

SCHREIBER TIMES

Vol. 12 No. 10

Paul D. Schreiber High School

May 17, 1972



Poisonous Drug Threatens Students

Only Five Come for Treatment, Says Mrs. Reid

On Thursday, May 4, Mrs. Reid, the school nurse, made the following announcement: "There is a drug known as Quaalude circulating in the Port Washington area which may be injurious to your health. If you have taken any of it, please report to the nurse's office. Confidentiality will be respected."

The 1972 issue of Kaleidoscope will go on sale during the week of May 22nd. This year's issue contains writing, photography and art by a great number of students. The price is still one dollar. Kaleidoscope will be available at several booths in the cafeteria and around the school next week.

On Thursday and Friday, although a crowd gathered at the office, "not more than five" students came in for treatment, according to Mrs. Reid. Some were simply scared of what the drug might do to them, others vomited, but, she said, there was "not as much treatment as observation--asking questions, taking pulses and blood pressure, checking skin color, size of eye

pupils, and general appearance. It was not necessary to medically treat or hospitalize anyone." "Luckily, a couple of kids threw up the drug," she said. Mrs. Reid felt the students were "lucky this time" that no one was really hurt. This, she said, was because of "the good judgment of the friends who brought them to us before too much time had passed."

All the students who had seen or taken the drug described the same thing: Opaque orange capsules. Quaalude originally comes in white tablets. Many people commented that there was "sort of a mystery" about what, exactly, the capsules contained. "Quaalude" is a registered trademark for methaqualone, a hypnotic sedative not related to barbiturates or other "downs."

As to the large numbers of people in and around the nurse's office, Mrs. Reid said, "The incident generated enormous interest and considerable worry. There were a lot of very concerned friends in here, but also a lot of curiosity-seekers."

According to Superintendent Hugh McGuigan, the Thursday announcement stemmed from a bulletin from Hotline Services in Manhasset, stating that Quaaludes laced with strychnine and cocaine were widely circulating in the Manhasset-Glen Cove area. However, an addendum to the bulletin explained that, although the capsules contained methaqualone, they were not necessarily made from Quaalude. Methaqualone is produced by several companies, and is marketed under several brand names. Quaalude is the brand name for a methaqualone product manufactured by William H. Rorer, Inc., but methaqualone products with different brand names are also manufactured by Strassenburgh, Arnar-Stone Co., Wallace Inc., Parke-Davis Co., and Smith, Miller, Patch. The capsules which were distributed in the school could have been made from the products of any of these six companies, or they could have been illicitly produced. The addendum also states that "...none of the six companies producing methaqualone-products issue their product in orange caps; so we suspect that the street product now in circulation is illicitly (and dangerously) produced."

First Nixon went to China, then Mr. Grosmark made plans to go, and now Schreiber students will have the opportunity to learn about the People's Republic. Henry Heustes of NBC, who spent a month in China with the President, is giving a slide talk at the Public Library on Monday evening at 8 p.m., May 22. The talk is being sponsored by the B'nai B'rith of Port Washington.

Soc. Studies, Art, & Lang. Offer New Electives

Who ever dreamed that a course would be offered at Schreiber on The American Criminal and How to Manufacture More of Him? or Robber Barrons? or Battles and Blunders? Next year's electives may provide good material for Myths and Realities in American Education. Some dramatic changes are being made by the Social Studies, Language, and Art departments which will be in effect next year.

The most startling change in curriculum is being made by the Social Studies department which has outlined a wide variety of courses to be offered next year.

Social Studies will be offered in four categories: (1) European Culture Studies - a required full year course usually taken in the 10th year. The course is offered in two manners: (a) a Selected Problems in European Studies

course and; (b) a Survey of European Culture course; (2) American Studies - a requirement of four 10 - week electives in American Studies taken at any time during the 11th and 12th year, completing at least one course from any four of the five fields of American Studies exists; (3) Free Electives, and; (4) Senior Electives. These never - before - seen electives are: The Uprooted: Immigrants in American Life, Ms. America: Women in our Lives, Did Custer Die for your Sins?, Soul: The Black Experience, Simulating Society: Games for Social Analysis, Bossism or Will the Good Guys Win?, Simulating Democracy: Games for Political Analysis, The American Presidency: Power on a Leash, You and the Law, Famous American Criminal Trials, Labor

(Continued on page 3)

Language Wing Takes Off

The Schreiber Language Department is offering all Schreiber students free tickets on eight charter "flights" to Europe it is sponsoring on Wednesday, May 24th. The tickets will be available in the main lobby beginning on Monday, May 22nd.

The "flights" to Rome, Spain, Germany and France are scheduled for mods 4 and 5, 8 and 9, 13 and 14, 17, 18. In-flight entertainment, including the movie premiere of "The Life of Julius Caesar" directed by Ruth Finerty, and food will be provided.

'Here Comes the Sun' Is Gambol Theme



Working on the gambol set are Mrs. Wm. Penney, Mr. and Mrs. Ted Steele. The group chosen for the gambol is the N.Y. Rock and Roll Ensemble.

On June 2nd and 3rd the Schreiber Art Department will hold its 2nd annual Art Festival. All aspects of art will be displayed, which includes art work done by the students, two one-act plays presented by the Drama Department, a modern dance presentation headed by Lori Terens, and a musical presentation sponsored by the music dept. The week-end Art Festival is under the direction of Mr. Warren Hurley.

The theme for this year's Art Festival is "Earth Man". Connection between man and nature will be portrayed throughout the entire Festival. A large dome is being built over the entire gym to represent man and what he has done with science and nature. Mr Hurley stated that "the purpose of the Art Festival was to encourage a broader interest of art in Schreiber."

Tee-shirts using the symbol of the Art Festival are being sold in the lobby for \$1.25. All the money made will go towards the mechanics of displaying the artwork and building the dome. Admission to the festival is free and the weekend is sure to provide an interesting and enjoyable experience for all.

"Where's Charley?" Probably Dressing Up In His Aunt's Clothes



Where's Charley? If it's May 12, 13, 19, or 20, and it's 8:30 p.m., he's probably at the Schreiber High School Auditorium in the play, "Where's Charley?"

The play is presented by the Port Singers. The cast includes students of Schreiber. Steve Best plays Jack. Kelly Stone, Sue Kaplan and Billy Gravert are dancers. Ron Mayers, Redding O'Shea and Aline Smith are members of the chorus. Dan Bartlett is head of lighting, and Peter Pickow is head of the stage crew. The cast also includes Schreiber graduates, and Marjorie Bond, who has played the role of Donna Lucia professionally.

A musical, describing the social manners of the Victorian Era, "Where's Charley" concerns two Oxford students, Charley and Jack. They daringly invite two young ladies to lunch in their rooms. Since they are to be chaperoned by Charley's aunt, Donna Lucia, the young ladies agree to the plan. Donna Lucia doesn't arrive as scheduled, and when the girls arrive at Charley's room, he is dressed as an elderly woman, rehearsing for a school play. Jack, fearing the girls will turn down an unchaperoned date, introduces Charley as Donna Lucia. From then on, Charley is in conflict, portraying his aunt and himself.

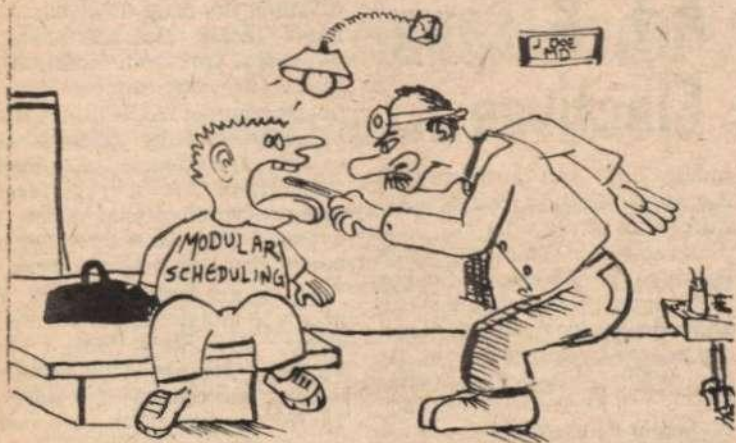
Kudos to Nurses and Kids For Crash Crisis Center

The horror of a drug being cut with poison and sold can not be diminished, but it can be counteracted. During the recent drug crisis the school nurses and a small group of students worked constantly for several days. They cared for students who had taken the drug and came to the nurse's office, watched for other students who did not come into the office, sent out for a lab report, and spoke to other schools which had similar crises. It was through their quick and competent work that the situation was kept under control.

Another factor which helped the situation was the existence of the confidentiality clause in the drug policy adopted by the school district in October. It is probable that students who previously would have stayed away from the nurse's office in fear of having their names revealed, were able to be helped because of the confidentiality clause.

During the School Board election, there was some discussion of the confidentiality statement. Some candidates seemed to have reservations about its implications. We hope that the recent drug situation demonstrated that the confidentiality policy is not only necessary if we are going to eliminate the drug problem, but essential if the district is really concerned about students' health.

Mod. Sched. Re-examined



The new scheduling has been examined all year long by all sorts of people. It has survived being jabbed and poked, x-rayed and analyzed and just generally being evaluated by students, teachers, parents, administrators, and visitors. Now all this information, along with several new studies, will be gathered into one report, the Modular Scheduling Program Evaluation.

The evaluation committee is co-chaired by Mr. Melchior, Director of Secondary Education, and Dr. Johnson, Assistant Superintendent of Schools. According to Mr. Melchior, "We guaranteed the School Board that we will make an evaluation of the entire program. There are obvious constraints in evaluating the program in the first year. For instance, we can't find out how this year's seniors react to their first year of college until the end of next year. But we came up with over forty items to pursue."

Mr. Melchior said that the committee's two objectives are: to provide as much information as possible for the public School Board meeting on June 13, and to set up a long range evaluation.

Some of the items to be examined by the committee are attendance, space utilization, changes in materials, reactions from members of the school community and all visitors to the school, parent reactions, early graduation and changes in counselling. The information will be gathered from surveys, interviews, and existing studies.

Students who are on the committee are as follow: Jim Persons, Tinka Garafalo, Lorna Dunkley, Richard Schafer, Ron Mayers, Alberta Nissenberg, Nate Moon, Jennifer Battista, Chris Keegan.

Staff members include: Mr. Bartels, Mr. Berry, Ms. Cleary, Ms. Dufour, Mr. Fish, Ms. Hoffman, Mr. Lyman, Mr. McCarthy, Mr. McIlhenny, Mr. Merchior, and Dr. Johnson.

Parents include: Mr. Norman Gross, Mr. Milton Heller, Dr. Albert Keegan, Mrs. Richard Levin, Mrs. William O'Conner, Mrs. William Reinhardt, and Dr. Corinne Weithorn.

SCHREIBER TIMES

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Peace Movement Rally

By Matt Klein and Dave Kasakove

"1. 2. 3. 4. WE DON'T WANT RICHARD NIXON'S WAR" was the chant being yelled at a rally at Manhasset Valley Park on a rainy May 4th, the anniversary of the Kent State killings. The peace rally was attended by some 16 high schools in the area and included several speakers and a band. The speakers included war veterans (Bob Mueller among them), politicians, and students who discussed the war, where the peace movement was heading, and McGovern's candidacy for president.

Some 120 students from Port Washington left Schreiber at noon and marched to the rally where they listened and participated in what happened there. Schreiber students Dave Smity, Penny Wurl, and Gordon Helman organized the student march.



"THANKS FOR GETTING IN LINE-- NOW WE CAN START OUR BIG PT. WASHINGTON PEACE MARCH!"



"DO YOU GET THE ODD FEELING THAT THE PEACE MOVEMENT IS DYING?"



Letters to the Editor

Letter to the Editor:

On April 7 Schreiber High School's Chess Team was the Eastern Champion and we were considered contenders for the National Championship. On April 9 our team shamefully dragged ourselves home, having completed the most disappointing tournament of our lives. The team finished 30th in a field of 50. Eric Schiller, playing worse than anyone thought possible, got 4 1/2 points out of 8. Rick Futterman tossed in 3, and Thomas Rautenberg and Gerry Joyce added 2 1/2 each (Andy Kehoe had 2 after 6 rounds and dropped out). Why did this occur?

The most important reason was the shattering of the team confidence by Alan Baer, who selfishly forsook the team in favor of earning a few cents. Furthermore, he did not let the team know until the morning of the tournament that he was quitting the team. Having previously excused out 5th - 9th boards, I had to convince two players to switch from the Novice section, where they might have won, to the championship section. Tom and Gerry fortunately agreed. Schreiber had been known as one of the most cohesive teams in the U.S., and this blatant unsportsmanlike conduct angered the whole team. Alan's uncouth but by no means unusual (He often missed important matches in chess and other sports) forced the team to play for a win in every game, rather than accepting a few draws when offered, as was its game plan. This cost us 4 points.

Second, as we were leaving Rick Futterman's possessions were stolen, and this added to the mess.

No excuse can be offered for

the terrible quality of the play (in one game I allowed my opponent to win a piece back from me, but luckily he missed it) that the pressure was tremendous. For example, in the National High School Invitational Blitz Championship I had an even score, much better than was expected of me, and I drew the person who won the National High School Championship. Nevertheless, my awful play during the tournament contributed to the team's demise.

Eric Schiller

To The Editor:

There is no way for the Warren G. Harding club to disseminate its opinions and information to other students in Schreiber. It is not that the club has not tried to express itself as fully as possible. It has been stopped by the administration.

The fact of the matter is that there is no freedom of speech in this school. Surely one can speak his mind with his friends in private. But if he feels that what he has to say is important enough to tell to the whole school, he is not allowed to.

The Warren G. Harding club cannot broadcast school-wide on the P.A. (reserved for emergencies, they say). Their announcements often have been censored or dropped at the whim of those few in control (they say that announcements serve an official function). Finally, they may not print information so that the entire school might read it. The Marion Star, official paper of the Warren G. Harding club, has tried in various ways to be circulated, but without success.

The Schreiber Times must share considerable blame for any failure to inform the student public. The paper can only be

seen as a tool of the administration.

All those desiring a complete record of administration repression of the Warren G. Harding club may consult the writer of this letter, Jon Lerner. And for those of you who think that the Warren G. Harding club is any worse off than any other student group, you are wrong. We demand more freedom, not just for us, but for all students.

Jon Lerner

Dear Editors,

We as a group of exiting seniors would like to advise the rest of our senior class that June is "Lurking in the wings" and the end of school will soon thereafter swoop down upon us. Now let us examine the implications of the above statement. It is our last year in Paul D. Schreiber High School and we have reached a very important point in our lives. We have made decisions in the past couple of months that will directly determine our futures. These decisions will influence our occupations, styles of life, and or future schooling. However, the most important decision still remains. The coming of June, aside from signalling the time to go out and "sow wild oats," also means that the time has come for the seniors to perform their essential duty, the execution of the Senior Prank. Come on all you seniors - let's show everyone that we're the best graduating class ever by making this year's prank one they'll never forget.

Sincerely,

Tom Rautenberg
Gary Finger
Lee Rimsky
Ted Hecht
Rich Landsberger

On Thursday, May 18, at 3:05 in the writing lab, there will be a meeting for all students who are interested in being on the Schreiber Times staff next year. There are editorial positions available for students interested in news writing, feature writing, photography, and art.

Artist Alcolea Reading Problem Remedied

By Barbara Fisher and John Bond



Vidal Alcolea, a 15 year old student at Schreiber, was born in Spain and lived there most of his life. His family moved from Spain to Canada about a year ago, and after a 6 month stay in Canada, they decided to come to the United States. They now live in Sands Point.

Vidal is currently enrolled in Schreiber's TESL program. He is taking TESL English and Math, French 2 and Art. Although he feels highly about the many acquaintances he has made at

Schreiber, Vidal still prefers Spanish culture.

Vidal always manages to attract a crowd when he sits down with a pen, ink and some paper. He has already earned distinction at Schreiber for his outstanding pen and ink drawings. He became interested in art through his father, who is a prominent Spanish artist. The primary reason for the family's move to America was for Vidal's father to be able to sell his art, which, according to Vidal, is expressed in various styles and media.

Friends of Fortune Fight For Penal Reform

By David Kasakove

—Well over sixty percent of the people who are discharged from prison return.

—The inmate diet at certain prisons is so bad that blood banks won't accept donations from the inmates.

—In an upstate prison, inmates are tagged revolutionaries for writing "right on" in their letters, and because of this, they are given over 100 days solitary confinement.

—The conditions at Attica are worse now than before the riot.

These are just a few of the many serious problems that are presently plaguing the prison system in this country. Despite much publicity, very little has actually been done to rehabilitate the kinds of desperate prison problems that sparked the horrifying Attica Massacre. The politicians have decided not to act on the prison situation since it is not politically advantageous in

terms of their re-election. But, in spite of this appalling political apathy, something is being done.

Nassau Friends of Fortune is an organization consisting of citizens who care about the penal system and are dedicated to reforming it. Although they realize that their job might be a long and torturous one, they know that it has to be done. And they're doing it.

In an effort to aid Friends of Fortune in their fight, a small group of concerned students from Schreiber have, under the chairmanship of Woody Thompson, formed a work group whose main function is to inform Port Washington about the problems presently facing the penal system and how they can change it, Consciousness raising, if you will, to achieve this goal of community education, and ultimately, community sensitivity to the penal situation.

Just as Dr. Seuss helps children develop their reading skills, so do Dr. Lang and Mrs. Schottenfeld of the Reading Resource Center aid Schreiber students. These two women operate the Center, which channels students abilities to creative reading purposes. They also help those students who have not developed their reading abilities to their full potential.

While the principles these women use are much the same as those of Dr. Seuss, the techniques are much more advanced. One machine, the tachistoscope, reflects the attitude of the department. While developing the individual's spelling comprehension, it also bolsters the students ego. It flashes words at a rate set by Mrs. Schottenfeld. The student must recognize and be able to properly spell the word. Then he flashes it again at a slower rate, and sees if he got the word right. If not, he corrects it. Thus, everybody is eventually 100 percent correct. This serves to increase the students confidence in his reading abilities, encouraging further work in the subject.

The controlled reader is another machine used by the Resource Center. It is used in the advanced reading course, Reading Flexibility. The purpose of this machine is to increase the speed and comprehension of the reader simultaneously. It

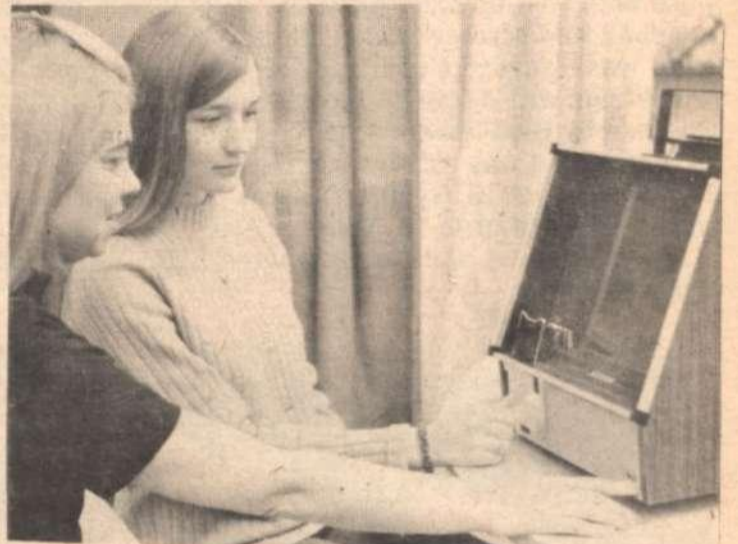
regulates the speed of sentences to the speed of 750 sentences per minute.

Audio-visual projectors, records, tapes, filmstrips and other media devices are used in the program. All of these are coordinated by Dr. Lang and Mrs. Schottenfeld.

A great deal has been added to the program to meet the needs and desires of the students. The introduction of Development Reading as a course for those students who have a need for remedial work, has opened a new world for those students. The

open lab which is inherently a part of modular scheduling has encouraged students to do individual and independent work. Booths have been set up so that the students can work privately and quietly, without fear of interruption or embarrassment.

The courses this Center offers provide a strong foundation for work in any field. The amount of emphasis placed on the ego of the individual is far more than in any other course in the school. Strengthening ones reading ability will help anybody through the rest of his life.



Dr. Lang and Debbie Weldon work on audio visual machine.

New Electives

(Continued from page 1)

vs. Management: Let Us Negotiate, Robber Barons or Captains of Industry: The Rise of Business, Times of Despair: Economic Depressions, Fellow-Workers! The Rise of Labor, New Deal, New Frontier, Great Society, and Now -- ?, Cooling Off the Cold War, Nam! The U. S. Involvement in Indochina, Simulating Diplomacy: Games for Foreign - Affairs Analysis, Yankee Imperialism or Free-World Leaders?, What Did Daddy Do in the War, Mom?, Pop Culture, Myths and Realities in American Education, The Mass Media and the American Mind, The American Criminal and How to Manufacture More of Him, Drama and Role-Playing Group, Sociology: Group Analysis, Sociology: Sex, Love, and Marriage, Introduction to Psychology, Normal and Abnormal Behavior, Personal and Not-so-Personal Problems, Has Russia Achieved Marx's Utopia?, Anthropology I: The Origins of Humanness, Battles and Blunders I, History of Art I, The Renaissance, H.E.L.P. (Help Educate Little People), Advanced Placement and Community Involvement.

In addition to the Language electives now available, some spicy little imports have been arranged by the Language department. These courses are: In French; French Cuisine, French Music, Treasures of France, French Poetry, Short Story; In Spanish: Short Story, Spanish Cooking, Music and Art, Lyric Poetry and Modern Spanish Theatre.

The Art department continues to have its crafty display of electives with the following additions: Crafts II, Technical Illustrations, Portrait Head Sculpture, Metal Techniques, Ceramics II, Two-Dimensional Design, Freehand Lettering - Poster Design, Mural Painting, Fashion Design, Watercolor, Experimental T. V., Joining Materials, Surrealism, Conceptual Art, Symbols in Art, Collage Assemblage, Metal Jewelry, Interior Environment.

B.S.U. Suggests Changes

On Monday, May 15 members of the Black Student Union met with department chairmen to present a list of their "concerns". They introduced a list of courses which they believe are relevant enough to be incorporated into next year's curriculum. These courses include consumer mathematics, practical or everyday science, ethnic dance, African percussion, African language: Swahili, African art, African garments, extension of Black Studies in American Studies, production of Black plays, ethnic slang language, culture of the low socio-economic ghetto, history and analysis of jazz, and Black heroes.

The B.S.U. also wants all students to be required to take at least one quarter course in

Ethnic Studies such as Ethnic Flavors, Poverty and the Poor, Prejudice, Urban America, Violence, and Black is Beautiful.


Other concerns that they discussed were the hiring of a Black nurse, having more variety in food choices in the cafeteria, and improving communications & human relations between teachers and students as well as between students and students.

According to Mrs. Hines many of the department chairmen were interested in the suggestions and will give the subject more thought. Members of the Black Student Union will meet on Friday with the Staff Council (teachers other than the department chairmen from each department) to continue discussing these concerns.

Art Festival

SCHEDULE OF EVENTS

- June 2
- Friday night-
- 7:30-10:30 - Main exhibit in the gym
- 8:00 - 2 one-act plays in the auditorium
- 9:00 - Modern Dance exhibition in the gym
- Enjoy Exhibits and demonstrations all evening in the gym, featuring: Painting, Sculpture and Crafts!
- 10:30 - Exhibition Closes
- June 3
- Saturday-
- 1:00 p.m. - Reception and Department Awards, Refreshments.
- 2:00-5:00 - Main Exhibits and Demonstrations in the gym.
- Exhibit is closed from 5:00 - 7:30.
- 2:30 - Modern dance exhibition in the gym
- 7:30:10:30 - Exhibits and demonstrations in gym
- 8:30 - Concert of Solos and ensembles in the auditorium
- 10:30 - Exhibit Closes.



Register Now for
Driver Ed. Summer Session.
Call HU 7 - 1965

BLUE CAPTURES ELECTION

Friday, May 5, 1972, marked the 26th consecutive year for Girls Sports Night. Blue's Eye View of Campaign '72 and Touchdown White were both a great success although in the end there is only one winner and one loser. Through all the excitement, tension, and in, Blue managed to pull it out this year making it eleven times Blue has won to White's thirteen times. The cooperation, enthusiasm, and spirit of both teams were more than ever before, and the hard work put in for months on end showed by all last Friday in the final production.

The scores that produced the final victory for Blue and close loss for White are: for entrance, Blue won with a score of 23.00 to a score of 21.86 for White. White won props, decorations, and costumes with a score of 20.00 to Blue's 21.25. The sophomore and senior relays were both won by Blue team for a total of 6 points. Cageball and scooter hockey resulted in ties so each team was awarded 6 points. Calisthenics was won by White team with a score of 8.50 to Blue's 8.25 Tumbling was won by Blue team with a score of 21.75 to White's 19.50 Cheering was won by White team with a score of 22.00 to Blue's 20.25. Gymnastics was won by Blue team with a score of 21.15 to White's 18.90.

The final scores for the night were Blue, 126.40 and White 118.01.



LACROSSE WINS BIG

The Girls' Lacrosse Team got off to a bad start Monday, May 8, losing to Herricks 6-2. The team played a good first half, tied at 2-2 but couldn't stop the hard attack of Herricks in the second half. Port's two goals were scored by Debbie Monfort and Gina Schaefer.

The J.V. team played hard and was on top at the final buzzer, 5-3. The team had a few tough times but fought hard. Donna Mueller had two goals while Jennifer Battista, Debby Carras, and Helene Bouk each shared one goal against Herricks.

The next game was Thursday, May 11 and Port's girls were strong against Wheatley's weak defense. Laurel Wuters came on strong after missing the first game because of illness, in scoring five goals, Gina Schaefer scored again, this time with four goals. Liz Hausman had three goals, while Brenda Jaeger had two. Tinka Garafalo scored one, and Port finished with a 15-1 victory over Wheatley.

The J.V. team again played hard and won with a 2-0 score. The Port girls kept the ball in their possession most of the game. Donna Mueller scored again with one goal and Ray Ann Depresco also scored one.

BASEBALL BLUES

A lack of hitting and defense has brought the league record of the Port Washington Baseball Team to an unimpressive three wins and four losses. Port's past three games are indicative of the kind of season it's been.

In this year's first meeting between Port and Farmingdale, Port gained a 4-2 victory. They won the game in the last inning through good base running by Steve Laber and Jim Cosolito. Jim Ellertsen pitched a strong game and was ably backed up by his fielders, a rare occurrence this season.

Port's next game was a rematch against Farmingdale. This time the tables were reversed as Port was conquered by the score of 13-7. Port only had three hits, two by Joe Desiena, and most of Farmingdale's runs were unearned.

Port's last opponent was the Hicksville squad. It was bad news again as Port could manage only one hit, by Jim Cosolito, and Hicksville triumphed 4-0. It was another game that was continually marred by fielding lapses by Port.

The 1972 baseball season thus becomes another time that we can dismiss as a rebuilding year. One wonders if the past years that we have dismissed as periods of rebuilding will ever actually make Port a winner.

Walking: New Fad?

Walking, an oncoming American craze, has come to Schreiber in the persons of Ellen Minkow and Laurie Entis. Ably instructed by Mr. Macdonald, a driver education teacher and the coach of this year's olympic team, the trio can be seen practicing in the bottom halls of Schreiber every day after school except Friday. Good weather finds them out on the Schreiber track weaving in and out of the members of the several teams that also use the track. Ellen has been walking competitively for one year, has a best time of 8:51 in the mile, and is ranked approximately fifth in the country. Laurie is a newcomer to the sport with only two months of competition under her belt but she has already taken three second places and two thirds in five races. Because of Laurie's lack of experience, however, Ellen will be the only Schreiber entrant into the Western Hemisphere Meet, an important meet for walkers that is held in Shanon, Pennsylvania and has attracted entrants from six countries. Ellen will walk in the six mile race and will be competing against the top female walker in the country. Mr. Macdonald will be there to coach her as he has been asked to judge the men's race. Good Luck!!

Tough Breaks for Trackmen

The track team's schedule was sprinkled with a number of dual meets and medal meets throughout April and May, however, in spite of the presence of many outstanding individuals on the team, it has had much difficulty in establishing itself as a top team in tough Division 1. Port trackmen have failed to win a dual meet thus far, and the season is rapidly coming to an end. Many of the dual meets were lost by small amounts of points, and a Port victory might have been possible in those meets "which could have gone either way". The team has had many tough breaks; nevertheless, many members on the team have shown much improvement in their respective events, and, as a result, the team itself has also improved substantially despite its numerous losses.

On April 17th, Bethpage managed to beat Port by only thirteen points. However, the small Port squad did itself proud in this tough loss to the team which is the defending champion of Division 2. Tom Gerth, Vince Chiapetta, and Mark Bernstein had fine races, and Kevin Bagnato made his debut in the individual 440-yard run with an impressive win. Next, Port dropped another close meet - this time against Hicksville. Bill Rasher was Port's "standout" with victories in the long jump and discus. Also, Andy Marsano won the shotput, and Scott Warner, Port's best pole vaulter, took first place in his speciality. In addition, the 880 relay team, which consists of Jim Rasher, Chris Keegan, Perry Mose, and Tom Gerth, ran its best time of the year to defeat a startled Hicksville team.

Although the Port team has not looked good in dual meet competition, it has come to the fore in the medal meets. The Syosset Relays are a good example of this since four Port teams out of the six entered won medals. The track team continued to live up to its reputation by being successful in the Nassau Coach's Meet. Tom Gerth set a school and meet record when he easily won the 330 intermediate hurdles and won another medal. So far, Port runners have won a total of thirty-seven medals in the four medal meets in which they have participated.

Last week, the trackmen lost another league dual meet as Plainedge beat Port 85 to 55. However, there were some bright spots, and Mark Bernstein, (440 and 880-yd. runs), Perry Mose, (100-yd. dash), Tom Gerth, (low hurdles), Kevin Bagnato, (220-yd. dash), and Gary Levinson, (pole vault), managed to boost Port's morale with wins in their events. The Port Washington Invitation was also held last week, and Tom Gerth, as usual, was the star for Port with a decisive five-yard triumph in the 440-yd. run. The 880-yd relay team (Chris Keegan, Perry Mose, Tom Denning, and Kevin Bagnato), too fifth place for the only other score for the Port team. However, in spite of the lack of scoring, the Port runners turned in some fine performances and many, such as Richard Dissosway, Tom Denning, and Kevin Bagnato, set personal records in their events.

Fortunately, the Port track team owes much of its strength to members such as Chris Keegan, Perry Mose, Jim Rasher, Tom Colligan, Richard Dissosway, Vince Chiapetta, David Barnet, and Tom McCann, all of whom are either juniors or sophomores. This fact easily shows that, even though the team has not been a major contender for the division championship this year, it should be a top team in years to come.



HOPE FOR NEXT YEAR

"We are all looking forward to a better season next year because we can't get any worse." This terribly optimistic quote was offered by one of the members of the Port Washington Varsity Lacrosse Team. The squad has not won a single game in League play and has a total record of two wins and ten losses. Morale on the team is not high but high morale cannot be expected on a

team that loses practically all its games. No one on the team has performed with any degree of excellence. In an effort to avoid a similar situation next year, Coach Rayfield has the Varsity and J.V. teams working together at the end of the season. Some of the players, though, fail to see that far into the future and right now are waiting anxiously for the end of the 1972 lacrosse season.

Yoga in Schreiber?

by Amy Elenowitz

If you haven't heard the news already the physical education department is now offering a yoga class. Yoga is Schreiber? Yup.

I've been doing yoga on and off now for about two years and I wanted to share what I knew so upon emerging from a cloud of apathetic consciousness, I inquired into the possibility of getting a class together and suprisingly encountered little opposition in the physical education bureaucracy (infinite thanks, Ms. Warble). There's now a little more sunshine in Schreiber.

If you think yoga is standing on your head for hours or sitting paralyzed in the lotus position, forget it. It's a lot more - a precise system for purifying both mind and body, to put it simply. As to the class itself we've started out with the simple asanas (postures) and are working up in difficulty. We're also getting into some mantra chanting, (ooooommmmm), pranayams, and occasional discussions of Eastern philosophy and Yogic ideology.

Right now we're in the wrestling room but hopefully we'll get outside soon. It's a lively class with Diana whining, Gorden and David grunting, Richard practically crying as he strains to get into the lotus position and Andi laughing, as usual. We're getting on. . . .

So fine, walking out of class so spacey you can even cope with school.

One more thing- anyone can sit in on the class or, if you're a little deranged you can even join. Class meets day 3 mods 7 and 8 and day 5 mods 10 and 11.