it that men, with their severely limited knowledge of love, are given the task of choosing the Valentine's Day gift? Well, being a benevolent guy who is built like Cupid, I think it's my duty to give my advice on the perfect Valentine's Day gifts. This column will be just like Hitch, only well written!

It is important to keep in mind that every gift has a very specific message attached to it. It's that message which is most important. For instance, getting your special someone a Thigh-Master or gym membership conveys the message that they're fat. That's something you never say. You think it, but you don't say it. The same goes for mustache remover or genital herpes medication.

So what does make a good gift? A lot of people choose to go with something timeless (aka contrived) like roses. But what message do roses

really express? Roses only last a week or two, even in water. So what you are essentially saying is that whatever romance you two lovebirds are sharing is going to die about as quickly as that rose. On the other hand, do you know how long a potato lasts? Practically forever, in the right conditions. And what does a flower do? You put it in water and it's supposed to stay there and look pretty. That says a lot about the nature of your relationship, doesn't it? However, potatoes can serve a wide range of functions, from being food to being toys (Mr. Potatohead) to powering a small clock. So why don't we symbolize love with potatoes? The answer is simple. Everyone is too afraid to take the first step, and they are probably right. If you gave your valentine a sack of potatoes, they'd probably beat you to death with it.

If I had to name one thing that separated men and women, I would probably say the genitalia. But if I could name two things, the second would be that men are very direct and generally don't like symbolism. So if the whole rose/potato thing doesn't float your boat, there is another alternative gift you can give. Candy has always been a favorite offering for Valentine's Day. So what candy should you get? While it would be wrong to say that all women like chocolate, I have found that a surprisingly high percentage does. But don't go to Lindt, Godiva, or Dairy Barn yet. In fact, don't go to Dairy Barn at all. I have

discovered a new, better Valentine's Day chocolate. When last I heard, it could only be found in an evidence locker in Amarillo, Texas.

So did the police lock up this candy because it was too good? Sort of. According to the Houston Chronicle, during a traffic stop, Texas troopers pulled over Craig Allen Moreland only to discover that he had in his trunk a nine-pound plastic bag of heart-shaped chocolates. While I would just have assumed that it meant he had a lot of love to give, the police suspected something sinister. Lab tests showed that the candies "tested positive for psilocybin, a psychedelic drug extracted from a mushroom of the same name." Were I Moreland, I would have simply said, "But Officer, I'm allergic to caramel!" What makes this candy so much better than regular chocolates isn't just the totally trippy shrooms, it's the message that goes along with it. If you gave these chocolates to your valentine, what you're saying is, "I love you so much that I flew to Texas and stole \$408,000 worth of evidence for you."



Chocolate products or smuggled goods?

Schreiber Ethics

BY Sarah Catanzaro
Opinions Editor

How should teachers be treated?

After commenting upon the state of social security during the State of the Union address, President Bush was booed by Democrats in the audience. Throughout the football season, leading up to the Super Bowl, the New England Patriots complained about the discourtesy of the media and spectators. Doors are constantly being slammed in people's faces. It seems our nation is undergoing a crisis: there is a serious courtesy shortage. While I am neither a Bush fan nor a Patriots aficionada, I am still upset by such disrespect. Let's be fair, though - politics is not exactly a realm for respect. Washington is certainly a dog-eat-dog sort of town. Nor is football a very chivalrous sport. However, this sort of disrespect exists beyond the White House and has extended past any football stadium. In fact, such rudeness has begun to pervade our classrooms.

It seems that several Schreiber students have forgotten the time-honored rule: respect thy elders. While I must admit that there have been a few teachers whom I have not adored in the past, I am still shocked by the insolence that several Schreiber students exhibit toward their teachers. I would be disgusted if the same sort of impoliteness was displayed toward their peers, let alone teachers.

No matter how much a student may dislike his or her teacher he or she must understand that when he or she enters the doors of Schreiber he or she must agree to respect those who are paid to educate him or her. When you cruise into your classroom twenty minutes late (alas, I, too am guilty of this crime), you have to come to terms with the fact that your teachers are better, smarter, cooler, whatever than you.

Demonstrating respect toward your teachers necessitates certain things. For those of us who could use a lesson, I'll outline a few pointers:

- 1) Respect your teacher's opinion. Teachers can be wrong sometimes, and it is okay for students to point out such inaccuracies. However, while it is appropriate to debate certain points, it is not appropriate to be intentionally contentious and rude. You need not put down your teacher's didactic style just to glorify yourself. When deliberating, you should debate diplomatically. We all know you're cool/smart/fill-in-the-blank. You don't have to prove this to your classmates.
- 2) Yelling at a teacher is never proper form. Recently, I witnessed a student scream at his teacher advisor. Needless to say, I felt sick upon witnessing this encounter. Screaming is immature, period.
- 3) Try not to fall asleep in class. Notice, I say, try. I know it's pretty hard sometimes. My suggestion: Diet Coke in the morning. Actually, I think that only works for me. Instead, you could try pinching yourself when you feel your eyes rolling back.

While my words will probably motivate very few people to become more courteous and more ethical, perhaps the big fat F on your next test will. So watch out, the black ink on this page is certainly less harmful than the red pen on your paper.

Is it risky business to not include students in "Risky Business?"

BY Emily Gordon

Managing Editor

The last time I checked, a train was a series of connected railroad cars pulled or pushed by one or more locomotives and the means by which commuters travel into and out of Port Washington daily. Apparently there is another type of train, one that is more closely linked to the term "gang-bang" than to transportation.

Recently, trains and other taboo subjects have been discussed at two district sponsored meetings for parents with

"... a more ideal situation would be to bring parents and students together and avoid the big secrets surrounding sex and substances."

children in grades 4-12. They were brought to Port Washington through the Safe and Drug Free Schools Task Force which has introduced various programs to Schreiber such as Report It.com and Peer Helpers. These "Risky Business" meetings were held at Weber Middle School on Wednesday, October 20 and Wednesday, February 2 to inform parents about the risky behaviors in which teenagers across the country are involved.

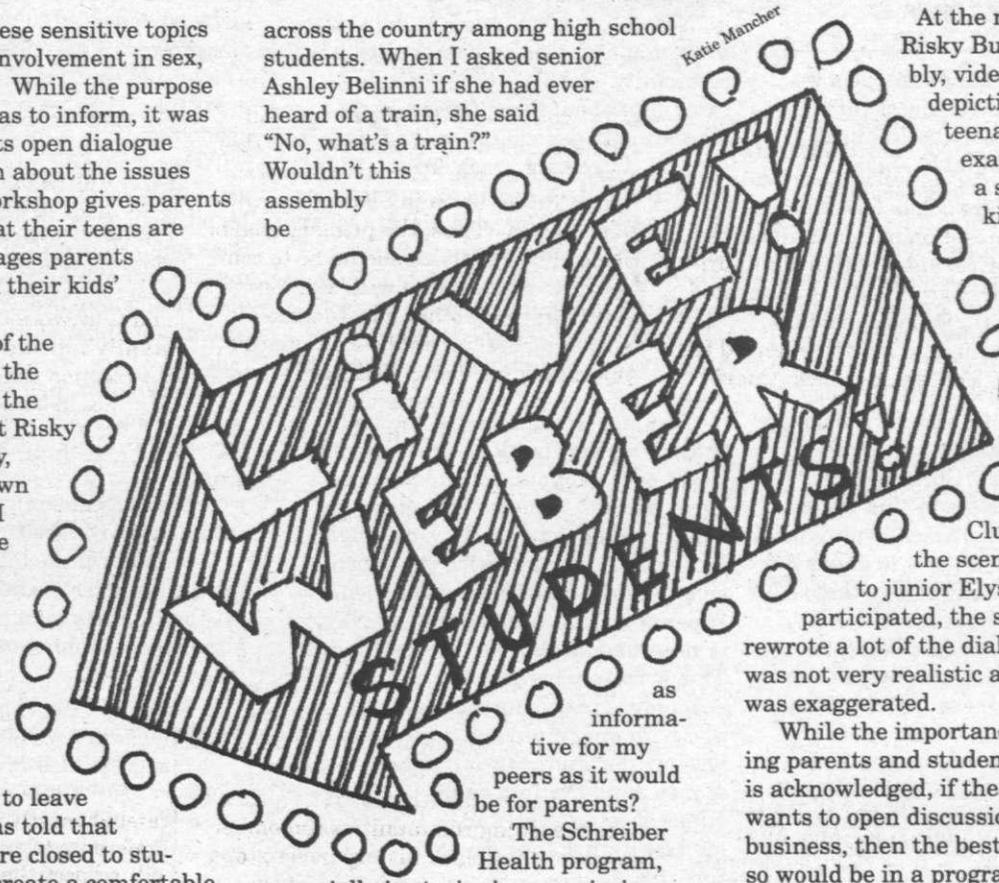
According to Schreiber Principal Mr. Jay Lewis, the purpose of the workshops was to "facilitate a high level of conversation on very sensitive subjects." With a separate focus

at each session, these sensitive topics included teenage involvement in sex, drugs and alcohol. While the purpose of the workshop was to inform, it was also to help parents open dialogue with their children about the issues discussed. The workshop gives parents a glimpse into what their teens are facing and encourages parents to stay involved in their kids' lives.

I first learned of the risqué meaning of the word train during the evening of the first Risky Business assembly, and I ventured down to Weber to see if I could acquire more information about Risky Business for *The Schreiber Times*. However as soon as I walked in the door, I was told by three different district personnel to leave the building. I was told that the workshops were closed to students in order to create a comfortable atmosphere where parents could speak openly about the topics being discussed. The whole thing seemed like one giant secret.

From the perspective of the leaders of the activity, I understand why as a student I was turned away from the meeting. However, the purpose of Risky Business was to inform parents about the behaviors their teenager may be engaged in. Therefore, as a teen, I'd like to know what activities I or my peers are possibly involved in. I was shocked to learn that things like trains were actually happening in places

across the country among high school students. When I asked senior Ashley Belinni if she had ever heard of a train, she said "No, what's a train?" Wouldn't this assembly be



as informative for my peers as it would be for parents?

The Schreiber Health program, especially in the junior year, is, in a way, the student's version of information about risky business. However, health classes only go just so deep into the sensitive subjects like substance abuse and sex because they must spend time covering other areas like mental health and pressure from school.

Instead of organizing parents and students to learn about these risky topics separately and then hoping communication occurs, a more ideal situation would be to bring parents and students together and avoid the big secret surrounding sex and substance abuse.

At the most recent Risky Business assembly, videos were shown depicting typical teenage scenes. For example, there was a skit featuring kids at a party and another with a father reading his daughter's e-mail.

The video featured members of the Drama Club who acted out the scenes. According to junior Elyssa Jakim, who participated, the students involved rewrote a lot of the dialogue because it was not very realistic and the language was exaggerated.

While the importance of educating parents and students separately is acknowledged, if the school district wants to open discussion about risky business, then the best venue to do so would be in a program bringing together students and parents. While this may make for an uncomfortable situation, open dialogue is important to maintaining the well being of teenagers in the community. Having teens there with their parents may give parents a more realistic idea about what really occurs on the weekends. According to Mrs. Ronni Smithline, the co-coordinator of the assembly, the district is planning on such a program for next year. Getting input from students beforehand about risky behavior in order to facilitate a more realistic discussion could only be a good thing.

Hot 97 crosses the line continued from pg. 8

...song was factually inaccurate. Chinese and African people were not killed in the tsunami, but Indians, Indonesians, Thais, and Sri Lankans.

Miss Jones later gave an announcement on Hot 97 apologizing for the "Tsunami Song" and offered to forfeit her salary that week to the Give2Asia organization for the help of Tsunami victims. However, her actions seem somewhat superficial. Most likely, she is donating to this charity to cover up the incident and quiet people down - to save her own butt.

This is not the first time that Hot 97 was accused of making racial comments. A few years ago, DJ Star made a racist comment about Jennifer Lopez and ridiculed the plane crash that killed Aaliyah, an R&B singer. These comments do not just offend those at which they are targeted. Making any of these types of racist comments is extremely rude and also ignorant - there is enough hatred and animosity in this world that we could all do without racist statements and attitudes.

Professor's 9/11 remarks continued from pg. 8

...children as Churchill seems to argue.

Professor Churchill is a Cherokee Indian. As a Native American, his sensitivity to American imperialism and aggressive history with other parts of the world is understandable. However, Chief George Wickliffe said they "had no association with Churchill in any capacity whatsoever." Churchill was born to parents listed as "white" according to Suzan Shown Harjo, an Indian rights activist. Churchill later remarked that he is three-sixteenths Cherokee. I believe that Churchill was exploiting his small Cherokee heritage in order to acquire sympathy for his criticism of US policy and the 9/11 victims.

As is every American citizen,

Churchill is protected by the First Amendment. Hamilton College has controversial speakers all the time, but the unique uproar caused by this incident is most likely due to the fact that its been only three years since 9/11 and Churchill's remarks have simply struck New Yorkers too close to home.

Hamilton officials tried their best to protect the principles and values that they believe in - the rights to teach, study, and speak freely - but "the threat was too large for us to handle," said Joan Hinde Stewart, the President of Hamilton College. Despite few opposing arguments, the Nazi reference and the criticism of World Trade Center victims was unfortunate, offensive, and destructively inflammatory.

WRITERS WANTED

Earn money and serve the community by reporting on the Port Washington Board of Education.

A small group of high school students attends board meetings and writes up reports for distribution to a 300-person listserv. The reports are published in *The Schreiber Times* and *The Port Washington News*. There is a stipend of \$30 per meeting, funded by the Parent Council.

Freshmen, sophomores and juniors may try out for one of four open positions. For more information, write to Barbara Selvin Werle, the editor of the board notes, at bselvin@optonline.net.



EDITORIALS

Black History Month deserves more profound examination

Black History Month is the perfect opportunity for an easy demonstration of political correctness. Even in elementary school, before students have any real conception of racial injustice or the historical subjugation of minorities, Black History Month is celebrated throughout the school. Teachers, administrators, and students herald the achievements of famous black Americans.

All students know the famous examples; everyone knows the classic American Dream story these innovators represent. In many classrooms, posters with these people's images are displayed throughout the elementary classroom – maybe next to the number-line poster – and the teacher will briefly profile each.

While these political, social, artistic, or religious leaders are undoubtedly accomplished people who should be celebrated regardless of their race, this is often the extent of Black History Month's allotted lessons. Most Americans know that Fredrick Douglass taught himself to read as a slave, that Harriet Tubman worked on the Underground Railroad, and that George Washington Carver invented peanut butter.

Obviously, this gross oversimplification of black Americans' role shaping this country trivializes an entire race. These sound-byte facts could never represent a person, let alone an entire group. It is important to understand the meaningful learning that might come out of Black History Month if we learned less about these Great Men (who happen to be black) and more about true black history.

History, as a general principle, is told by the victors; the language of the past is shaped by the people who write the textbooks and teach the classes. In America, this means that mainstream history education is told from the perspective of white people. Even without racist intentions, the choices teachers, writers, and administrators make about the curriculum and materials have political implications. The sources that are used to learn, the material that does not make it into the curriculum, and the language that teachers use when describing history all reflect opinions of the teachers and can shape a child's understanding of history.

In many cases, this historical monologue leaves out the unique and important histories of other groups – les-

sons about westward expansion will certainly be different in Schreiber than in a school on the Mescalero Apache Indian Reservation in South Central New Mexico. Thus, the primary goal of Black History Month should be to concentrate on education with a different goal than every other day. Instead of teaching from the textbook or quoting American presidents, February should be a month when these alternative views are applauded and brought into the classroom.

In American history classes, black history is taught selectively and separately when it is taught at all. Tales of life as a black American are common when learning about slavery, the Civil War, Reconstruction, and the 1960's civil-rights movement; however, they are sparse between these topics. Lessons on the Gilded Age, for example, tell of the exploitation of poor laborers but not of the lives of black people. Black History Month should be a time when learning communities remember together that black history never stops – just like any other type of history.

History, in general, but American history specifically, is often taught as the actions of a series of Great Men – revolutionaries, presidents, populist leaders, civil rights activists, and peace-makers – but this type of education is insufficient. A view of history that includes only these Great Men ignores the contributions and lives of equally important people at the expense of a word-bank or list of names to be remembered for the Regents or AP Exam.

Even ignoring race, this style of learning is incomplete. When teachers frame these leaders as the catalysts of change, they ignore the possibility that other people can affect change, even by joining popular movements. Deifying leaders by portraying them as so influential in their own right discourages criticism inside and outside of the classroom.

Furthermore, American history textbooks must be more conscious of the omission of these alternate views. In the AP American history textbook, there is an account of Native American boarding schools that were run in the nineteenth century to re-educate and civilize the "savages." The account in the book portrays these schools as harsh, but relatively innocuous; the main goals of the institutions seemed to be on par with teaching proper west-

ern table manners.

In reality, these "schools" were more like camps; they were intended to wipe out Native American culture and replace it with a sanitized Christian version. The "heathens" in the camps were forced to stay by the government and they were treated harshly and constantly ridiculed. The last paragraph of this section of the text, a sidebar called "A Place in Time," hinted that the Indians may not have enjoyed the camps as much as white America believed, but it certainly did not spend sufficient time

on the negative political effects of this horrible episode. Fittingly, most of the AP US History classes skipped this section.

Black History Month should be a time when all students, teachers, and citizens remember that the history taught in classrooms may be only part of the story. Black history, or any other minority history, is not fit for a sidebar or a special paragraph. Instead, people must recognize that American history is black history

Times Policy Statement

The Schreiber Times' primary purpose is to inform its readers of events, issues, and ideas affecting Schreiber High School. The Times also serves as an open forum in which members of the Schreiber community may express their ideas and opinions.

The Times will report all news accurately, honestly, and fairly. We will not give preference to any group or individual. We will respect the rights of all information sources and any errors will be corrected promptly.

We will print submitted materials on the basis of their quality and significance as determined by the editors of this publication. The editors reserve the right to print, refuse to print, or return any submitted materials. The editors also reserve the right to edit any submitted articles.

We will print letters to the editors if judged to be of sufficient quality and importance on a space-available basis. We will

not print letters that are obscene, libelous, or contain unfounded charges. The Times reserves the right to shorten letters if doing so does not alter their meaning, and to choose a representative letter from a group of related ones. Letters do not necessarily reflect the opinions of the editors. We will not print any anonymous letters.

Editorials printed in this publication reflect the opinion of the majority of the editors. If the situation warrants, minority editorials will be published. Editorials do not represent the views of the Port Washington Union Free School District.

We will not publish advertisements if they are deemed libelous, obscene or likely to incite criminal activity. Prices of advertisements are standard and price schedules are available upon request. Advertisements do not necessarily represent the views of The Times.

We will establish new policies if the need arises. Until such a point occurs, The Times will follow the policy described in this space as well as the guidelines of common sense and reason.

EDWARD D. PAKEL

Attorney At Law



GENERAL PRACTICE

Wills • Trusts • Estates
Real Estate • Co-op • Condo
Elder Law • Long Term Care Insurance

883 - 2090

**20 Guilford Road
Port Washington**

An Experienced & Honest Counselor

To the readers of *The Schreiber Times*:

I am writing this letter in response to the January article dealing with the alleged theft of union funds by an ex-employee of the Port Washington Paraprofessional Association. The statements made by several students interviewed for the article are appalling and downright disturbing.

The lack of morals and ethics displayed by Matt Silverstein and Eric Siegel in their comments, I hope, is not indicative of the mentality of the Schreiber population. Stealing is a crime; it is against the law. It is not to be condoned in any facet of our society, no matter how rich or poor our commu-

nity is, how easily accessible the funds are, or who we are as individuals.

The stolen funds were contributed by hard-working district employees for their union's affairs. Although this case does not involve the thievery of taxpayer dollars as in the William Floyd and Roslyn school districts, stealing what does not belong to you is just as illegal as those scandals are. Just as scandalous, however, are the inflammatory thoughts spoken by these few students here at Schreiber High School.

Mrs. Nancy Zove
Foreign Language Department

Schreiber freshmen escape obesity

Survey shows that students defy national trends

By Andrew Gross
Features Editor

The recent surge in attention to the "obesity epidemic" plaguing our nation has left parents and doctors worried, health clubs busy, and fast food restaurants desperately trying to keep their customers. Yet surprisingly, a recent survey of ninth graders at Schreiber demonstrated that these national statistics may not paint a very accurate picture of our town.

Measuring fat content through the use of the Body Mass Index (kg/m²), a fairly reliable indicator of the proportion of one's

“With recent media attention to eating disorders and unrealistically thin celebrities, there has been a rise in sentiment against the messages being sent to children. Many feel that the images being inculcated into the minds of today's youth as the way they are supposed to look simply puts unnecessary pressure on children to conform to impossible standards.

Yet the results of this survey indicate that perhaps the pressure being put on children to stay in shape benefits children more than it harms them.

weight to one's height, the survey revealed that a mere six point eight percent of ninth graders are in fact overweight, while just one point five percent can be categorized as obese. These results are very contrary to the trends that have developed across the country, which may shed light on both the nature and causes of obesity.

According to www.sunherald.com, thirty percent of adults and fifteen percent of children were classified as obese. These statistics are staggering, considering the severity of the condition. Obesity is not synonymous with being overweight, but is actually quantitatively more severe, defined as having a body mass index of thirty or above.

For example, a male who is five feet nine inches would have to weigh at least 203 pounds to be classified as obese. The development of these trends have been blamed by many on soda companies and fast food chains whose mind-blowingly unhealthy items like the Big Mac or the Whopper are enough to significantly affect one's health.

In addition, many suspect that the increasing popularity of videogames and computers over the past decade may be linked to a decrease in exercise and outdoor activity. Health teacher Ms. Meghan Harding contends that the changing times are resulting in far more unhealthy lifestyles and habits than children maintained in the past.

"Obesity has always been a problem, but it is more prevalent than in the past," Harding said. Instead of playing videogames like today's youth, Harding explained, "we were on the block outside playing, and always involved."

Since Schreiber students are definitely not exempt from the changing times so much affecting children's health, what explanations could exist as to the lack of obesity? One possibility is the relative wealth of Port Washington in comparison with the rest of the nation. The argument that areas of lower income are more prone to obesity is very plausible for several reasons.

First, for the most part, unhealthy foods are cheaper than healthy foods. For example, a cheeseburger and small Coke from Burger King, which costs less than two dollars, has a huge seventeen

grams of fat, while a six inch Subway Club from Subway and the same Coke has only six grams of fat, but costs over three times as much. For many, the difference of several dollars is enough to make the decision very easy.

In addition, in families where both parents work, often returning late at night, involvement in children's meals may not be possible.

"Kids are going for the quick meals," explains Harding, recommending "more family involvement" in children's lifestyle choices.

With the diminishment of these financial problems, many Schreiber students are perhaps able to eat more healthily, if not all the time. Though often students choose to eat unhealthily anyway, the financial ability to eat healthily definitely plays a role in developing trends.

"The opulent nature of this town allows for a more healthy lifestyle for its inhabitants," said junior Zach Bergman.

With recent media attention to eating disorders and unrealistically thin celebrities, there has been a rise in sentiment against the messages being sent

to children. Many feel that the images being inculcated into the minds of today's youth as the way they are supposed to look simply puts unnecessary pressure on children to conform to impossible standards.

Yet the results of this survey indicate that perhaps the pressure being put on children to stay in shape benefits children more than it harms them. Forty two point seven percent of those surveyed admitted to feeling pressure to stay in shape, yet a surprising seventy percent indicated that they do not feel insecure about their weight.

This may indicate that the pressures placed on children to stay in shape is actually providing a positive influence. While of course resorting to eating disorders to cope with these pressures is a serious problem for some that should be remedied as successfully as possible, the survey indicates that such pressure is more often an impetus to improve one's habits, rather than the opposite.

While perhaps today's society is less conducive to regular exercise than in the past, a large percentage of those surveyed reported that they exercise regularly. Sixteen percent exercise two or three times each week, while thirty seven point four percent exercise more than three times per week. In addition to healthy eating habits, regular exercise is vital in maintaining a healthy lifestyle. It is therefore logical that a trend in healthy body mass index is linked with a trend in frequency of exercise.

The prominence of exercise among Schreiber students may be the result of

several factors. One is the availability of organized sporting venues at Schreiber. Any student who wants to play a sport is able to find a team to participate in, ultimately signing him or herself up for a season of regular, strenuous exercise.

In my opinion," said junior Tom Zebro ski, "organized sports at Schreiber lead many kids to exercise and participate more in sports than they would ordinarily."

In areas in which organized sports leagues are scarcer, it may be difficult for children to play sports on a regular basis, perhaps accounting to a certain degree in the discrepancy between obesity on a national level, and that within our school.

There is also a very high number of gyms in Port Washington, allowing students who may not be as motivated to work out at home to work out with machines, or even with a personal trainer. Even more importantly, Schreiber offers free use of the weight room three times a week, allowing even those completely uninvolved with sports to exercise regularly.

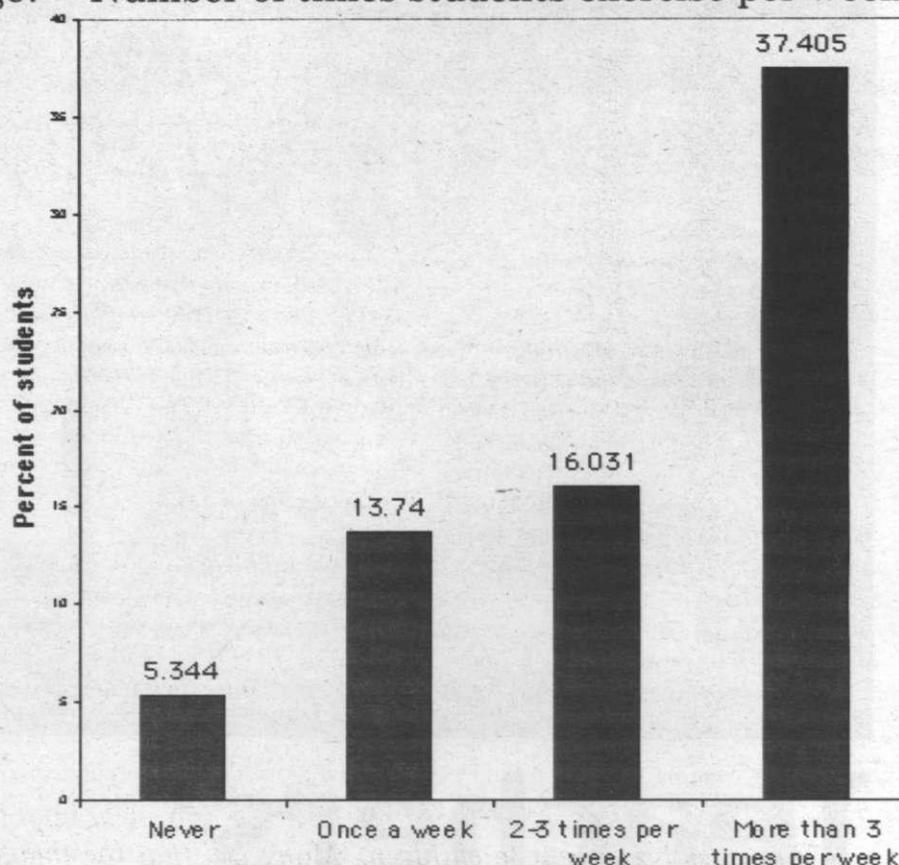
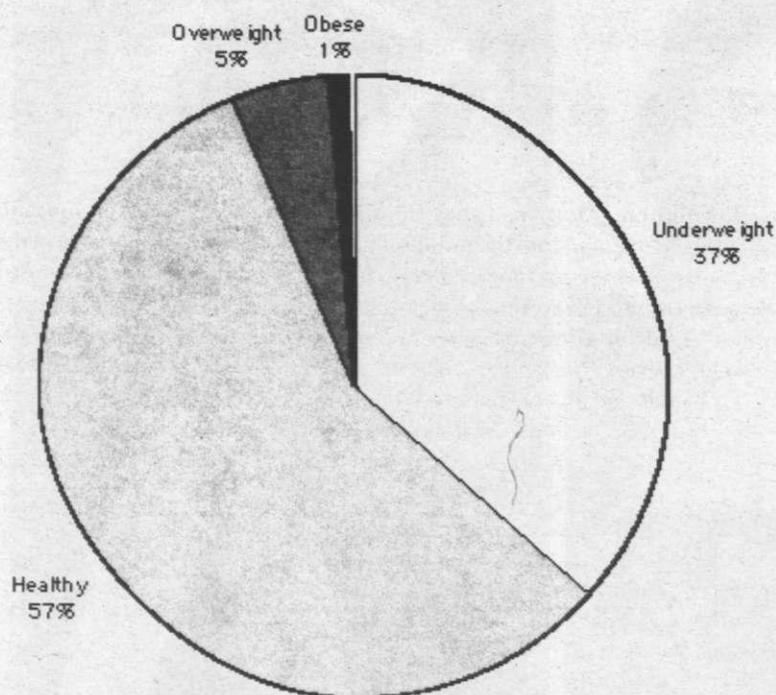
"I wouldn't go out of my way to work out, but since Schreiber has a gym, it gives me easy access," said junior Greg Ormont.

While the nation is gradually slipping away into obesity, somehow, the students of Schreiber have been able to largely evade the problem altogether. Through a combination of financial security, availability of facilities, and successful education, the students here have, in general, maintained uncommonly healthy physical condition.



Hillary Wool

Are Schreiber students within healthy weight range? Number of times students exercise per week



Analysis of height and weight to determine Body Mass Index reveals that Schreiber freshmen are well within the healthy range.

Living a healthier lifestyle really is all it's cracked up to be!

By Ali Bernhard
Staff Reporter

I have recently made a fascinating discovery; eating healthier really is all it's cracked up to be.

Up until this year, I could generally have cared less about the fattening foods that I was putting into my mouth. I would come home from school and pig out, which in return didn't please my stomach one bit. I saw eating as a hobby which is definitely not something that it should be.

So what stopped my eating obsession? I found new hobbies. This summer I went away and was busy. This kept me distracted from the foods that would normally have been by my side at all times, and as a result, I started eating much less. I began to realize how much better I felt after I came home. I was being active, and I wasn't sitting at home eating until I got sick, or just sick of whatever I was eating at the time, either.

I decided to keep this up and keep eating less and more healthfully. Many nutritionists say that healthy eating can improve your mood, and I have to agree.

However, just because I eat less doesn't mean I don't eat at all. When sitting in the cafeteria, I often wander over to the vending machines to pick out a snack to cure my hunger. But what do I see when I look through the glass? Fat: all of my options are fattening foods.

This is very frustrating for me and for anyone who is trying to eat properly. With the absence of healthy options, the only other option for kids who want to buy lunch is not to eat at school. But not eating at school is a horrible habit to get into. If a student doesn't eat at school, the student's stomach would be growling like crazy hoping that it would soon be filled with something to stop the hunger.

By the end of the day, that hunger

would have become so bad that the student wouldn't be able to wait to go home and eat something to curb the hunger, most likely eating very quickly and ultimately overeating. Those who engage in this behavior are doing no favor to themselves because they are increasing their chances of gaining weight.

The other, and in my opinion, worse, alternative is not eating at all. If a student is trying to lose weight and sees the fattening foods in the vending the student might become discouraged, thinking that the only way to lose weight is to not eat at all. The student will start to believe that food is the enemy, which in fact, it is not. Anorexia is a growing problem in this country; a good way to start cutting down the number of Americans throwing their lives away to be skinnier would be to start in schools. Schools should show students that there are other alternatives.

School is a place for learning. It is supposed to be a place to better yourself not only in terms of your knowledge but also to learn to take care of yourself. So why in the same building that gym teachers are drilling fitness into our heads is the food in the cafeteria contradicting the basic principle of health?

This is discouraging for anyone who is trying to take care of him or herself. What is a student supposed to do when he or she is hungry? Is the school saying that if one is hungry the only thing to do about it is to eat fattening foods? Because this is definitely not the case.

Ideas like this only reinforce the rampant problem of obesity, which, today in America, is a growing problem among young age groups. Over thirty percent of American teenagers are obese. Obesity can lead to other physical problems for the individual including diabetes, asthma, and high levels of bloods pressure and cholesterol.

Not only can obesity cause physical problems, but it can also be embarrassing, resulting in low self-esteem. Obese children don't want to be this way, but they don't know anything else. It is true that we are all built differently, but that doesn't mean that there's nothing we can do about it. We can all be healthy; there is a difference between being a naturally bigger person and being unhealthy and overweight.

In school, we are taught that proper eating is something that can affect the rest of our lives. If we eat healthfully now, we are more likely to maintain those habits throughout our adulthoods. Classes like health and physical fitness promote taking care of oneself and being healthy. So why doesn't the cafeteria also reinforce these ideas?

There are alternatives to unhealthy foods besides going hungry. Instead of greasy potato chips, there are soy chips. To replace salty nuts there are unsalted nuts which are a good source of protein and are actually a good thing to stifle hunger. And the ice cream machine could be filled with less fattening forms of frozen snacks like low fat ice cream pops or frozen yogurt. If the school took action, these sources of fat just waiting to be gobbled down could be changed into machines that supply students and faculty alike with nourishing snacks.

Now, I do realize that some action has already been taken to tackle this problem in Schreiber. Tina Fuchs, a parent and member of the Port Washington Nutrition Committee, informed me that the committee meets monthly to discuss the school menus and visits a different school each month to talk to the kids about the food.

After talking to Ms. Fuchs, I realized that though the vending machines seem to be full of fattening foods, at Schreiber, there are other options. If you go into the cafeteria, you have the healthy option of

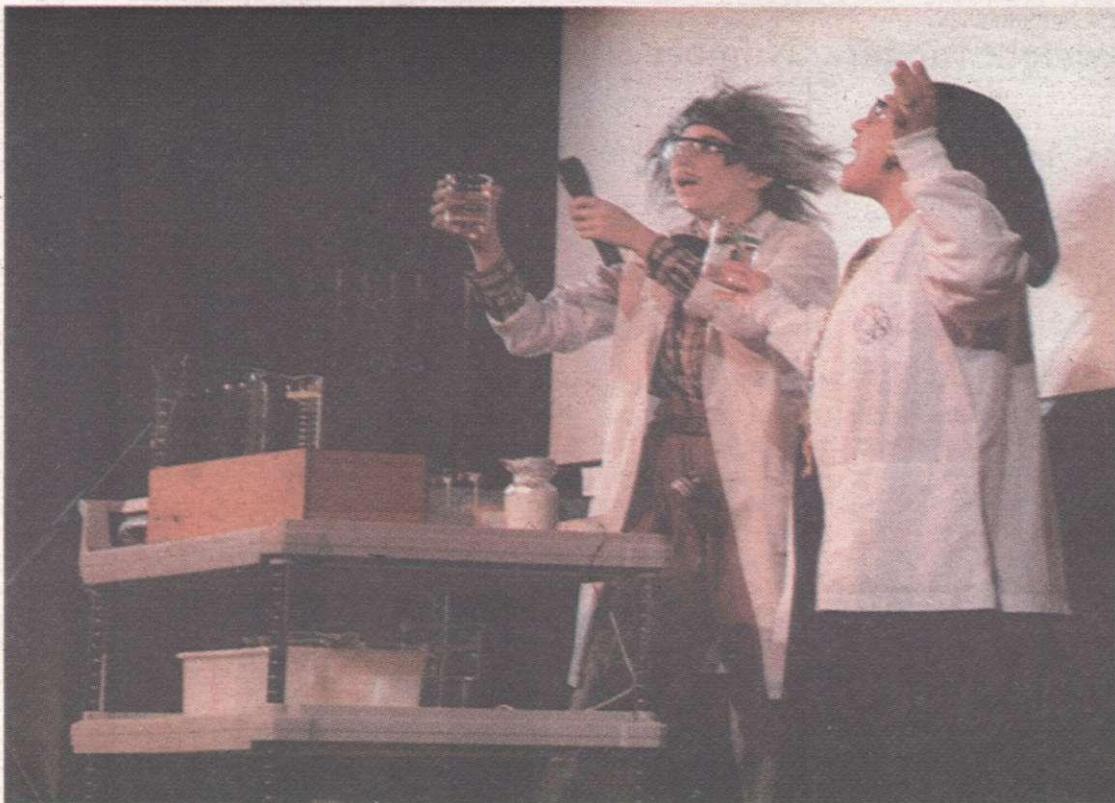
choosing foods such as fruit, Nutri-Grain bars, or a salad for lunch. But this fact should be promoted. For students who are discouraged by the previous options in the cafeteria, there is no way to know that there are now more selections than just the old fattening foods.

"My experience as a Registered Dietitian and parent on the District Committee is that change is very slow," Ms. Fuchs said. "I absolutely think much more needs to be done, but it will take time."

So, since I have this new knowledge of the changes being made in the Schreiber cafeteria, I hope that the administration will realize how important it is to encourage even more changes, see that they are made, and publicize and promote them.

In the age of nonsense dieting and unrealistic physical expectations, it's important that we learn how to eat healthy at a young age. The administrations of other schools across the country should use Schreiber as an example for how to make changes. So far, I think that the Port Washington Nutrition Committee has done a great job; I've seen many students eating salads and fruit in the cafeteria instead of chips and chocolate. The schools can and should do more to be a force for change and not just make some token efforts. By promoting health in the cafeteria as well as the classroom, the true meaning of a healthy lifestyle will finally be understood.

School boards realize how big an impact they can have, so I propose that they do something about this ever growing problem that can be easily fixed. The Port Washington School District could be one of the leaders for other schools across the nation to look to as proof that change can happen in the food that is served in schools. Efforts at one school could result in a domino effect, starting a nationwide change, but you have to start somewhere.



Teachers' talent worth four grand

By Ariel Malekan
Staff Reporter

The third annual Teacher Talent Show, a production of Schreiber's Student Outreach, raised \$4,000 on February 3 for the Gift of Life foundation, an organization dedicated to helping organ recipients, donors, and their families.

Teachers and administrators from nearly every department participated in this great event. Students cheered as they saw their teachers perform a wide array of talents ranging from social studies teacher Mr. Doug Matina's kung-fu fighting to Student Outreach advisor and social studies teacher Mr. Eric Begun's race-eating against a dog.

The show opened with an imitation of the 1970s hit show "The Dating Game." Social studies teacher Mr. Jeremy Klaff, the host of the talent show, played the role of Chuck Woolery. Mr. Begun impersonated a rock star from California, math teacher Mr. Ray DiVenuto played a Russian professional tennis player, and driver education instructor Mr. Neil Miller was a NASCAR driver.

Foreign language teacher Ms. Meredith White played the "lucky" bachelorette who got to choose between the three contestants. At one point, Mr. DiVenuto implored Ms. White, "Pick me and we'll make quadratics together." In the end, Mr. Begun, the rock star was selected. The laughter that erupted after the first act set the tone for the whole night.

"Going into the talent show I did not think that I would have such a good time," said sophomore Emily Mottahedeh, "but with Mr. Klaff putting a hilarious twist on everything, the experience became very worthwhile."

Mr. Klaff officially began the show by introducing himself to the audience, making some jokes, and playing his "Teacher Talent Show" song.

The next act was short and

sweet. Students felt nostalgic as they heard the voice of Mr. Rogers, the popular children's television show character. But this was no Mr. Rogers; it was physics teacher Mr. Thom Johnson, who displayed his talent, juggling various objects like pins, balls, and wiffleballs.

The two main events in the first act were qualification rounds for competitions that would take place later in the program. First, Mr. Begun competed against math teacher Mr. Joseph Lederer in speed-eating to see who could eat doughnuts out of a dog dish in the shortest amount of time. As expected, the king of fast-eating competitions Mr. Begun destroyed Mr. Lederer, which qualified him for an eating contest against a dog in the last act.

The following competition was provoked by social studies teacher Mr. Petro Macrigiane, three-year winner of the staff talent show fighting competition. To prove that he was "worthy" to face Mr. Macrigiane, his biggest rival, math teacher Mr. Mark Reynolds fought Dr. David O'Connor.

Anything and everything was considered fair game in this competition between the math and social studies departments.

The fighting took place on a balance beam, and Mr. Reynolds and Dr. O'Connor each had a padded pole to fight with. The winner was the person who knocked the other off the balance beam four out of seven times. The game was tied at three to three when math teacher Ms. Beth Carstens pushed Dr. O'Connor off the balance beam from behind. Dr. O'Connor was defeated, sending Mr. Reynolds to the final match against Mr. Macrigiane.

Also, after the match Mr. Macrigiane accused junior class administrator Mr. Brad Fitzgerald of punching him in the parking lot the previous night, and threatened to fight him after beating Mr.

Reynolds.

"You are next Mr. Fitzgerald," warned Mr. Macrigiane, "You are next."

Dr. O'Connor's three daughters changed the bellicose mood. His youngest child step danced to traditional Irish music in soft-shoe, and her sisters performed a routine to Ciara's R&B hit "1, 2 Step" that they choreographed themselves. This portion of the show ended with a hard-shoe Irish step dance by the youngest daughter.

The Social Studs, a rock band including social studies teachers Ms. Sarah Brady on the vocals and tambourine, Mr. Matina on the drums, Mr. Craig Medico on the electric guitar, and Mr. Alex Webster on electric guitar and vocals, covered songs by The Beatles, The Black Crowes, and No Doubt. Mr. Medico was so enthusiastic during his performance that he walked down to the audience, and Mr. Matina played so hard that he broke one of his drumsticks in half.

The next performance was by chemistry teacher Ms. Christine Nelson, who acted like a mad scientist with chemistry teacher Ms. Joy Grasso-Krebs as her "genie." This duet used science with a twist in order to invoke the interest of the students in the audience. One of the experiments that caught the eyes of many was when Ms. Nelson lit hydrogen-filled balloons on fire, causing them to explode.

Ms. Krebs also displayed her own talent that evening, singing several jazz pieces with orchestra teacher Mr. Anthony Pinelli accompanying her on the bass and concert band teacher Mr. Mark Brenner, and later Mr. Fitzgerald, playing the piano.

During the intermission the performers got a break while Mr. Klaff raffled canned goods signed by performers, discs with all of the tracks used in the talent show, and the most prized item raffled, a can of motor oil signed by Mr. Miller.

When the Teacher Talent Show resumed, the first performers were the members of administration who performed a "School Rules Blues." This group included sophomore class administrator Dr. Rita Albert, Mr. Fitzgerald, senior class administrator Mr. Carmine Matina playing the

trumpet, and Principal Mr. Jay Lewis. The background music to "The Soul Team" was played by English teacher Mr. Corey Block on the electric guitar. Mr. Mark Brenner on the trumpet, English teacher Mr. Joseph Corbo on drums, and Mr. Pinelli on base guitar.

The band remained on stage after the administrators were done. The group played several songs with Mr. Reynolds taking on lead vocals including AC/DC's "Highway to Hell" and the introduction of Led Zeppelin's "Stairway to Heaven" followed by "Rock and Roll."

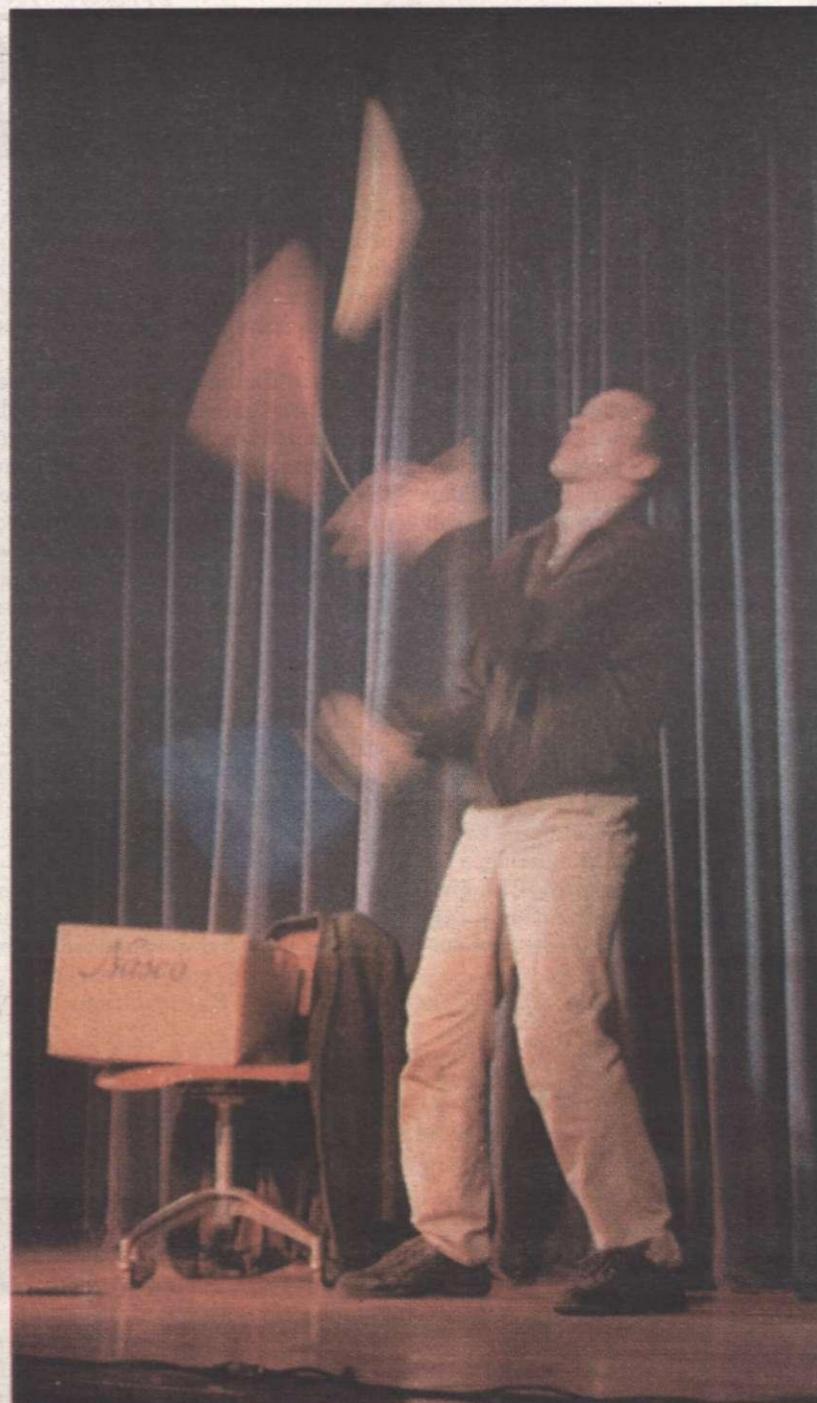
After many students approached the stage to show their support for the band during their third song Cream's "Sunshine of Your Love," administrators feared the possibility of moshing, and made all students return to their seats.

"Everyone was very into the performances which could be seen from the reaction from Mr. Reynolds band," said Mottahedeh. "They played some great rock."

The next performer was Mr. Doug Matina, who used several different weapons in a display of his mastery of the Martial Arts. Using only his bare hands, he broke through eight pieces of wood that were set between two cinderblocks. Next, he opened yet another bag filled with wood, and pushed several pieces on another pair of cinderblocks this time lower to the ground. Mr. Matina stood straight up and gained his concentration and hit the woodpile, this time with his head. All of the wood was broken in half again. Mr. Matina's seemingly effortless performance was greeted with roaring applause.

At last, Mr. Begun faced his eating opponent, Mrs. Eileen Kitley's ten-year-old black lab. Whoever finished a hotdog in the shortest amount of time would be the winner. Just seconds after the race had started the dog finished the hotdog. It was the first time in the history of the Schreiber Teacher Talent show that Mr. Begun was defeated. Handling his loss like a grown man, Mr. Begun gave the rest of his hotdog to his opponent.

Next came math teachers Ms. Beth Carstens, Ms. Tina Marie Gallagher



Mr. Kurt Schmalzbach and gym teacher Ms. Nancy Klotz's performance, in which they poked fun of the activities in a ballet class.

Ms. Mone McCurdy sang three gospel tunes. This former Schreiber student had won the Student Talent Show several years in a row, and her voice captivated listeners that evening as well.

It was finally time for Mr. Neil Miller to do his first standup gig ever, which was a huge success with the audience. He spoke about issues like the recent blizzard and excessive teen cell phone usage.

Finally came the most anticipated event of the night, the fight between Mr. Macrigiane and Mr. Reynolds. This was the event that would decide who would get the Championship Belt. Each of the men walked into the auditorium with the other faculty in their department. Students were holding up posters with the names of the fighter that they wanted to win.

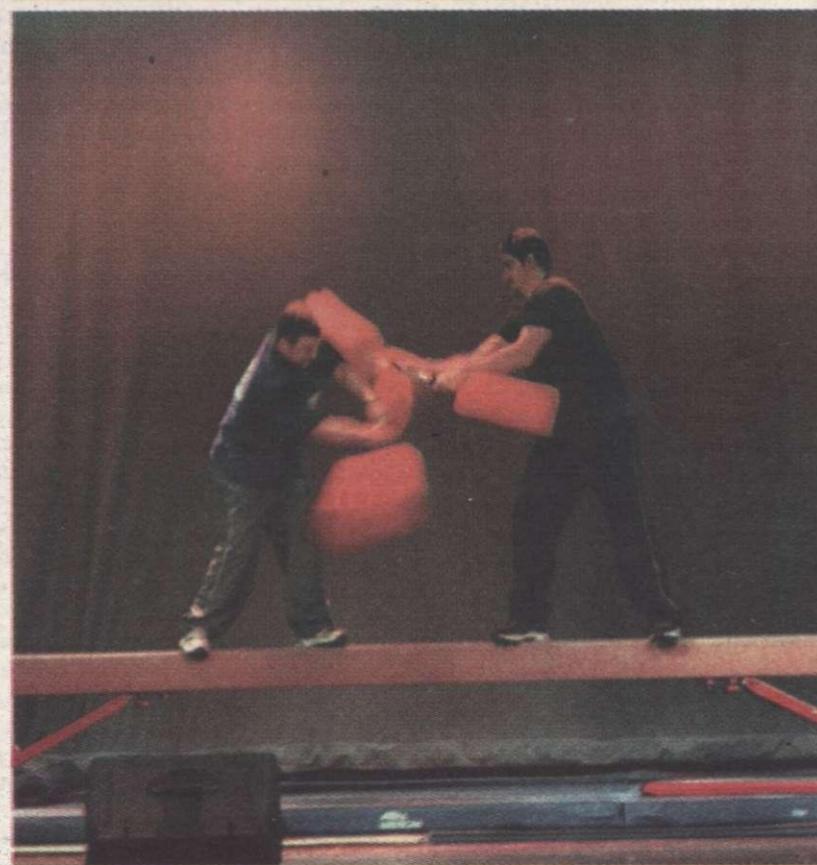
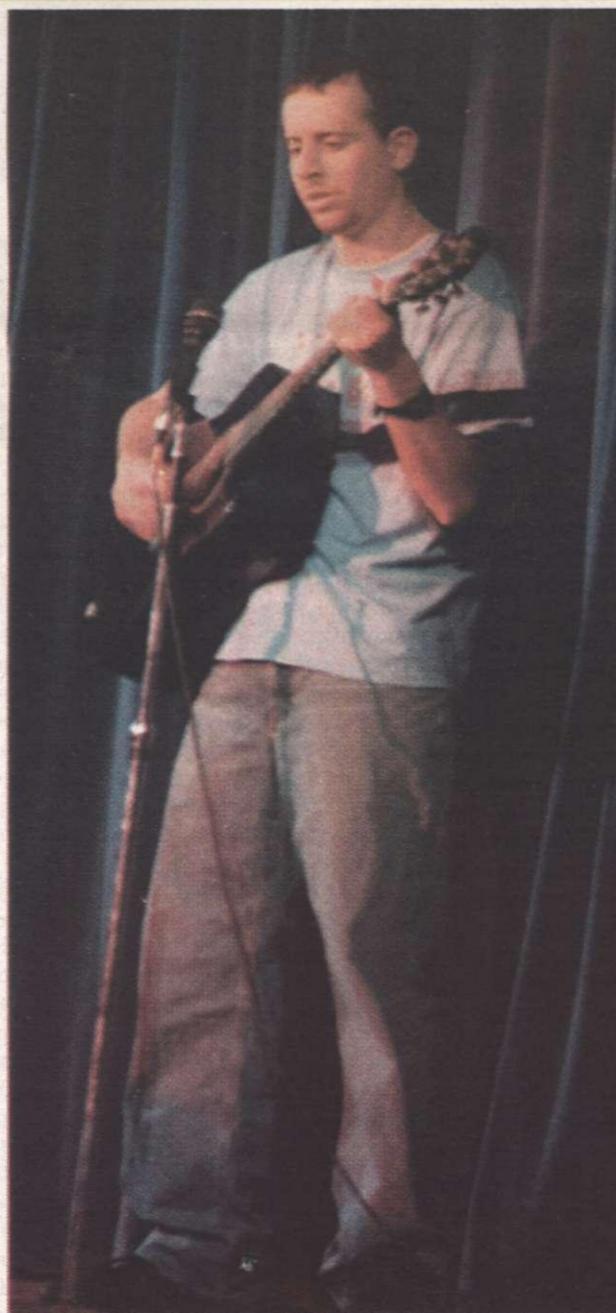
Before the fight began, the fighters had a battle of words, in which Mr. Macrigiane made fun of protractors and Mr. Reynolds made fun of the ancient Greeks.

The battle was a game of Ultimate Gladiator on a balance beam. The first to fighter to receive four points would win the match. There was a tie score, three to three. In the last round, the men exchanged punches but Mr. Reynolds was unbalanced. Mr. Macrigiane made the last punch, which caused Mr. Reynolds to fall off the balance beam. Mr. Macrigiane won the match, preserving his undefeated record.

Students were pleased and excited by this year's Teacher Talent Show.

"I was very proud to see how well the performance went thanks to the help of all of my fellow club members and participating teachers," said junior Sam Jaffe, a Student Outreach member. "Although it did take a great deal of time and effort it was well worth it, especially since all of our efforts were towards helping charities to help those less fortunate. I am already wondering what Mr. Klaff and the other teachers will think up for next year."

Students are already looking forward for next year's Teacher Talent Show. "I thought it was really amusing," said junior Matt Lazar. "I look forward to the rivalries next year."



Tal-ent show...teacher talent show! Clockwise from top left: Chemistry teachers Ms. Christine Nelson and Ms. Joy Grasso-Krebs wow the audience with explosions and color changing chemicals. Social studies teacher Mr. Douglas Matina prepares to fly through the air with knives before he breaks wood with his head. In one of the most eagerly anticipated events of the night, social studies teacher Mr. Eric Begun attempts to defeat a labrador retriever in a hot dog eating contest and loses for the first time in talent show history. "It's a beautiful day in the neighborhood, won't you be my neighbor?" Physics teacher Mr. Thom Johnson, also known as Mr. Rogers, juggles bowling pins to demonstrate the principles of gravity. Social studies teacher and defending champion Mr. Petro Macrigiane and mathematics teacher Mr. Mark Reynolds duke it out in the final act of the talent show. Talent show host and social studies teacher Mr. Jeremy Klaff starts off the talent show with his signature talent show song.

Do you have a heart? Some Schreiber students answer "No."

Uncovering the roots of Valentine's Day and learning what Schreiber thinks

By Erin Szulman

Contributing Writer

Valentine's Day means something different to everyone. Traditionally, on Valentine's Day, February 14, cards, flowers, gifts, and chocolates are swapped among couples and friends. To most, these exchanges represent love, compassion, and happiness, while to others this holiday is merely a corporate hoax meant to sell merchandise and make millions.

"Valentine's Day is a Hallmark holiday that has no meaning," said junior Lauren Edmonds.

The origin of Valentine's Day is of great concern to people who enjoy the holiday. According to one source, Valentine was a priest in Rome during the third century. At one point, Emperor Claudius II outlawed marriage for young men, claiming that single men made better soldiers. Valentine continued to perform marriages for young lovers in secret, ignoring Claudius' law. When authorities discovered that Valentine was defying the edict, he was sentenced to death.

During Valentine's time in jail, while

awaiting his death, there was some sort of interaction between him and his jailer's daughter. Prior to Valentine's death, he sent the woman a letter, signing it "From your Valentine"—the source of the modern phrase.

In addition to this story of St. Valentine, other tales associate the holiday with Roman traditions. In Rome, a young man's rite of passage, made in honor of the god Lupercus, occurred in mid-February. Every year, the names of the young women of the village were placed in a box and chosen randomly by the young men. Each young man was assigned to be his chosen woman's companion for the year, when the lottery took place again. Often, these unions ended with marriage.

After centuries of this practice, the early church fathers decided to replace the pagan festival with a more sympathetic tradition. The names of the young women were substituted with the names of saints, who were to be imitated during the year by the men who picked them. Lupercus was replaced with a more appropriate ruler of love, Saint Valentine, who had been martyred centuries earlier.

Valentine's Day traditions have been

created over time and all around the world. Surprisingly, Valentine's Day only became popular in the United States during the 1800s. In England, children would dress up as adults and go singing from home to home. Love spoons were created in Wales and carved with hearts, keys, and keyholes meaning, "you unlock my heart." Many believe that you will have good luck if you are awakened on Valentine's Day by a kiss.

There are many interpretations of Valentine's Day. Some individuals don't even believe that there is any meaning in Valentine's Day. To these people, the holiday is a time where couples waste their money on useless items. Many feel that if couples really love each other, they don't need a day set out as a time to swap gifts.

There are also those who are negatively affected by the holiday. It can make people who are single feel lonely, reinforcing that they don't have anyone to share love with for the moment.

Still others feel that the day is quite valuable. "Valentine's Day is hot," said freshman Maie Lee. "It's a time for people to show love."

"It's nice to have a day dedicated to love," said Sam Colona, a freshman who disagrees with people who dislike the holiday. "You don't need to be involved in a relationship to enjoy it."

There are many ways to celebrate Valentine's Day. Younger children swap cards with their friends and the kids in their class. By the time they become teenagers, their interest in Valentine's Day usually decreases or increases if they have a special someone to send something to.

School organizations also like the holiday, for a much different reason. These groups often exploit the day, choosing it as a time to raise money through services such as selling flowers, candy, or lollipops or sending cards around the school. This year, the Human Relations Club is having a bake sale, and the Key Club is selling flowers and candy.

Thus, the ubiquitous sugar hearts with lovely little sayings — "Be Mine" and "I Love You" — aren't all there is to Valentine's Day. Instead it means money for clubs, companies, or gifts for a certain guy or girl.

G2G but U can leave a message!!!!

AIM profiles and away messages allow important communication

By Hillary Wool

Features Editor

After a long day of school and extra-curricular activities, Alexandra is glad to return to the comfort of her home. She walks into her room, throws her backpack down on the floor, and plops herself in front of the computer. "You have 3 new messages," she reads off a small window in the middle of the screen. Under it, she sees the away message she put up the night before: "school->sports night ~ cell".

She closes that window, and proceeds to read that afternoon's messages. There is one from her boyfriend at college, one from her camp friend, and one from a friend who stayed home sick from school.

Alexandra skims over the three brief messages. "hey alex call me later <3 u," says the one from her boyfriend. The remaining two read, "Can you come up to visit this weekend? Let me know xox," and "hey hun when u get home can u tell me what the math hw was? thx."

Alexandra instant messages, or IMs, her boyfriend, whose away message is on and reads "class til 6." She sees that her camp friend is no longer signed online, and proceeds to IM her friend who was home sick. "hey lindsey, I hope u feel better — we got a sheet I'll fax it to u later," she says. Then, Alexandra puts on an away message that reads "phone w/krysta." She picks up her phone and dials a 914-number, as Krysta lives in Westchester. "Hey babe," she greets her friend. "I can definitely come next weekend — I'm so excited!"

As she chats with her friend, Alexandra clicks and motions her mouse. On her computer screen, windows titled "Buddy information" pop up. Alexandra looks through her friends' away messages and AOL Instant Messenger (AIM) profiles.

Does this sound familiar?

For many high school students, AIM is a

major means of communication. Just like reading between the lines is important to analyzing a book, away messages and AIM profiles act as indirect communication online. Want to find out where a friend is? Try checking his or her away message if he or she is unreachable by phone. It is often more convenient to leave someone a message on AIM (if his or her away message is on) than to call his or her home and leave a message.

Away message communication can be quite functional. For example, if a captain of a sports team wants to remind team members to bring in money for ordering shirts, then he might want to note this on his away message the night before the money is due. As opposed to merely excluding friends and peers, one function of away messages can be to invite them to invite themselves to whatever you may be doing. For instance, putting up the away message, "out with the girls — cell to join," signifies that others are welcomed. This can be instrumental in avoiding the typical high school "Ew, you didn't invite me to come" syndrome.

Although away messages can be used to alleviate drama, they can also be most dramatic. Angry notes to the rest of the AIM universe can draw upon the day's up and downs, or echo temporary social turbulence. Perhaps the most subtle (or not) way of doing this is to display lyrics which reflect your opinion or position on a subject. Say you're in a fight with your significant other, and you are craving attention/an apology. Putting up a lyrical away message that expresses anger, perhaps over betrayal or some other wrong committed, sends a strong yet indirect message.

There are a few common genres of away messages. In addition to profound lyrics and information about one's whereabouts, there are a couple of other options. Holidays such as Halloween and Christmas

call for special, often color-appropriate messages. If a friend has a birthday or gets into college then the occasion warrants an away message notation.

"Happy Easter," "amy, congrats on MICHIGAN!" and "HaPpY bIrThDaY jOn" are just a few examples of event-related public greetings that one might choose to display. Messages that inform friends and peers of college acceptances, birthdays, and other special events can lead to expedited awareness, if not a barrage, of related instant messages.

Upon seeing a message like "amy, congrats on MICHIGAN!" many people feel obligated to directly commend the individual or put up a similar away message of their own. This is certainly more convenient than typical word-of-mouth communication. It also makes the honoree feel special when he or she gets bombarded with messages of praise.

Informational away messages can also have didactic or political tones. Especially around election times or events of crisis, people feel the need to say what they feel and believe, or at least provide jolting facts. "Over 200,000 people died in the tsunami" and "KERRY-EDWARDS 04, go vote today if ur 18!" have recently found homes on people's away messages.

Many of these phrases and sentences appear on AIM profiles as well as away messages. Perhaps individuals choose to iterate more permanent messages in this manner, as one generally changes profile content less frequently than away messages. Profiles commonly contain "profound" lyrics, personal contact information, "shout-outs" or acknowledgements of friends or significant others, and links to websites.

The lyrics one might choose to place on his profile tend to have a more general theme than away message lyrics. If a lyric is "important" enough to garner a spot on your profile, then chances are it has a great

deal of meaning to you. Frequently, profile lyrics will relate to themes of friendship, hope, and happiness.

Including personal information in an AIM profile serves a functional purpose. It can be useful to list your cell phone number and email address just in case someone wishes to contact you and doesn't already have this information. For instance, students often send each other Microsoft Word documents like study guides for classes. If your email address is on your profile, this becomes easier.

Many AIM users, especially girls, acknowledge their close friends, teammates, or other allegiances (ie. summer camp, future college). Some people include "shout outs" to their best friends, significant others, cliques, etc. Acronyms and other peculiar letter combinations can signify groups of friends. For example, Jenna, Ashley, Tanya, and Claire, four best friends, may write "JATC" on their profiles to showcase their bond. Students who are members of teams etc. like the lacrosse team or sports night may also include this information on their profiles.

It is also common to provide links to one's photo website, online journal, or My Space site. Occasionally, if someone finds a particular site amusing, he or she may profile-it or away message-it.

Finally, the last element of indirect communication via away messages and profiles includes font, color, and other textual embellishments. By bolding, indenting, and changing colors, it is possible to dramatize a phrase or sentence.

AIM profiles often reveal a great deal about one's personality. "It's a place where people can share their inside jokes — even if other people don't understand," said freshman Erin Szulman. "It's a random spot where people can put down thoughts they wish to express. Sometimes, profiles can seem exclusive, but usually they just display what's on a person's mind."

36 North enjoys a successful start

New Port boutique appeals to teens looking for stylish shopping closeby

By **Hillary Wool**
Features Editor

Before Lynne Guccione and Karen Levane opened 36 North, the new boutique on Port Washington Boulevard, many Port Washington teenage girls had difficulty finding fashion-savvy, moderately priced clothes in town. Everyone knows that Port has its share of children's stores and women's boutiques, but the clothing sold at 36 North stands out amidst the tacky kid's size-ten t-shirts and dressy expensive blouses at other in-town establishments.

The store's warm, welcoming ambiance has already made it a favorite among Port Washington women - middle school girls

clothing and accessories, 36 North appeals to many Schreiber girls. 36 North has emerged as the only clothing store in town that offers fashionable clothing for girls age thirteen to twenty-five at relatively reasonable prices.

Guccione explained that her vision of a store was one truly connected to the community - a store which could tailor its selection to its customers' preferences. She spoke about the boutique's "very personalized approach." Guccione is willing to find a particular item on request. She views 36 North as a "neighborhood store" and seeks community feedback.

"Once they come in, they see that there are twenty-dollar gifts - nice things," Guccione said about her customers. The store's reasonable prices are a relief to shoppers who expect items' prices to run into the triple-digits. Tank tops adorned with ruffles and sequins are often as cheap as twenty-five or fifty dollars. Skirts, blazers, and dressy pants start at about fifty dollars.

"We seek to find the best quality at the best price," said Guccione. "We're going to have things that Scoop sells, but at half their price."

The classy, yet never intimidating, boutique is bringing in new spring items daily. "I go to shows...all over," said Guccione,

who has gone as far as Italy in search of clothing. "I've been in the business for a nice amount of time and I know where to go and do business."

The project of creating 36 North went quite smoothly according to Guccione, who acknowledges that her friends and others played a major role in starting the busi-

ness. Her friends assisted in choosing colors and upholstery for the store while the builder worked diligently everyday.



Co-owners Karen Levane and Lynne Guccione pose with some of the store's merchandise.

Overall, Guccione has enjoyed the experience of opening her store. "I meet a lot of friendly people...I love meeting the kids especially," she said.

Guccione became involved in the fashion business as an adult. Both stay-at-home moms, she and Levane launched the idea after they became friends a few years ago. The pair is extremely close and they are "like sisters" according to Guccione.

Spring looks like it will be a promising

season for the new store. Tano "banana" handbags, mesh bags, beaded moccasins, and rhinestone-terrycloth flip flops will be arriving soon. The store is beginning to get prom and junior prom-oriented dresses in.

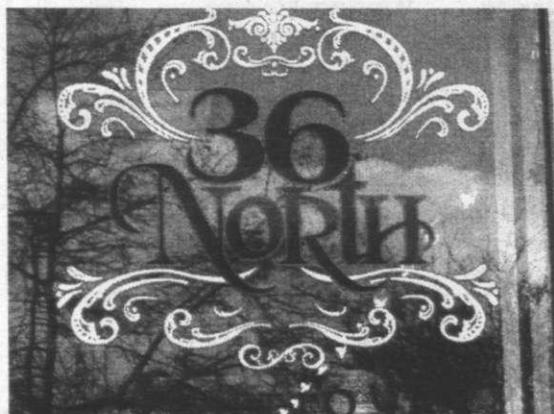
"We have so much coming in," said Guccione. "I don't know where to fit it!" She also mentioned a sidewalk sale to be held on February 19th. The sale will take place in the parking lot area in back of the store, and "below wholesale prices" will be provided.

Guccione also offered advice to budding fashionistas. She explained that Moira Fleming, a 19-year-old Schreiber graduate, attends shows with her and serves as the store's assistant buyer. Guccione encouraged teenage girls who wish to pursue fashion to work in stores and showrooms to get a feeling for the fashion business.

"You can get specific later on, but set a foundation first," advised Guccione. As opposed to a fashion education, she feels that a general education is a more solid basis for such a career. "Set a broad base and find your way through it," she added.

36 North has quickly established its own niche among other shops in Port Washington, and it seems like it's here to stay. As long as Port's teenagers and young women seek fashion north of Northern Boulevard, this boutique will have a supportive clientele.

Sophomore Stephanie Seeman commended the personal atmosphere that the store offers. She said, "I like that it's not too expensive...The owners are so nice."



36 North features an attractive store front and stylish interior decor.

and Moms alike. The champagne, tea, and cookies served in the store reflect the owners' attitude that their boutique should be welcoming, especially to a younger crowd.

"I love having kids stop in," said Guccione. Because of the store's location near Schreiber's campus and its selection of

FEATURES Fashion File

By **Amanda Schiff**
Contributing Writer

Just as people are feeling weighed down by puffy winter jackets and scarves, they start dreaming about spring - bright colors, flirty dresses, and beach outfits. The women's fashions coming in spring '05 are sure to be colorful, glamorous, and feminine. The following are some of the hottest spring fashion trends that are sure to melt the snowy winter away in no time:

Color

One of the most prominent aspects of spring fashion trends is color. Chiffon, laces, satins and jerseys will appear in a wide range of shades in the coming months. Blue looks ready to give green, last summer's top tone, a run for its money. Other colors expected to be common include pink, yellow, orange and strong metallic gold.

Recently, metallic hues have been showing up on runways around the world on everything from handbags to

ballet flats. This year, black and white are coming back with a vengeance - this color contrast is one of the biggest hits this spring!

Belts

Belts, a key to femininity, are no longer only an article of clothing used to hold up pants - they are now becoming a staple accessory in the fashion industry. Leather belts are being worn not only on jeans but also over long sweaters to create the appearance of a perfect figure. The eye should be drawn to the waist, so leather belts can be worn over ladylike knit dresses to really create a 1950s-esque hourglass figure.

Beaded everything!

A sparkle motif is being carried over to the clothing of the spring/summer '05 season. Sequins, Boho earrings, turquoise and coral tones, and beaded necklaces are topping the charts of best accessories. Sequins appear on everything from shoes to shrugs, giving your outfit a little something extra.

Bohemian earrings: Think big hoops,

and loads of charms! Hanging, bright, sparkly earrings are probably the most fun accessories of the spring. A woman can pick any style, color, or shape while remaining on the cutting edge of the fashion waves. Turquoise jewelry, based on Native American designs, has been on the rise among the fashionable for the past few weeks. Turquoise also bejewels 'beaters, jeans, and skirts to jazz up an otherwise mundane look.

Coral tones, and beads are also becoming rather popular not only on the runway, but in

Flirty Dresses

Spring is the perfect time for a woman to show her girly side with a beautiful, flowing dress. Flowers and light colors are just a few styles that will appear on this spring's most stylish dresses.

Fuller skirts are also coming back from the 70s and 80s. For this style, volume is key! Dresses are covered in an abundance of layers, bows and pleats, ornamentation and sheer volume of fabric. Full bubble skirts, called puffball skirts in the past, and hooped styles show how a trend to increase clothing volume will progress. One aspect of this change is the movement of the waist - designers have raised it above the natural waistline. While this look might take awhile to surface, the public will most likely either love or loathe it.

Whatever trend you pick is sure to be a hit! This spring, just have fun with color and style by trying new things. Whether you love or hate a style, try it on and see how it looks. Don't judge too soon - something that you might think could never look good may actually make you look, and more importantly feel, great.



schools all over the country. Beads are fun to pick out because they can really complement your outfit and help express your own character and a personal sense of style.

Yoga: Healthy for mind, body and soul

Science



COORNER

By **Gulus Emre**
Assistant Features Editor

The first time I said "ohm" in the middle of a yoga class, I couldn't help but giggle. Here were a group of adults (and me), chanting this word in unison, eyes closed, and hands in position that is most often seen on a Buddha statue. Since this was supposed to be a relaxing time for meditation and "centering yourself," my interruption was greeted with a raised eyebrow from the teacher.

Many people feel a bit foolish while taking their first yoga class—the "ohms" along with the strange poses are not part of day-to-day existence. They may even wonder how these poses could possibly be considered exercise. But once they learn about the health benefits that yoga offers, they change their tune. Yoga is extremely beneficial to the internal organs and mind, not to mention the sculpting effect it has on your arms, legs, and torso.

Yoga is a 5,000-year-old practice, dating back to the Indus-Sarasvati people of Northern India. The religious texts

of India, called the Vedas, contained information about yoga and the way it releases ego and helps one gain wisdom and self-knowledge.

Yoga continued to flourish through Patanjali's Yoga-Sutras, another text that described yoga practice. However, this book presented a more organized view of yoga, showing the steps necessary to achieve enlightenment through the calming activity.

Yogis (those who practice yoga) continued to develop the activity, creating new types of yoga such as Hatha Yoga and Tantra Yoga. Then, in the 1920s, Yogis from India began to travel to the west, spreading their practice and even opening up schools dedicated to it.

Yoga has a ton of health benefits, including increased relaxation, concentration, healing abilities, flexibility, and general body tone. It releases toxins from the body, as well as calming the nervous

system. It has the ability to massage the internal organs and exercise the endocrine system and other organs.

Yoga makes the body work in synch with the breath, which allows you to go deeper into a pose and have more focus while holding it. And throughout the entire session, breathing is done in and out from the nose, while keeping the back straight and staying aware of the stomach, also called the "core."

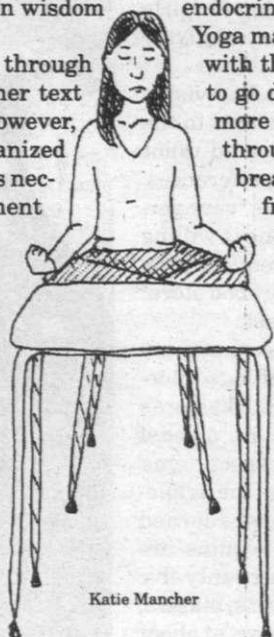
Even without sitting in on a full-blown yoga class, you can benefit from this ancient practice. Sitting down and simply taking a few deep breaths when you're stressed out can clear and relax your mind. Yogis call the control of breath pranayama, which literally means "control or mastery of the breath." By focusing on your breath,

your mind will calm down, and you will

let go of any stressful thoughts.

Yoga offers many types of breathing, such as Dirga Pranayama, (a three part breath involving sections of your abdomen), Sit Cari Pranayama, (breathing with your tongue curled up against the roof of your mouth) and Bhramari Pranayama, (a "bee breath" in which you exhale making an "eee" sound).

If you want to experience a true yoga class right here in town, you can visit the "Ohm Sweet Ohm" studio, which played host to Schreiber's health and wellness gym class earlier this year.



Katie Mancher

Harvard president's comments denigrating women cause a commotion

By **Kyra Siegel**
Contributing Writer

Larry Summers, president of Harvard University, recently caused quite a stir by suggesting that women may not be as genetically suited for science and math as men. This comment was made at a conference on women and science, which was hosted by the National Bureau of Economic Research on January 17.

One of the most prominent female scientists at the Massachusetts Institute of Technology, Nancy Hopkins, was deeply offended by this suggestion and walked out of the conference. She told reporters she felt physically ill as a result of listening to Summers' speech.

"For him to say that 'aptitude' is the second most important reason that women don't get to the top when he leads an institution that is fifty percent women students—that's profoundly disturbing to me," said Hopkins.

Members of the Harvard Faculty of Arts and Sciences' Standing Committee on Women sent Summers a letter, signed by fifty professors, accusing him of "impeding [their] current efforts to recruit top women scholars," and damaging the university's reputation. Summers' defense was that he made the comments "in the spirit of academic inquiry," and his goal was to stress the need for further research to understand a situation that likely involves a variety of factors.

"I deeply regret the impact of my comments and apologize for not having weighed them more carefully," wrote Summers in a personal letter to the Harvard community. "I was wrong to have spoken in a way that has resulted in an unintended signal of discouragement to talented girls and women."

An informal survey of Schreiber High School students revealed that, while not

everyone was aware of Summer's comments, they still have many strong opinions on the subject.

Freshman Sema Dachowitz criticized Summer's words as "insulting and inappropriate." She also believes his comment discredits women such as Marie Curie and Rosalind Franklin, as well as other women who have made significant accomplishments in math and science throughout history.

In contrast, sophomore Samira Irvani observed, "I don't think anything offensive can be found in Mr. Summer's quote. Even though it may not

necessarily be true for the general population, I find it to be perfectly applicable within my own life—I am better in social studies and English

than math or science. I think to some people it becomes a stand for females instead of revealing the truth. Whether or not it is scientifically correct will not matter to those who do find Mr. Summers' offensive."

The issue may not resonate with students in our school because equality is stressed in the Schreiber atmosphere. "In Schreiber everyone is given an equal chance to take qualifying exams for research programs," said Dachowitz. "Sexism does not affect acceptance into honors classes." Only time will tell the full impact of Summers' inflammatory statement.



Katie Mancher

Ossie Davis: Actor and activist celebrated

By **Marc Flamm**
Photography Editor

Ossie Davis, the famous actor, was born Raiford Chatman Davis on December 18, 1917. He got the name "Ossie" due to the county clerk's misunderstanding of his mother's dialectal pronunciation of his initials "R. C." at birth. The clerk thought he had heard "Ossie" and registered him as such. He ended up carrying that name throughout his career.

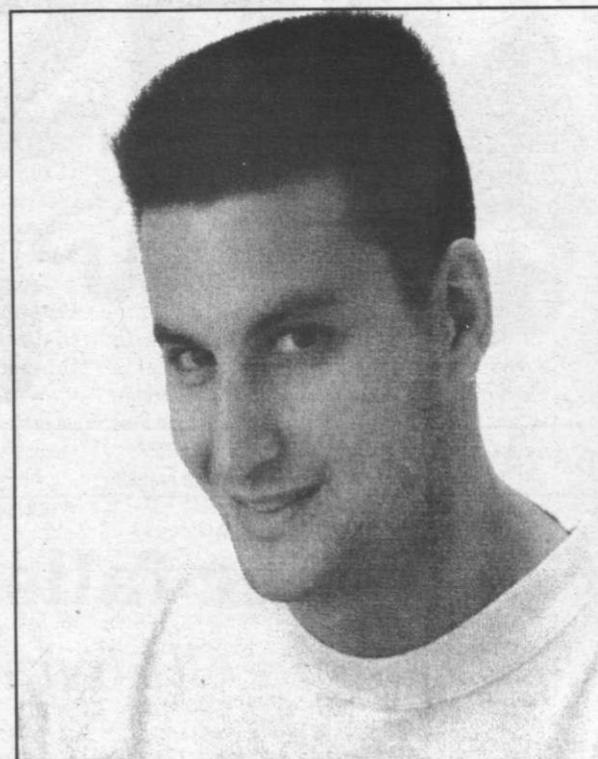
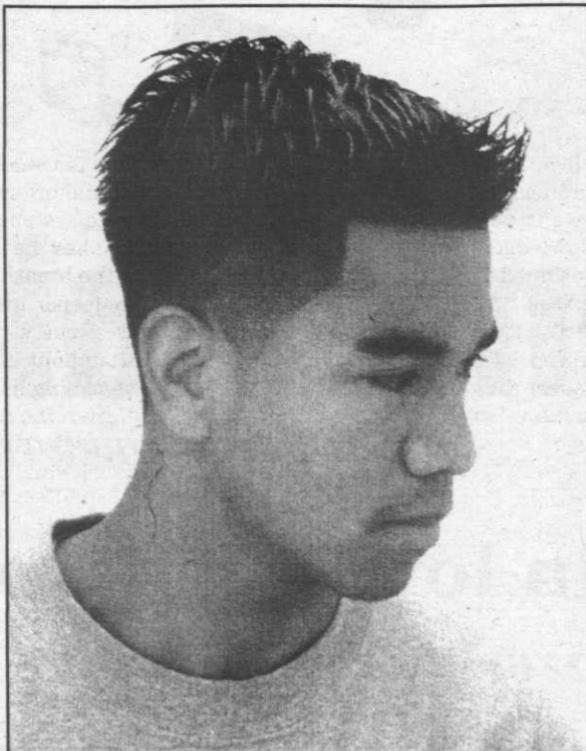
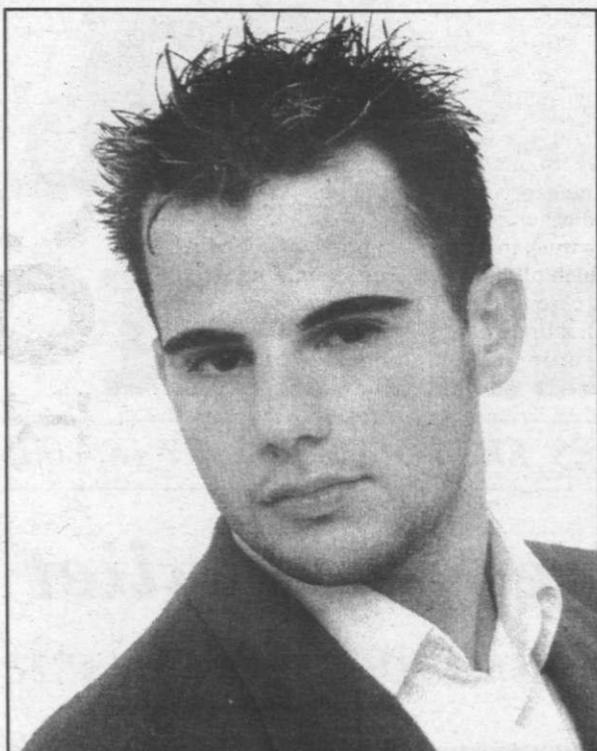
On February 4, 2005 Davis passed away. Davis worked hard his whole life: he worked many menial jobs and served a stint in the army during World War II until he found his way into the Broadway's spotlight in 1946. He made his cinema debut in *No Way Out* (1950), a harrowing tale of racial discrimination, which starred Sidney Poitier, who was also making his cinema debut, and Ruby Dee, his future wife. In 1963, Davis starred in *Gone are the Days*, an adaptation of his own play *Purile Victorious*.

While filming *School Daze* (1988), a Spike Lee film, Davis grew close to the director, and this was the beginning of a long friendship. This film tackles many controversial issues many African-Americans were unwilling to confront at the time.

In 1991, Davis appeared in another Spike Lee film, *Jungle Fever*, in which a black man contemplates having an affair with a white woman with whom he works. The movie portrays his concerns and shows how he deals with the consequences of a relationship already forbidden but made even worse due to the racial difference.

Davis performed powerfully in *Malcolm X*, the film about Malcolm X's life. At the end of the movie, he delivered the exact eulogy that he actually gave at Malcolm's funeral in 1965. Ossie led his life as a social activist portraying many controversial roles and moved audiences in ways we never thought possible.

STEVE'S BARBER SHOP



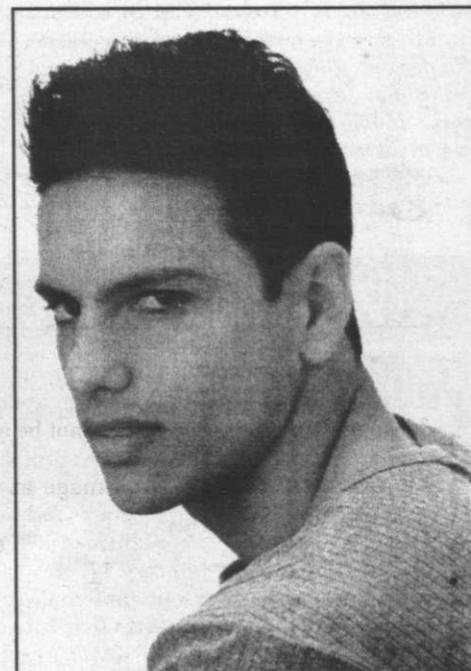
Barber Shop

STEVE
Manager

1 Herbert Avenue
Village of Port Washington
Straight Across From LIRR

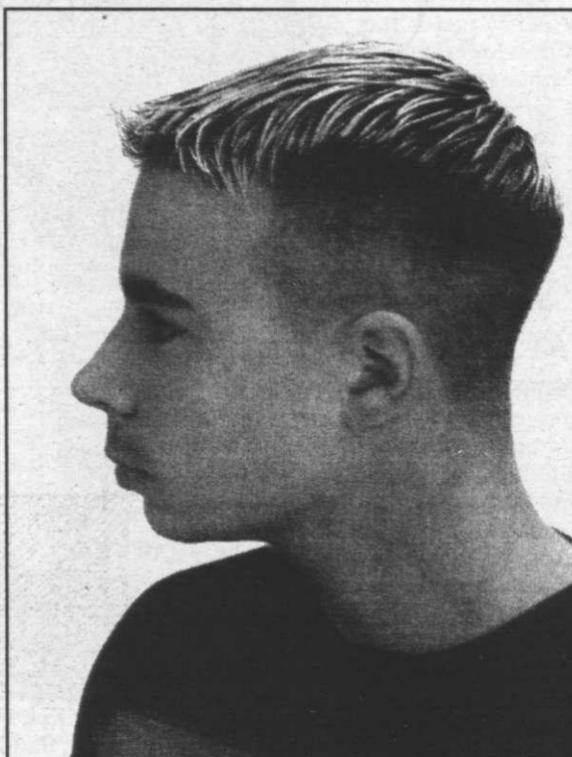
Tel: 1 (516) 767-0397

Closed Mondays
Tues.-Sat: 8:30 am - 7:00 pm
Sun. 10:00 am - 5:00 pm



STEVE'S BARBER SHOP

Men: \$10
Boys: \$9
Senior Citizens: \$9



We Do All Styles

- Flat Top
- Fades
- Mushroom
- Layer Cut
- Skin Fade
- Buzz Cut
- Beard Trim
- Spike
- Shampoo
- Shaves

arts & entertainment

page 20

THE SCHREIBER TIMES FRIDAY, FEBRUARY 18, 2005

Schreiber falls in love with *Romeo and Juliet* The Drama Club amazes audiences with Shakespeare's classic

BY Lisa Qiu
Contributing Writer

It is inevitable that every high school in the United States of America will put on at least one production of the classic *Romeo and Juliet*. The story of Juliet and her Romeo is one of the best known in history. Movie producers from all over the world have taken this story and twisted it so many times that one would think people would grow to detest it after seeing it so

when Juliet is engaged to marry another wealthy man, the rich elusive Paris, played by sophomore David Rosenblatt, whom she does not want to marry. With the help, or harm, of Sister Lawrence, Juliet executes a plan that involves a tricky potion and a trip to the Capulet burial vault.

The plan, however, takes a turn for the worse when Romeo finds his Juliet and pronounces her dead. Thinking he cannot go on living, he takes his own life. When Juliet comes to, she sees her love dead and then she, too, takes her own life.

This tragic double-suicide has since become a staple of international culture. The tale of these two lovers who fought against the odds to be together and ultimately killed themselves captivates us.

The Schreiber production of the famous Shakespeare play lived up to all expectations. The actors and actresses who worked to create yet another version of *Romeo and Juliet* succeeded in every possible sense. The Schreiber production was not quite the modernized version that constituted Baz Lurhman's film starring Leonardo DiCapprio, nor was it an all-serious play that followed Shakespeare verbatim. It was a combination of both, keeping up with the time period it was written in

while at the same time employing twenty-first century humor and unique character twists.

The most captivating character of the night was Benvolio, played by junior Philip Fleisher. Benvolio is an old soul in a young body as he pulls Romeo over to warn him of the consequences of revenge.

Not even Fleisher's character can beat the female twists on traditionally male roles. The friar that marries the couple was depicted as a Holistic Monk with a patchwork



Junior Elyssa Jakim, who played the "Sister Lawrence" talks with junior John Krauss regarding the plan to feign Juliet's death.

frequently. This is not the case, especially with this particular production of the star-crossed lovers.

For those who are not familiar with the plotline of *Romeo and Juliet*, the story is quite simple. Two teenagers from rival families – the Capulets and the Montagues – happen to fall in love during an evening party. A secret love affair ensues as Juliet, played by junior Katie Hayden, and Romeo, played by junior Tom Lisi, meet in secret places to proclaim their love. The two plan to be married, and are wed by Friar (in this case "Sister") Lawrence, played by junior Elyssa Jakim.

The play takes a complicated twist



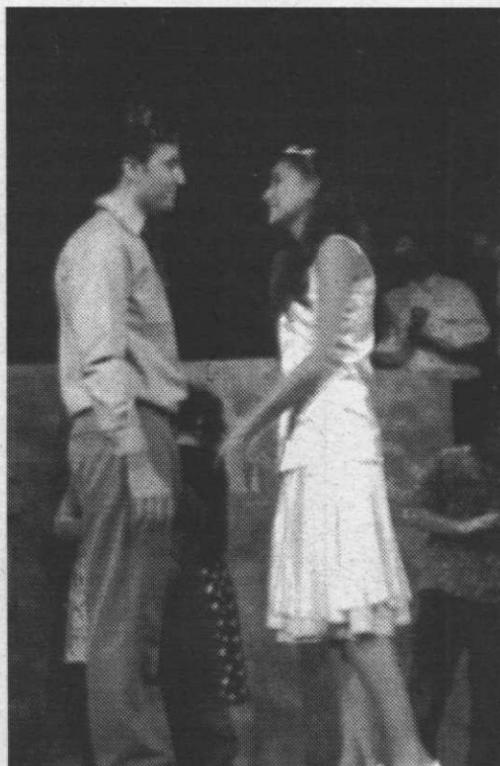
Juniors Dan Marmor (left) and Philip Fleisher discuss the ramifications of a love affair between Romeo and Juliet.

dress and long flowing red hippie hair by junior Elyssa Jakim. Junior Alina Fomovska played the Queen of Verona. Between her wise commanding voice,

posture, and delicately folded hands, it was easy to believe that this part was originally written for a man. As Juliet, Hayden was a vision in white and there was real chemistry between the co-stars on-stage. Whenever Hayden and Lisa leaned in for a kiss or poured their hearts out to one another, it was easy to believe the events were actually unfolding before the audience's eyes.

The famed moment of the balcony scene had to be an audience favorite. In one disappointing version viewed during one of Schreiber's Shakespeare Club field trips, *Romeo and Juliet* did not even kiss during the scene! Who asks for someone's hand in marriage and does not kiss at a positive reply? The way the balcony scene was portrayed reminded the audience that Romeo and Juliet were teenagers as Shakespeare wrote them.

This unique twist on Shakespeare's famous play truly dazzled Schreiber audiences. From the chemistry on set to the hilarious contemporary jokes added in with the old school Old English, Schreiber's *Romeo and Juliet* will be long remembered one of this school's theatrical classics.



Juliet, played by junior Katie Hayden, tells her Romeo, junior Tom Lisi, that he "kisses by the book."

All photos courtesy of
Fred Bernstein

A taste of the red carpet at SAG

BY **Sidny Ginsberg**
Contributing Writer

Entertainment, style, the red carpet – Hollywood has it all. Obviously, the residents of “Tinseltown” know how to party. It comes as no surprise that the eleventh annual Screen Actors Guild Awards were greatly anticipated.

On February 5, actors gathered to support their specific guilds, and to celebrate their common craft in the Los Angeles Shrine Exposition Center. Among these bigshots were Hollywood’s finest dressed, clothed in the most expensive attire.

“I love the atmosphere when everybody gets together,” said freshman Artemis Sapountzi. “The Oscars are more serious, so there’s not a lot of pressure. It’s just a big party for big talent.”

The SAG Awards, established in 1995, have a relatively short history compared with the Oscars. Each year, 4,200 actors are chosen from the 98,000 Screen Actors Guild members to vote for the winners. The SAG show features fewer award categories than the Oscars, and the production is surrounded by much less media hype.

This year, Jamie Foxx won the Best Actor Award for his astonishing performance as the legendary Ray Charles in *Ray*. Cate Blanchett took the Best Supporting Actress Award for her portrayal of the famous Katharine Hepburn in *The Aviator*. For their admirable performances in the Clint Eastwood film *Million Dollar Baby*, Hilary Swank and Morgan Freeman snagged awards for Best Actress and Best Supporting Actor, respectively.

The SAG Awards, unlike the Oscars, are about more than the big screen; television also gets a well-deserved nod. TV

categories include Best Actor/Actress both in comedies and in dramas. Geoffrey Rush won the Best Male Actor in a Television Miniseries award for his role in *The Life and Death of Peter Sellers*, a biographical miniseries about the life of the eccentric comedian. Tony Shaloub won Best Male Actor in Comedy Award for his performance in *Monk*.

The highly acclaimed actress Jennifer Garner won for Best Actress in a Television Drama for her role as Sydney in the hit ABC show *Alias*. In addition, actress Teri Hatcher, who plays Susan in *Desperate Housewives* – the show some people are calling “the new *Sex and the City*” – won Best Actress in a Comedy Series. The show also won Best Ensemble in a TV Comedy.

The most memorable moments that night came during the montage dedicated to actors who have died recently, including stars Christopher Reeve and Johnny Carson.

Jerry Orbach, another actor featured in the memorial montage, won for his part in the long-running *Law and Order*. Elaine, Orbach’s wife, dutifully stepped in to accept the award on her late husband’s behalf.

Part of the awards show is the Lifetime Achievement Award, which this year went to James Garner.

All in all, the SAG Awards made for a wonderful evening for the Guild members. The stars entertained one another, and received the opportunity to commend peers on their golden performances.

“Overall, I really enjoyed it,” said freshman Eliana Theodorou. “It was a night where everyone looked nice, and got to have fun.”

Oscar Preview...

which film will snag Best Picture of 2004?

Million Dollar Baby, Clint Eastwood

Some hail *Million Dollar Baby* as the gem of Clint Eastwood’s career. Not only did the multifaceted Eastwood produce the film, he directed it, acted in a main role, and composed the score. The film follows an aspiring female boxer (Hilary Swank) and her experience in the underground women’s boxing world. Hilary Swank’s performance has already garnered the SAG Award and Golden Globe Award for Best Actress.



The Aviator, Martin Scorsese

The Aviator brings audiences back into Hollywood’s Golden Age. Scorsese’s nearly three-hour-long epic drama stars Leonardo DiCaprio as a billionaire, Howard Hughes, who contributes to the film and aviation industries. The film follows the life of Hughes from the 1920s to the 1940s. *The Aviator* has garnered much acclaim for its dazzling performances, engaging screenplay and exhilarating sequences.



Ray, Taylor Hackford

Ray is the epic tribute to the revered Ray Charles, a revolutionary musician of the twentieth-century. The film follows the inspiring and arduous life tale of the man who successfully created a new type of gospel music. The movie was directed by Taylor Hackford and featured break-out star Jamie Foxx, whose portrayal of the blind Ray Charles has received critics’ acclaim.

Finding Neverland, Mark Forster

Finding Neverland is a tale of childhood fantasy and idealism -- and we’re not talking about Michael Jackson. The movie details the experiences of *Peter Pan* author J.M. Barrie, which led him to write the children’s classic. The result is a touching and riveting movie that attracts individuals of all ages.

Sideways, Alexander Payne

Alexander Payne’s *Sideways* debuted at the New York Film Festival and has since been released in theaters all over the country. *Sideways* follows two middle-aged men who embark on a quest in the California wine-country. The movie is a unique ditty about soul searching and life in the most simple, honest terms.

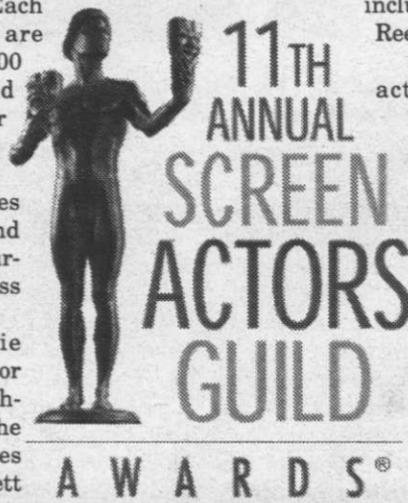


Photo: sagsawards.com

Photo: rolfentertainment.com

Port Washington Cuisine

Let there be Bagel Boss: breakfast competition gets heated

BY **Shira Helft and Aileen Schefer**
Staff Writers

On January 21, 2005, the highly anticipated opening of the Bagel Boss Café caused a great deal of excitement in the Schreiber community. Many wondered if it could measure up to the success of Let There Be Bagels, also located on Port Washington Boulevard. However, Bagel Boss’ manager takes this doubt in stride, believing firmly that “this town is big enough for the both of us.”

For years, the lot now occupied by Bagel Boss was an unappealing, abandoned gas station. Starting about two years ago, several businesses took an interest in the lot’s great location at the bottom of Campus Drive. Finally, Bagel Boss purchased the lot and renovated the formerly rundown shack into a brand new cream-colored café. It joined the existing eleven members of the Bagel Boss family, which was born in Hicksville in 1935.

The interior of the renovated building is decorated with an elaborate floor-to-ceiling mural on all four walls reminiscent of downtown Brooklyn during the early 1930s. This scenery sets the mood for customers looking to relax and enjoy a cup of coffee and a bagel.

Do not be fooled by their name. Bagel

Boss does not only serve bagels, but also offers a variety of soups, salads, and sandwiches. For a fresh start in the morning, Bagel Boss serves delicious wraps and omelettes. One particular wrap, the Bagel Boss Favorite, is filled with eggs, potatoes, and onions. It is served with coffee or juice for just \$3.99. Omelettes made with onions and lox, tomatoes and peppers, or egg whites and mushrooms are available until the grill closes at 2:00 p.m.

A wide range of tasty soups and salads are served throughout the day. Customers can create their own salad from a myriad of

toppings available at the salad bar, including carrots, olives, tomatoes, onions, and cucumbers. Bagel Boss offers a different homemade soup everyday for \$3.50. One particular soup du jour, the seafood bisque, is a mild, hearty blend of crab and scallops.

If you’d prefer a freshly baked bagel, they cost either sixty-five or seventy cents, depending on the type of bagel you select.

Additional toppings, including cream cheese and butter, will cost you an extra dollar or two. The bagels are soft, not too dry or airy, and, to top it off, are served warm. One specialty topping available is the egg, mushroom, and onion salad – an unconventional spin on a traditional deli delight. Fortunately for some, this café is certified kosher, meaning that you will not find any meat on the menu. In addition, they offer a hand-washing basin for those who subscribe to kosher law.

The desserts offered at Bagel Boss are made fresh daily. There are a number of choices ranging from simple croissants and black and white cookies to delightful cheese danishes. The plain croissants have a good flavor. Another dessert, the chocolate cigar, is a marbled croissant, which is a perfect combination of sweet chocolate and a buttery, flaky pastry.

Although Bagel Boss’ products are more expensive than Let There Be Bagels’, they are equally as delicious. Each eatery offers unique dishes that set it apart from the other.

“We are happy to be part of the town,” said the manager of Bagel Boss. The members of our community are happy to welcome them. Bagel Boss is open seven days and can be contacted at 1-888-BOSS-TIME.



Bagel Boss, the newest addition to Port Washington’s breakfast food stops, features a wide variety of bagels and other tasty treats.

Photo: Sarah Silverfield

The Mars Volta cross boundaries in a new album

BY **Damian Bidikov**
Contributing Writer

In 2001, musical juggernaut At The Drive-In broke up. This paved the way for a multitude of bands to take their place.

At The Drive-In's music combined influences from rock, metal, punk, and even Latin genres. They produced explosive, energetic music and gained the ears of an enthusiastic fan base. Vocalist Cedric Bixler and guitarist Omar Rodriguez in particular spearheaded the band into the world of modern music and revolutionized it. Bixler's astounding vocal range and bizarre, admittedly drug-influenced lyrics, and Rodriguez's lightning fast guitar passages earned At The Drive-In an incredible reputation.

From the ashes of this group came two distinctly different bands: Sparta and The Mars Volta. While the former stuck to the "anger and energy" formula that had worked wonders for At The Drive-In, The Mars Volta would become famous for its creativity, originality, musicianship, and eccentricity.

After Bixler and Rodriguez agreed to spread their musical wings in a collaborative effort, they recruited Jon Theodore, Ikey Owens, and Jeremy Ward as drum-

mer, keyboardist, and producer/engineer, respectively. Flea and John Frusciante, the bassist and guitarist of Red Hot Chili Peppers, helped the newly formed group create its debut album.

In May 2002, The Mars Volta released an EP called *Tremulant*, which contained only three songs. In June 2003, the band released its first full-length album called *De-Loused in the Comatorium*.

The title and cover art were bizarre, but the band didn't stop there. The Mars Volta fused so many styles that it is almost completely futile to categorize their music; metal, indie, hardcore, progressive rock, jazz, Latin, and even techno are just a few genres under which the band can fall. Although no comparison is accurate, their music certainly has similarities to that of bands like Red Hot Chili Peppers, Cursive, The Postal Service, and of course, At The Drive-In.

The band claims that the album is about a friend of theirs who overdosed on painkillers to commit suicide but went on a reflective journey under the drugs before he died. It is hardly possible, however, to determine this from the lyrics. Often, Bixler's lyrics are totally nonsensical and he sometimes even makes up words. This is a problem with The Mars Volta — their music is so strange that it is not for everyone. Their playing is so abstract



Lead singer Cedric Bixler from the Mars Volta sometimes sings in Spanish, which adds just another unique element to the band's sound.

that it can deter those who do not approach it open-mindedly.

In 2003, The Mars Volta toured with the popular groups Queens of the Stone Age and Red Hot Chili Peppers. Their music astounded and sometimes disturbed audiences when they broke into long, unplanned improvisation sessions on stage.

Recently, The Mars Volta has been working on a new album, titled *Frances the Mute*. It is scheduled for release this March.

Frances the Mute was leaked onto the Internet in late 2004. The album contained a few songs and only one, entitled "The Widow," is under 10 minutes. Although the leak was poor quality, it allowed listeners to preview an even more bizarre side of The Mars Volta that includes obscure

percussion instruments, trumpet solos, and bilingual songs. Cedric Bixler also sings in Spanish.

"The Widow," which is already receiving widespread appraisal from new and old fans alike, is available for download on the band's website and a video has been released on MTV and FUSE.

The Mars Volta has also announced a tour over Europe, and is likely to tour the United States in the near future. In a world where musical creativity and artistic integrity are becoming rare, The Mars Volta members are not afraid to express themselves and shine as a beacon for those who are willing to try something new.

My Super Sweet 16: Planning huge parties for the super rich

BY **Heather Larkin**
Staff Writer

Reality television for teenagers occasionally exceeds the "reality" title it entails. Idealism appears to describe the shows that dominate the networks.

Recently, a newly entitled "reality" show called *My Super Sweet Sixteen* premiered on MTV. The show takes the viewer behind-the-scenes the planning of the ultimate party for a girl's sweet sixteen.

"I dislike the concept of *My Super Sweet Sixteen* due to the false aspect of the dreams of the girls coming true," said freshman Sidney Ginsberg. "For example, when one of the girls has a crush on someone and he shows up to the party. It is pretty lame because it's obvious that the boy only arrives because he knows his face will appear on television."

However, the parties are not the average celebrations common to most teenage girls; rather, hundreds of thousands of dollars are spent on these short yet significant occasions.

The show features the party-planning process of a different girl every episode. Occasionally, wealthy friends will even combine and share their special day together.

Although each party is different,

every episode includes many repetitive elements. Namely, each episode employs spoiled children, parents who are willing to pamper them despite the ridiculously high prices and the problems that inevitably occur with chaotic, large-scale parties.

"To me the show is unrealistic," said sophomore Kate Bratskeir. "I

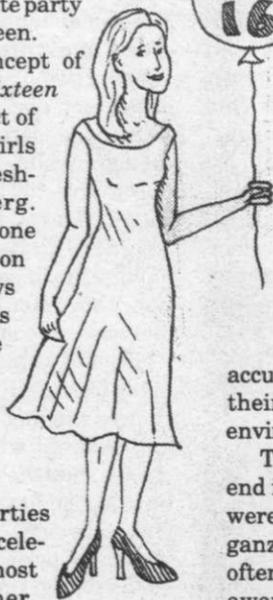
have never met a girl like the ones portrayed on the show. Although the show is addicting, I think they are all bratty and ungrateful people."

Many of the girls will stop at nothing until they receive what they believe will be the absolute best. The girls are just too rich to be believable.

Sophomore Samira Irvani takes a more extreme stance. "No sixteen-year-old child should be exposed to such great amounts of money," she said. "Not only is it unhealthy, but making them accustomed to that lifestyle will ruin their chances of surviving in a real environment."

The girls' lavish sweet sixteens often end in disaster. Sometimes, others who were not invited will crash the extravaganza and ruin the party. The party girl often ends up disappointed and running away in tears from her own party. The events that ensue at these parties, far from reflecting reality, are usually consequences of the fact that the party is recorded on television.

Deeming *My Super Sweet Sixteen* as reality television is inaccurate. Unquestionably, the parties portrayed on the show are not the ones commonly held by most girls.



Katie Mancher

Horror movie previews that frighten audiences away

BY **Sidny Ginsberg**
Contributing Writer

Now I don't know about the average American teen, but when I turn on late night television to enjoy some Nick at Nite, I do not want to see the kind of violence that would make a small child wet the bed. Watching a preview of a monster murdering a little boy in a room is scary and suggestive, not something people like to see before hitting the sack. Previews are becoming more and more graphic, with evil voiceovers and chilling soundtracks.

While studying for midterms, in a period of fifteen minutes and a span of four channels, I saw three previews for the same horror movie repeatedly. Finally, I was forced to switch to the safety of MTV. Despite the fact that these previews may suggest that a movie is a worthwhile investment, they turn many viewers away. Producers do not care if a movie-goer enjoys the movie once they see it in the theater; they put the most time and effort into alluring audiences into the theater.

"I really don't like turning on the T.V. every night and seeing another preview for *The Boogeyman*," freshman Alyssa Hansen said. "It's freaky." Hansen does not enjoy scary movies and dislikes the prospect of graphic movie previews.

According to parenthood.com, the

average American sees 200,000 "violent acts" by age eighteen. Companies such as Dreamworks, which produced the 2002 hit horror film *The Ring*, increase the number of violent acts in its previews. Someone interested in seeing a scary movie has a better chance of getting a foretaste by reading the reviews or by accessing websites such as moviefone.com than basing his or her knowledge of a movie's plotline on a trailer. Even if a television viewer has no intention of ever seeing a scary movie, he still sees enough of them in commercials.

"Commercials always show the scariest parts of a movie," freshman Gabrielle Balaban said. "At times, previews so reveal the climax of the film that it gets annoying and I don't even want to end up going to see the movie anymore."

"Sometimes when a preview for a scary movie comes on I'll be watching and it makes me not want to see the movie," says freshman Alex Donatelli. "Previews for horror films can turn me off because it's usually just the same old murder or ghost story every time."

For those interested in a weekend spooky movie or those who happen to just catch an ad while channel surfing, be on the lookout for previews that will scare you away from seeing the next Freddy Kruger movie.

Varsity basketball hopes to finish season strong

Port shows improvement in its final home game against Herricks

By Jus Chadha
Assistant Sports Editor

The varsity basketball team won its second game of the season against East Meadow to end a five-game losing streak. Despite an inauspicious start to the season, the Vikings played well against East Meadow on February 1.

"We have a very talented group of players and when we come together as a cohesive unit on the court, we increase our chances of success," said Jamal Parchment after the win. Parchment is tied for season-leading scorer of the Vikings.

In the game against East Meadow, junior Tom McDonough led the way

with eighteen points and fourteen rebounds. Junior Andrew Preston, who is also tied for leading scorer on the season, was very aggressive and added fourteen points, eight rebounds, and seven assists.

Currently, the Vikings team is coached by Mr. Sean Dooley and plays in Division A3. This is a very competitive part of the Long Island Conference. Against East Meadow, the Vikings came out with a starting lineup consisting of senior David Bluver, and juniors Gus Bechtold, Dan Koh, Jamal Parchment, and Andrew Preston.

In the first quarter, solid play by Koh sparked an early lead. Juniors Bobby Candela and Tom McDonough

were a huge lift as well. Candela created turnovers on defense that led to many offensive opportunities. McDonough capitalized on seven assists from Preston. He also battled for every single rebound and had a high shooting percentage. With their offensive attack running efficiently, Port led at the end of the first half.

In the second half, Port played with the same mentality of unselfish basketball. Guards Bluver and Bechtold moved the ball around well and created scoring opportunities for other members on the team. Furthermore, their aggressive play in the paint gave Port a lot of free throw opportunities. At the line, Koh, Bechtold, Parchment,

and Preston all converted free throws.

continued their season at Elmont on February 8. Since they played against the second best team in the conference, Port had to attack from the get go. Parchment led the team in scoring with twenty-one points and nine rebounds. Furthermore, Preston played strong scoring twelve points, ten rebounds, and four assists. Koh and Bluver also scored ten points and eight points respectively.

In the first quarter, they came out aggressively, playing strongly on both ends of the floor. By the end of the quarter, Port was up 12-9. Port's defense was impeccable and they held Elmont to a mere three points in the quarter. At the end of the half, the Vikings had a commanding 24-12 lead.

By playing team ball, Port was able to hold their lead throughout the third quarter and into the fourth. With 1:30 left, Port held an eight-point lead. However, due to missed free throws, Port allowed Elmont to creep back into the game. In the final minute Elmont made their final push and was able to put on the pressure. With only 2.5 seconds left, a guard for Elmont scored on a line drive jump shot. This brought the game to overtime.

At this point in the game, the intensity and nerves were higher than ever. Port put in 110%, but the momentum was on Elmont's side. Consequently, Port was never able to come through with the win. After falling in overtime, the boys' spirit remained high knowing that they had played their best game of the season.

After the loss, the team dropped to 2-8 on the season.

"We are a young team with a lot of potential. We just need to take these remaining games, and remaining practices and get consistently better," Preston said.

"Dooley is easy for us to relate to because he still plays the game," added Preston. "Not only can he tell us what to do, but shows us in his demonstrations, which are very helpful."

Port won their last home game of the season against Herricks, 67-59, and they look forward to take this momentum into next year.



Jamal Parchment drives to the hoop hoping to score for the Vikings.

Liz Corkett

and Preston all converted free throws.

The Vikings were also able to play tight defense throughout the game. In the rebounding category, Koh and McDonough dominated the boards all game long, playing consistently and came up with impact rebounds and blocks.

Senior Eddie McCabe came off the bench and clinched the game for the Vikings by scoring the last field goal for Port. He scored two points at the free throw line.

Port

Boys track concludes spectacle season in states

By David Baer
Sports Editor

Although the boys track team's season has ended for most of its players, the team still has players competing at the Nassau County/ Suffolk County meet. At this competition, Long Island's track and field athletes battle it out to go to the state qualifying meet. Long Island's best sprinters, hurdlers, shot putters and track athletes gather at Suffolk County Community College to compete for a possible shot at the state qualifiers.

"I so enjoyed working with the boys this year," said Coach Robin Cooper. "They are such an extremely hard-working and dedicated group of boys, even when we had seven a.m. practices."

The number of members of the track squad began at forty-two athletes, but

the team slowly diminished through injuries and some just "decided against it," as coach Cooper put it. By mid-season the team was slashed in half with only twenty-seven runners left.

Friday, February 11 was a very important date for the track team. On this day, certain members of the team went on to compete in the meet that starred Long Island's best track and field athletes.

Port Washington's stars consisted of seniors Pasquale Petruzzello, who ran the fifty-five-meter high hurdles and Paul Chang, who participated in the shot put. Sophomore Arnold Donado also threw the shot put as well. By the end of the season these three athletes all earned All Conference honors for the 2004-2005 season. Chang finished first in his conference and Donado finished third in his conference.

In addition, All County honor went

out to the runners on the 4x4 relay team. These runners consisted of juniors Jose De La Rosa, Raul Maraboli, and Matias Peña, and sophomore Andrew Cuthill. The alternates for this award-winning relay team were Petruzzello and sophomore Matt Wolfe.

On February 11, at the meet that featured Long Island's best, Petruzzello proudly represented the Port Washington Vikings' track team as the number five seed out of fifteen runners. This meant that he was seeded as the fifth best male high-hurdler on Long Island. Furthermore, if he had finished his meet in either first or second place, he would have been guaranteed a state final position.

Although their season is coming to an end, the Port Washington boys track team had a successful year. Throughout the season Port was able to produce three All-Conference athletes and an

All-County relay team. "It truly was amazing," said Coach Cooper.

This past weekend, the boys track 4x4 relay team qualified for the state competition. At the competition the boys put forth a great effort, all running personal bests. They completed the 4x4 in 3:49 seconds. This excellent time was fast enough to qualify the team to play in the state competition.

This was a monumental achievement for the boys who finished fourth out of the eleven teams that competed.

Petruzzello also participated in the hurdling race. Despite this strong and commendable effort, he unfortunately did not finish high enough in order to advance to the states for this additional type of race. This year the States will be held in Syracuse, New York on March 10th. All the competitors did a great job and stuck it out against the considerably tough competition.

JV 2 boys basketball roars into season's end

Underclassmen show their potential as year concludes

BY Ben Jaffe

Assistant Sports Editor

The JV 2 Vikings basketball team, coming off a three-game winning streak, has been finishing their season off strong. Although there are two games remaining in the season, the team has displayed their true potential in impressive wins against the likes of Valley Stream Central, Roslyn, and Cold Spring Harbor.

The Vikings, although consisting entirely of freshmen and only two sophomores, are a surprisingly good defensive team. In an age of highlight-reel moves and flashy crossovers, it is a refreshing sight to see a squad that can play good team defense. This commendable achievement has been the Vikings' bread and butter throughout the season.

Despite the team's consistent defensive play, the team has greatly suffered from its inconsistent offensive play. Whether it is missing lay-ups or open jump shots, the Vikings drastically needs to improve their fundamentals on offense. In many of their games, the offense often breaks down. Luckily, however, these fundamentals can be improved upon as the JV 2 players move up through the ranks, culminating with the varsity team.

The Vikings are led by their two captains, sophomore Lucas Diker and freshman Dan Sirotkin. Because of their different positions (Diker is a forward and Sirotkin is a guard) they

are able to provide leadership to all on the team, including both the back and front court.

The team starters consist of sophomores Diker and Mark Heller and freshmen Grady Levine, Jake Most, and Sirotkin.

Against Oceanside, the Vikings dominated the play, leading throughout most of the game; however, as the end of the game loomed, Oceanside pulled within four points. Nevertheless, the Vikings pulled through the pressure situation, winning by seven.

Sirotkin was particularly effective in a recent game, in which he led the team, scoring fifteen points, in a twenty-five point rout of Cold Spring Harbor. The Cold Spring Harbor game was the second game in Port's winning streak, which was preceded by another strong performance, displayed by the team.

On February 10, the Vikings played a strong and aggressive Valley Stream Central team at Schreiber in front of a supportive home crowd. This game was a microcosm of the team's season. The team held the Valley Stream Central team to just seven points at half time. Additionally, in line with the team's previous history, there were many sloppy plays on the offense, as open shots were missed, while multiple lay-ups were squandered.

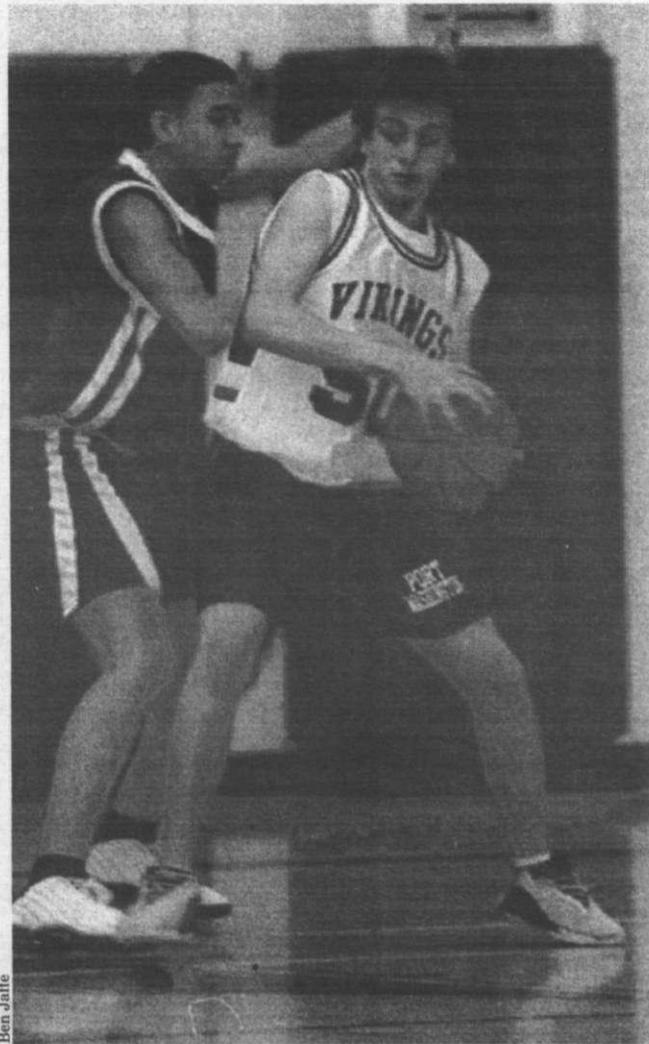
One of the highlights of the game was the confusion caused by a string of strange events in which a Vikings player made a lay-up on his own basket, which was then followed with a back court violation by a perplexed VSC point

guard. Despite all this confusion, Port edged out on top.

Port's next game was away against a good Roslyn team. In a competitive game, Port was able to come out on top with a quality 56-52 win. The season, which extends into the week of February 14, still has two games remaining.

With the season coming to a close, the Port team has finished their season strong, much to the praise of Coach Joseph Lederer, who replaced the previous coach, Mr. Denis Trottier, who moved to the JV 1 team.

"I'm very thankful that the team accepted me. They have been very receptive and respectful," said Coach Lederer. "While working hard throughout the season, I have seen great improvement. All of these accomplishments have been solely to their credit."



Sophomore Mark Heller backs down a post defender on February 10 against Valley Stream Central.

Lady Vikings gymnastics team finishes winter season at 6-2

BY Brett Friedman

Sports Editor

The varsity gymnastics season came to an end on Saturday, February 12. Not many teams in a tough Nassau County division can boast a 6-2 record, but the Lady Vikings accomplished what seemed impossible just a few short weeks ago.

With only one graduating gymnast, senior Lindsay Blane, on this generally inexperienced gymnastics squad, Port

didn't expect to have an impressive record this season.

"Lindsay is such a great gymnast and team leader. The whole team is going to miss her presence a lot next year," said freshman Vicky Prudente.

The team's rigorous schedule began by facing off against Great Neck South. The Lady Vikings toppled their season opening opponent with a total score of 120-83.8. At this very early point in the season the team realized what kind of combined talent they really possessed and were determined to make the most

of this great opportunity.

The next meet was against their previous opponent's town counterpart, Great Neck North. Once again Schreiber's gymnasts put up huge numbers and came away with the win. The team ousted Great Neck North to the tune of 130.9 total points, a stat their opponent had not even the slightest chance of matching.

The confident Lady Vikings hit a bump in the road when they competed against Cold Spring Harbor. The team managed to rack up 136 points but it wasn't enough to overtake the infamous Cold Spring Harbor rival.

Despite a devastating loss in their previous match to Cold Spring Harbor, the girls bounced back like

professionals and downed the always difficult Garden City team 141.5-135.6. Blane pulled through in the clutch once again by winning the all-around competition with a score of 31.5.

The team's next match was on January 20, against Roslyn. The Lady Vikings beat the imposing Roslyn team with a close 139.3-120.1.

Riding the momentum of what was then a two-meet winning streak, the team continued to practice hard and never lost focus on their goals.

Coach Katie Kitner pushed the girls and helped them achieve their greatest potential. The in-depth practice sessions were "demanding" but the girls' improvements showed during crunch time at the matches.

The next opponent the Lady Vikings faced was North Shore against whom they scored 141.45 total points. The team played just a few days later against Hewlett and topped them as well by scoring a season high match total of 141.65 hard-earned points.

The steam rolling gymnastics squad looked almost invincible until they faced their last opponent of the regular season. A tricky Carle Place team was the only thing between the girls' goal of finishing the season on a five game winning streak.

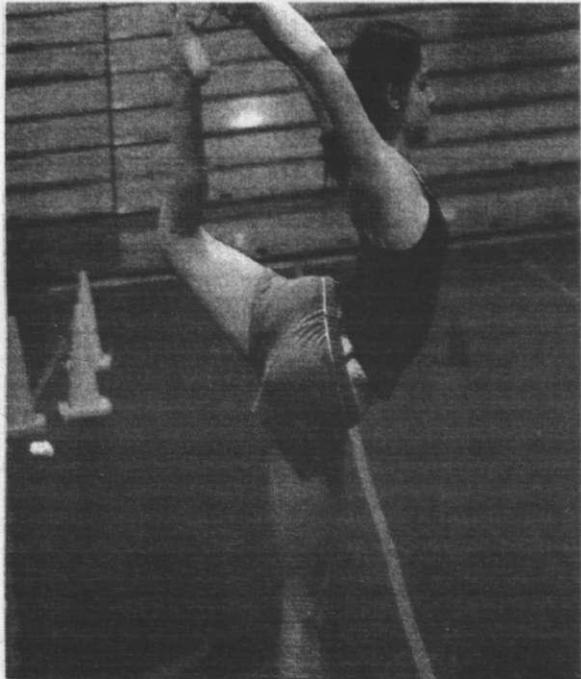
As expected the Carle Place team fought hard on each event and the majority of their gymnasts scored well above the average for their respective event. The Port team put up an inspiring 136 combined points, but it was just not enough to conclude their regular season on a high note.

Nevertheless the team's morale remained high and exuberant as they prepared for the end of the year Coaches' Invitational and the State qualifier. All sixteen gymnastics squads from around Nassau County come to compete in this prestigious Coaches' Invitational and the Port Washington team members placed relatively high in the various competitions. This past Saturday, February 12, every team member except for one competed in the Coaches' Invitational.

Junior Danielle Powers placed tenth on the beam, while freshman Angela Kapsis put forth a notable effort to place second on the vault. Freshman Kristina Ressa placed eighth on the floor competition, freshman Tatiana Torres placed sixth on the bars, and freshman Nina Zorfass placed first on the vault, third on the floor, fourth on the bars, ninth on the beam and third in all-around scores. Blane will compete in the State Qualifier on February 17. (Results were not available at the time of publication.)

"I think that the season went really well overall," Zorfass said. "By the end of the year, all of us were like family. The whole team improved one hundred percent, but as you know there's always more room to improve and next season we'll definitely show it."

After a long, strenuous winter season, the Lady Vikings gymnastics team can take away a 6-2 record and numerous medals. But more importantly, they can come away from this season with pride and confidence in themselves and in their teammates.



Freshman Amanda Grieco warms up before a match with an impressive stretch.

Vikings wrestle their way to the top

Varsity and JV wrestling conclude season on high note

By David Kim
Contributing Writer

Members of the varsity wrestling team practice in a small blue-colored gym, which reeks of sweat as result of endless practice and effort.

Each member of the team tries to overcome the strenuous conditions of the gym and attempts to exceed each other's expectations. It was the team's effort and continuous practice that

with Coach Taisei Kickuchi, the coach of the JV wrestling squad.

Eventually, the hard work paid off when the team was victorious against schools that have some of the largest wrestling programs in the state. The Vikings wrestling team has won matches against Plainview, 63 - 0, Great Neck North, 32 - 24, and their league rival Great Neck South, 47 - 26.

Such accomplishments of the wrestling team wouldn't be possible without the success of individual

winner, but all of these wrestlers helped the team to win against opposing schools by winning all county and conference games.

Another great achievement by the Viking wrestling team was dominating the opposition in a recent tournament. According to Coach Schettino, both junior varsity and varsity teams had put on the "best show ever." This gave the spectators a chance to see the results of the effort and practice the team had put in throughout the season.

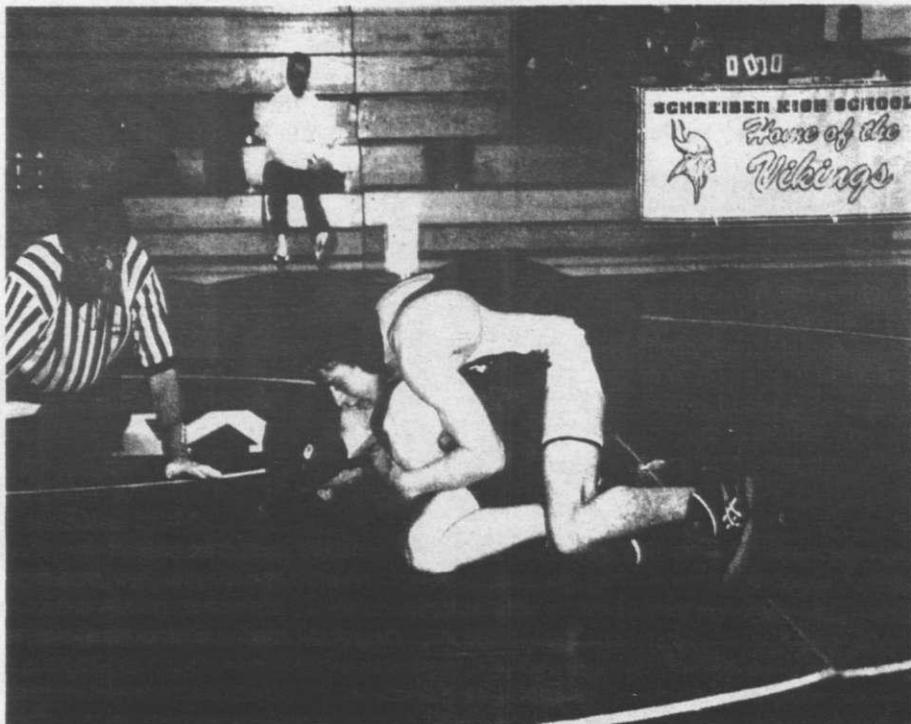
Some of highlights of this tournament were when freshmen Samuel Pyo and Froccaro, as well as junior Frank DeMonte became county champions. Also, freshman Lawrence Baglio, and sophomores Alex Goh and Harrison Hines won second place in consolation matches.

Despite these victories, the members of the team still weren't satisfied with the convincing result of the tournament yet, and continued to look for more success in the remainder of the winter sports season.

"Although the Vikings wrestling team had a great year, we cannot be satisfied with these results," said sophomore Alex Goh. "The team has to work even harder to bring out its full potential, and I believe we can do that. I'm just looking

forward to next year."

Many freshman and sophomore wrestlers won county and conference championship matches, and as a result many are expecting a bright future for

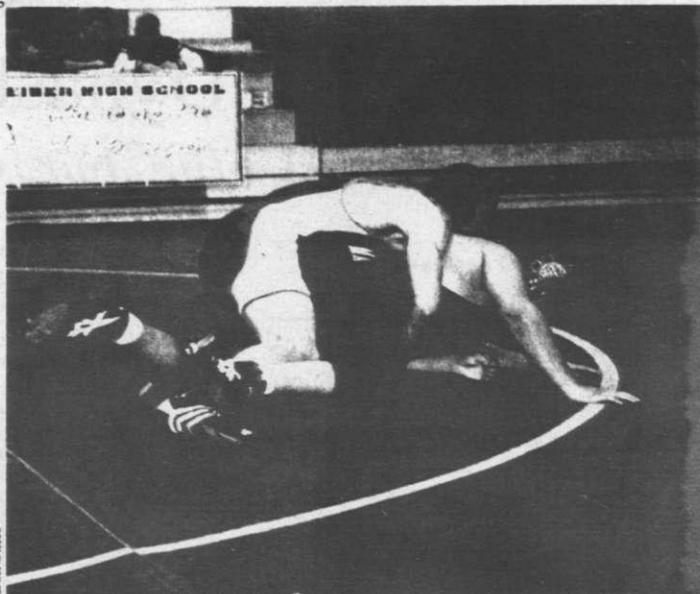


Silvio Di Lucia begins a new round under the opposition from Valley Stream Central. Di Lucia lost against Valley Stream 14-7, but he won a key match earlier in the season against Herricks 12-6.

enabled them to taste glorious victories.

Throughout the season, each member of the team worked continuously with Coach Anthony Schettino, who coached the varsity wrestling team, as well as

wrestlers, including junior Paul Stalnaker, sophomores Travis Baugher and Silvio DiLucia and freshman John Froccaro. Stalnaker was last year's qualifying champion and county place



Rishi Nanda gets pinned by Valley Stream Central wrestler. Nanda lost this particular match in 4:22, but put up a valiant effort as expected.

the Vikings wrestling team.

"We had decent season, but a lot of the team is freshmen, so next season we should be better," said junior Andrew Sideris. The inexperienced wrestling squad already has a workout regimen set up for the quickly approaching offseason.

The experience that the underclassmen and first year teammates gained over the course of the season is priceless. Hopefully the newly attained knowledge will help the team on their way to a winning record next year.

"Since we started this season really well, we will finish the season strong," said sophomore Daiki Okomoto with a big, confident smile.

Boys bowling has high hopes for next season

At the end of a disappointing season, the team thinks ahead

By Andy Werle
Staff Writer

The boys varsity bowling team is looking forward to an improved season next year after a disappointing 3-6 finish, while the junior varsity bowling team, that practices with the upper squad, had a 6-6 record this past winter season.

Since the January *Schreiber Times* issue, the team has gone downhill. At that time, the team was optimistic about the remainder of the season, but were disappointed with the final performance.

The team is ready and willing to improve their talents through more practice in the upcoming off-season.

"We are looking forward to bigger and better things next season. The boys need to improve through practice, practice, and more practice," said Coach

Hagel.

For the junior varsity team, a 6-6 record is not as discouraging, due to the team's relative inexperience. Half of the JV team is freshmen, while the other half has never bowled competitively before. However, there remains a lot of hope for a more successful team in the 2005-2006 season with a more experienced squad.

According to Coach Hagel, freshmen Colin Kerr and Tyler Fernandez are talented players, and have a high chance of moving up to a varsity position next season.

There are not any bowling alleys in Port Washington; therefore, the players must be driven by their parents to an alley to practice during the off-season. Other schools such as Locust Valley, Port's big bowling rival, tend to rack up much higher scores thanks in part to their close proximity to nearby bowling

lanes. This is partially due to the convenience of bowling lanes in their town, reiterated Coach Hagel.

"Many of the games were very close," said Coach Hagel. "Lots of them came down to the last frame."

Despite this inconvenience, the team did manage to achieve high point totals during the season. Junior Sam Jaffe managed to rack up an impressive team-high of 219 points in one game. Senior teammate Tom Longworth, also achieved a strong score with 212, the second highest of the season.

The two players also managed to have remarkably close averages; Jaffe's average of 144 closely resembled the 143.8 by Longworth. Juniors Max Schwartz and June Kim complement Jaffe and Longworth on the varsity team.

The Vikings play in a competitive bowling division that consists of Locust

Valley, Oyster Bay, Roslyn, Manhasset, and Great Neck North. These schools are all rivals of Port Washington in many other sports and academic areas, in addition to bowling.

The tight knit group of eleven players on both the varsity and junior varsity teams had an enjoyable season, and they hope to continue playing together in upcoming years.

"We had fun and are looking forward to a better season next year," Jaffe said.

"They're a good bunch of kids," Mr. Hagel said.

Year in and year out Coach Hagel prepares his strictly selected team for a competitive season. Port competes against the top bowlers from Nassau County and always earns a respectable record. Regardless of the time of day, or scheduled opponent, the Vikings bowling team brings all they have to the table.

CALLING THE SHOTS

Sports Editorial

The "53-Man Dynasty" pulls off the magic once again *Patriots join NFL elite, but is there more to the picture than meets the eye?*

BY Brett Friedman

Sports Editor

In 2001, the New England Patriots were the heavy underdogs in Super Bowl XXVI against the high-powered St. Louis Rams. In 2003 the Patriots downed the North Carolina Panthers. Just a short couple of weeks ago, the remarkable Patriots team grabbed yet another Vince Lombardi trophy to stick in their cabinet in Foxboro. Could these Patriots comprise the best team ever?

Soon after the attack on the World Trade Center, the aptly named Patriots rallied their troops for the biggest battle of their lives. Little did they know that they were embarking on the greatest journey ever traveled by a professional football team. The Patriots asked that during the pre-game show they be introduced to the crowd, and the world for that matter, as a team. What? Come again? A team? Not individuals who can invent the most entertaining dance and steal the spotlight from their teammates, but rather a group that has a special bond existing between them and a drive for one goal, a Super Bowl Championship?

Over the last illustrious five years or so, the Patriots haven't been known to put up enough points to shatter the scoreboard. Nor have they been known to make exhilarating interceptions on defense and take the ball back down the field for six. The 2004 New England Patriots have six players going to the Pro Bowl, while the Indianapolis Colts

have a staggering nine players traveling across the Pacific to Honolulu this season. Doesn't it seem strange that the Patriots, who have three less Pro Bowlers this year, tore apart the Colts in the AFC Division Championship game and beat them 20-3? The Patriots' team is obviously more than the sum of its parts. The team of the decade has used methodical, clutch offensive tactics and stingy defense to end up on top of their opponent at almost every game.

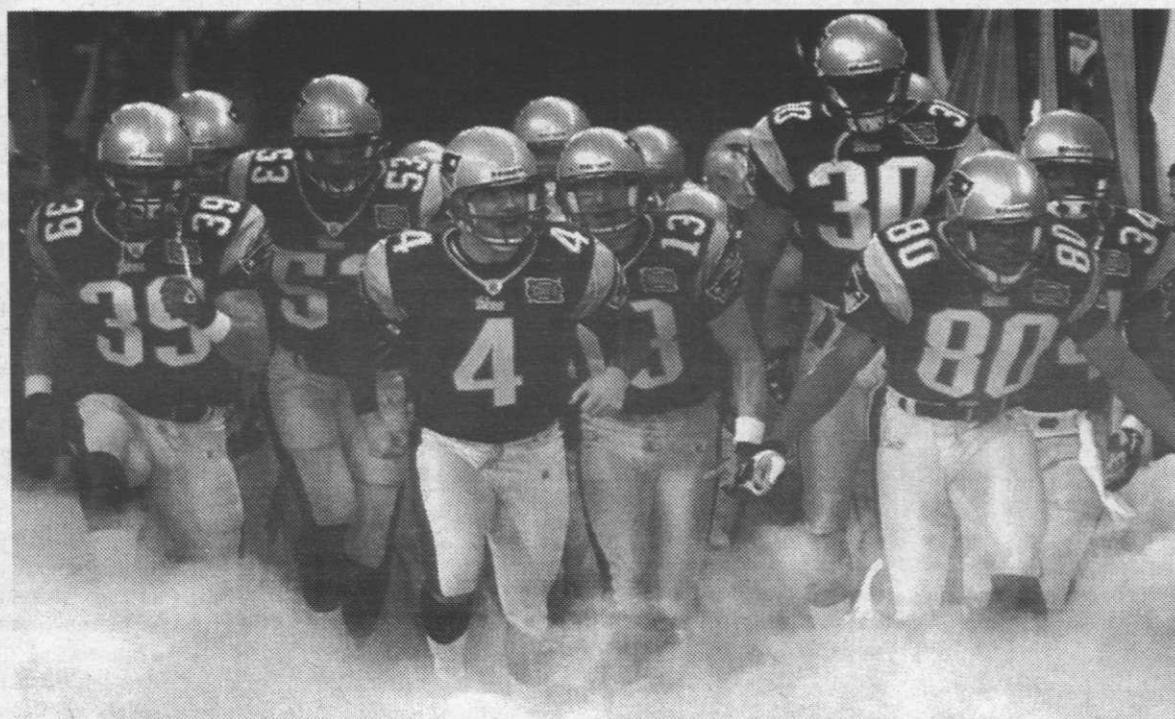
There have been numerous "dynasties" in each of the big professional sports over the last few years. For instance, the astounding Yankee teams of the late '90s and early years of the current decade won four World Series in five years. The Yankees signed superstars to fill each of the nine available positions and suddenly the team's success fled. In basketball the Los Angeles Lakers' outstanding duo of Kobe Bryant and Shaquille O'Neal plagued the NBA western conference for years. But the New England Patriots' so called "dynasty" is very different. Over and over again did Coach Bill Belichick stress the importance of teamwork in order for a team in the NFL to have recurring success. Thanks to the front office, and his two coordinators (both of whom left the Patriots organization after the conclusion of

the '04 - '05 season) Belichick was able to discipline his players and help them achieve top physical and mental skill.

In the Patriots' past campaign in Jacksonville, they fell behind 7-0 in the

went on to win their third Super Bowl in four years.

If one were to research the Patriots stats over the last four memorable years, they would realize that there are



The members of the 53 Man Dynasty run out of the tunnel in Jacksonville with nothing but an NFL Championship on their minds.

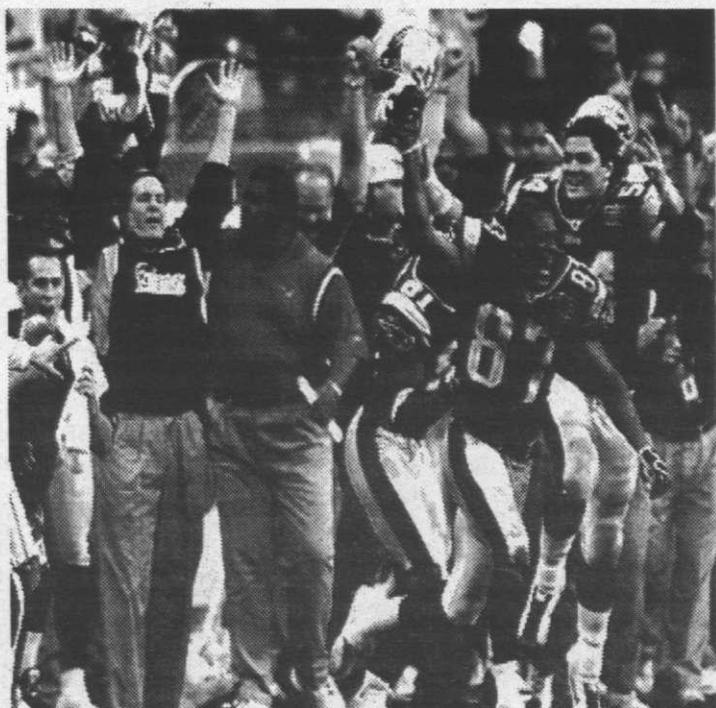
second quarter, but what else is new? This team is used to playing from behind in pressure situations. With 4:25 left in the second quarter, hometown favorite Tom Brady passed to David Givens for a four yard touchdown reception. Viniateri followed up the pass with the extra point and the game was dead even going into the half.

The Patriots struck first in the second half when Brady threw a lob to the extremely versatile Mike Vrabel for a two yard touchdown. This put the Pats up 14-7. But with 3:39 remaining in the third quarter, Pro-Bowler Donovan McNabb threw a ten yard touchdown to running back Brian Westbrook. The see-saw battle continued when powerful Corey Dillon found a seam across the goal line and squeezed past the left tackle for the T.D., not to be confused with T.O., who was a non-factor in the scoring column this game. Then with 8:43 left in the final quarter of Super Bowl XXXIX, Mr. Clutch himself, Adam Viniateri came into the game and kicked what would be yet another Super Bowl clinching field goal from twenty-two yards out.

The Pats went up 24-14 and although the Eagles were able to muster up enough energy to bring the game to within a field goal, 24-21, it was just not enough as the New England Patriots

more names on that statistics list than any other team in recent memory. At times during the season, quarterback Tom Brady miraculously finds five or six capable receivers to gun the ball to in any situation during the game. What sets this Patriots team apart from any other group of turf trampling football behemoths is their trust in one another. If cornerback Asanti Samuel gets beat on a quick slant by the opposing receiver, he knows that middle linebacker Teddy Bruschi is there to tear the receiver's head off at all costs.

Four years ago, the New England Patriots may not have had many big name players on their fifty-three man roster. But what is so inspirational about this amazing group of players is that they made names for themselves with the help of their teammates. Sure some of the key players on the team are going to Hawaii to participate in the annual Pro Bowl at Honolulu Stadium. However, without the other fifty-two men wearing the same jersey on the field, each and every player would suffer a loss in their game. Because whether they realize it or not and whether the English language technically permits it, they are one. A single Champion of the National Football League.



Coach Bill Belichick and Defensive Coordinator Romeo Crennel celebrate after a Super Bowl XXXIX victory.

JV Lady Vikings cap off exciting season

By John Byun
Contributing Writer

The Lady Vikings have had a very successful record of 13-1 under Coach Liz Hutchinson. Although the Lady Vikings can no longer end with an undefeated record this season, they are striving to attain the best record possible. The four sophomore captains—Erin Betsch, Emlyn Diakow, and Michelle Doscas—will need to play extremely hard in each game to conclude the season on an encouraging note.

"This season was a successful one, and not only because of the record that we achieved, but we had a great time, and I am very glad that I have become a part of this team," added sophomore Nikki Pond.

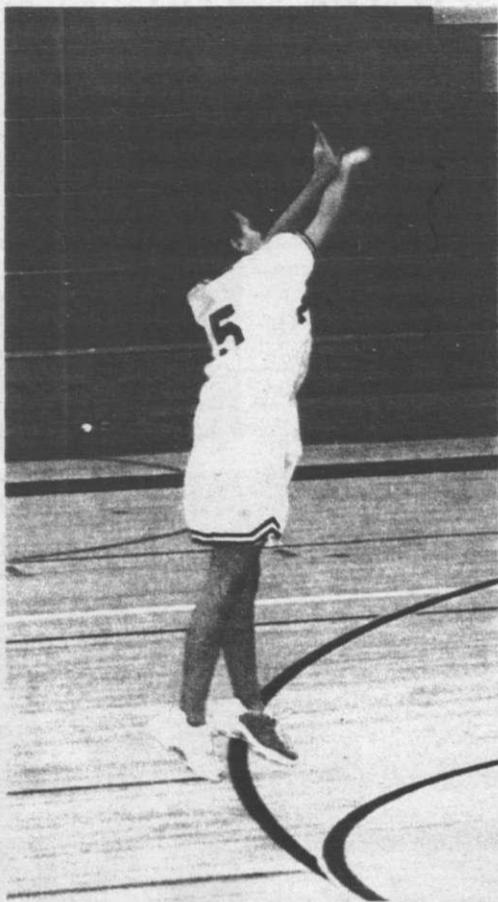
The game that the Lady Vikings unfortunately lost took place on January 22. It was an away game at MacArthur High School. Our Lady Vikings had the lead up until the end of the first half, but then the Port squad started losing control of the game. They lost a net seventeen points just in the third quarter alone, and consequently lost the game.

The game against Mephram took place on February 5. Mephram had arrived in the gym while the Lady Vikings were all confidently warming up. Doscas was on the sidelines with her season-ending pinky injury cheering on her teammates.

In the first quarter, with the first points scored by sophomore Jenna Rashti, the Lady Vikings gained a ten point lead. The team's intense defense did not let Mephram score a single point until two and a half minutes into the game. Moreover, the captains of the team did a great job moving

the ball around the court, and ran a great half-court offense.

By the time the first quarter was over, the score was 17-3 in favor of Port. As the game progressed through the second quarter, it became more and more fierce.



Sophomore Sydney Di Maggio attempts a three-point field goal prior to the beginning of one of the Lady Vikings' home games.

Rashti was having one of her best games of the season until she went down with an injury and had to leave the court.

Rashti's teammates were very supportive of their fallen star after the injury occurred. Although the players were greatly affected by her injury, they played their hardest to fill up her spot. The second quarter ended with score of 22-7.

During the third quarter, Rashti stepped onto the court despite her injury, and she gave a boost to the Lady Vikings morally as well as competitively. Pond had a triumphant block on the opposition at a key point in the third quarter also.

By the time the game was over, the score was 40-12. The Lady Vikings won in professional fashion. The leading scorers in the game were Rashti with sixteen points, and sophomore Alyssa Potter with seven points.

"We came out expecting to execute plays and combine enthusiasm and determination to add another win to Port's already successful season," said Coach Hutchinson.

The JV Lady Vikings finished out their season in triumphant fashion. After a devastating loss to Calhoun on February 8, the squad beat a tough Bellmore J.F.K. team 32-31. Each and every player on the JV girls basketball team was extremely proud of her season.

All photos by Marc Flamm



Sophomore Michelle Doscas takes a jump shot from the side of the free-throw line during Port's pregame warm-ups.

Lady Vikings track finishes fourth of nine

By Lane Mergler
Contributing Writer

The runners on the girls track team have had a lot of success so far this season. The team came in fourth place out of nine in the Nassau County standings. The finale of their captivating season came at the county championships, where Schreiber successfully ended the 2004-2005 season.

The team had two all conference competitors: junior Joelle Raymond and freshman first in high jump and Raymond placed third. In addition, many other players on the team did well.

Freshman Astrid Firland-Schill scored in three different events: the 1000 meter dash, the 1500 meter dash, and the 4x800 meter dash. Firland-Schill teamed up with senior Valerie Faure, and sophomores Tarryn Fisher and Marissa Fox. They finished second in the conference.

Senior Heather Fooden, juniors Kaitlin Fitzpatrick, Kleio Kolitsopoulos, and Joelle Raymond took part in the shot-put. All of the shot-putters placed highly in the conference trials.

"Everyone greatly improved throughout the winter and we look forward to continuing our success during the spring season," said Coach Mark Goodman.

"It's fun," said freshman Megan Joyce. "We work hard and a lot more people made it to the counties than the year before. For

the counties, I'm doing the 1500 meter dash along with Astrid Firland-Schill and Marissa Fox, and I think we will do well."

The members of the team are seniors Patti Arevalo, Danielle Bourguet, Valerie Faure, Heather Fooden, and Lianna Gordon; juniors Dominique Burton, Caitlin Fitzgerald, Rachel Imhof, Kleio Kolitsopoulos, Kristin Mallon, Joelle Raymond, and Emily Sorg; sophomores Rebecca Byun, Liana Clemente, Tarryn Fisher, Marissa Fox, Carissa Jung, Victoria Kasselmann, Sarah Kim, Megan Lamberti, Carolyn Voelker, and Megan Young; freshmen Lauren Bourguet, Louise Browning, Julia Catalano, Erica Fagelman, Astrid Firland-Schill, Alyssa Hansen, Eileen Hwang, Megan Joyce, Claire Lee, Leann Li, Kana Oshima, Dominique Ruiz, Artemis Sapountzi, and Erica Winters.

The freshmen comprise the greatest percentage of the team, which reflects well on the team's future. As the freshmen mature and improve their skills, trimming down their times in the years to come, the team is sure to continue its success.

"I have fun at meets and it's good to meet other people on the team. It's a great thing to participate in and I enjoy being with my friends and doing stuff," said freshman Alyssa Hansen. Clearly, the entire track team has had a lot of fun this year and looks forward to an even better finish in the spring.

PORT COUNSELING CENTER, INC.

- Drug, Alcohol Counseling
- DWI, DUI Evaluations
- Adults & Adolescents
- Sliding Scale Fee
- Serving All Nassau Residents

516-767-1133

225 Main Street
Port Washington NY 11060

NY State
Licensed Counselors

VIKING SPORTS

Lady Vikings fall just short of playoffs *Varsity girls basketball finishes season strong but it's not enough*

BY David Baer
Sports Editor

The varsity basketball team currently has a 7-10 record as they head into the final stretch of their season with just one game remaining against Bellmore JFK. Captained by seniors Halsey Diakow and Jackie Stricker, the Lady Vikings will play with the hope of finishing with the same record that they ended with last season.

"We should feel good about the future," said coach Stephanie Joannon. "We will be a playoff team in 2006. No doubt."

ing time and the fans were awesome. It was a great end to our home season and it was a great way to end my years playing at Schreiber High School."

"It was an awesome team win and a great night for the seniors on senior night," said Coach Joannon. "It was a fun basketball game to watch."

The fact that Port was leading by a large spread after each quarter helped and added to the fun of the game. The Lady Vikings had a commanding lead after the first quarter and at halftime. Heading into the final quarter of play, Port's lead was still only at thirteen, 44-31.

The Lady Vikings rode the momentum

Lady Vikings lost to MacArthur 49-37. Their league record dropped down to 4-7, which ultimately eliminated this determined team from playoff contention.

Despite the loss, Coach Joannon said, "we will get them next year!" To make it to the playoffs, each team needed a minimum record of 6-6 in league play and unfortunately the Lady Vikings couldn't achieve this lofty goal.

"We will finish with the same record we had last year when we had five seniors, four of which were starters," said Coach Joannon. "So with six new players and only one player who played quality time from last year, this was a successful season."

The Lady Vikings are currently on a losing skid; four of their last five games have been losses. They will look to finish the season strong against Bellmore JFK, a team they previously defeated by over thirty points.



Senior Halsey Diakow shuffles at the top of the key to stay with her opponent. Diakow plays at the top of the zone the Lady Vikings have developed for their half court defensive scheme this year. The girls squad plays a 2-3 zone and their style has worked well against Mephram. Guards sophomore Filiz Kipcakli and freshman Jackie Mezzetta also played at the top of this dominant zone. Other players in the starting lineup include senior Jackie Stricker, and juniors Marina Pedisich and Sarah Weiss.



Seniors Halsey Diakow (left) and Jackie Stricker (right) pose next to their senior tribute banners. Each year Ms. Joannon creates a banner featuring the graduating senior's name and number. This practice has become a beloved tradition for the team over the years.

On February 4, the Lady Vikings dominated on the court against Mephram High School in a 69-41 victory, bringing their record to 7-9. In the win, Port's high scorer was freshman Jackie Mezzetta, who had sixteen points in a game for the second time in a row; the first time was in the game against Valley Stream Central on February 2.

Also in that game, the Lady Vikings lost the youngest member of their squad, eighth grader Kim Doyle, who went down with a knee injury and is likely out for the rest of the season.

During Port's domination of the Mephram Pirates, they 'shot the lights out' from the free-throw line, shooting an outstanding 71.5 percent; going 15-21. Mezzetta and junior Lauren Hanat anchored Port's free throws, shooting 9-9 from the charity stripe. Hanat, along with mid-season addition sophomore Filiz Kipcakli, contributed to the team's total with one three-point field goal each.

In the final home game of their Schreiber careers, Diakow and Stricker each scored eight points, and added emotional support for their teammates when they were not on the court.

"Mephram was an incredible game where the team really gelled and played as a unit," said Stricker. "It was an amaz-

of the major victory into Calhoun where they were met by "awesome, young shooters," as Joannon described them.

On February 8, the Lady Vikings suffered a devastating loss to Calhoun High School, 64-41 and their record fell to 7-10. After their explosive and impressive victory at home versus Mephram, the



The Lady Vikings shake hands after a well-earned victory against Mephram. Port dominated the game and won by more than twenty-five points.

All photos by David Baer.